PRESIDENT’S PERSPECTIVE

Watching the third installment of the 2015 Republican debates, I pondered the origins of the word “republican.” Most scholars agree that the word was borne out of the concept of Republicanism, which refers to the citizens’ values in a republic. Although Machiavellianism holds negative connotations of deceit and disreputable behavior, some scholars maintain that the principles of Republicanism championed by Niccolo Machiavelli influenced the political leanings of the US Founding Fathers.

Trying to recall some of Machiavelli’s teaching, I found this quote: “Whoever wishes to foresee the future must consult the past; for human events ever resemble those of preceding times. This arises from the fact that they are produced by men who ever have been, and ever shall be, animated by the same passions, and thus they necessarily have the same results.”

Whether or not Machiavelli influenced the US Founding Fathers, his quote made me curious about the AOFAS Founders Meeting. Our executive director, Zan Lofgren, shared with me the minutes of the inaugural meeting of the American Orthopaedic Foot Society (the original name of our Society) held May 17, 1969, in Chicago, Illinois. I was so fascinated by this document that I asked it be included in this issue of In~Stride so you can review it as well (see page 5).

As you can see, our Society has come a long way; I wish that the AOF(A)S Founding Fathers could see us now. These men of great vision would undoubtedly be proud of how we continue to carry the torch. I will highlight a few examples.

Register now for Specialty Day 2016

Be sure to plan your AAOS travel to include AOFAS Specialty Day. Specialty Day 2016 will be held from 7:00 am to 5:20 pm on Saturday, March 5, 2016, at the Orange County Convention Center in Orlando, Florida.

This year’s program will feature symposia on:
- Bunions
- Do You Believe in This Pixie Dust? – plantar plate tears, floating toe, posterior tibial tendon, spring ligament repair
- Controversies – peroneal tears and groove deepening, failed peroneal repair, failed Achilles repair, MIS lateral ligament reconstruction
- Complications

Program Committee

1969: “All papers are to be submitted to the Program Chairman, Dr. J. William Fielding, including audiovisual material, sound-slide programs, ICLs and papers for sectional and regional programs. The Program Committee must work with the Committee on Education as well as the sound-slide committee of the AAOS.”

2015: Our 2016 AOFAS Specialty Day program, still under the AAOS umbrella, will offer seven symposia and 13 free papers. The AOFAS influence on the 2016 AAOS Annual Meeting includes foot and ankle content in 60 free papers, one symposium and 16 ICLs. Our independent 2015 AOFAS Annual Meeting comprised 77 scientific papers, 15 symposia and 240 ePosters.

Research Committee

1969: Through polling members, the 1969 Founders Meeting Minutes continued on page 4

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American Orthopaedic Foot & Ankle Society

Surgical Complications Course offers focused learning

More than 130 US and international attendees converged on Tampa, Florida, in November for the fifth installment of the AOFAS Surgical Complications of the Foot and Ankle Course. The course continued the strong tradition of faculty sharing their experiences in an open exchange with participants. The small faculty allowed for continuity between sessions and reinforced diagnostic and technical points in a comprehensive way.

“Everyone was fully engaged over the three days, thanks to a smaller faculty working together to synthesize the talks and cover a lot of critical information that every foot and ankle surgeon will use daily in their practice,” says Steven Haddad, MD, course chair. “Honesty, experience and creativity in solving the unsolvable are key, and our faculty should be commended for their skill in delivering their message.”

Faculty included Gregory Berlet, MD; J. Chris Coetzee, MD; Timothy Daniels, MD; Mark Easley, MD; James Holmes, MD; and William McGarvey, MD.

Attendees came from 18 countries, and 15 companies exhibited. Participants brought their own cases for discussion during an audience case presentation session. Lecture topics included cavovarus foot, flatfoot, forefoot, hindfoot, midfoot, sports, total ankle arthroplasty and trauma.

Annual Meeting 2016: Submit Abstracts Now

The AOFAS Program Committee invites you to submit an abstract for presentation at AOFAS Annual Meeting 2016 slated for July 20-23 in Toronto, Ontario, Canada.

The abstract submission site will close on Monday, January 4, 2016, at 11:59 pm Central Time. Abstracts must be submitted electronically at http://aagapps.com/aofas/ and completed prior to the deadline. Each presenter will need to set up an account within the system to submit the required documentation.

Submissions will be reviewed by the AOFAS Program Committee in a blinded fashion and notifications will be sent in February.

There is a 500-word limit for the submission, and one figure or table may be included with the text. The submitting author will serve as the corresponding author for all notifications, and each author will be required to complete disclosure of conflicts of interest.

www.aofas.org/annualmeeting
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Questions about your membership status and related benefits should be directed to membership@aofas.org.
Research Committee was charged with determining what facilities and interests exist as well what funds are available.

2015: AOFAS research activities occupy three committees, the chairs of which comprise a Research Task Force to coordinate and prioritize work. The Research Committee oversees the Research Grants Program, which has awarded 84 grants since 1997; launched two new grant categories; and plans to develop resources on grant writing. The Evidence Based Medicine Committee led the AOFAS Choosing Wisely® involvement with the first AOFAS list of “Five Things Physicians and Patients Should Question” and has developed several AOFAS Position Statements and a foot and ankle exam form. The Orthopaedic Foot & Ankle Outcomes Research (OFAR) Managerial Board has completed a pilot phase validating PROMIS® patient-reported outcomes (PROs) instruments for orthopaedic foot and ankle patients, published several articles on the work, and supported broad member participation in an ongoing registry of foot and ankle patient outcomes data.

Committee on Education
1969: With ICLs and audiovisual material available, the goals were local resident training programs and close cooperation with the Program Committee.

2015: AOFAS will hold its first OLC surgical skills course in 2016 and offer the Advanced Foot and Ankle Course along with the Complete Foot Care Course again in 2016. Webinars, new webcast programs, the new Physician Resource Center and FAI/ CME will offer online education, and CME will also be offered for viewing select recorded programming. Residents can view the recordings from the past Resident Review Course, and the Resident Lecture Series will become available in 2016 as well.

Committee on Publications
1969: Recommendation for The Journal of Bone and Joint Surgery to be the first choice for publication and CORR for symposia of long-term original papers.

2015: Foot & Ankle International has the highest impact factor among foot and ankle journals; more than 209,000 articles were downloaded during the first three quarters of 2015; and the subscription base is over 10,000. Plans are under way to launch an open access journal in mid-2016.

Committee on Public Education
1969: Recommendation for improved care for the community through AAOS, public education and foot clinics.

2015: The patient education website, FootCareMD.org, will hit 10 million total page views this year. Members and patients can print condition, how-to and treatment articles from the site, and a new landing page of 60 Spanish articles was developed in 2015. Monthly press releases share information for patients and generate media attention, and social media posts on Facebook and Twitter direct the public to articles on FootCareMD.

Membership Committee
1969: Initially membership was limited to AAOS members and subsequently Affiliate Members were to be admitted based on the AAOS Constitution.

2015: As the organizational leader in global orthopaedic foot and ankle research, education and international outreach, the AOFAS invites orthopaedic surgeons worldwide to join its growing membership of 2,200. Applicants in practice within the US and Canada are required to be board certified and belong to the AAOS, the American Osteopathic Academy of Orthopedics and/or the Canadian Orthopaedic Association. Applicants in training within the US are required to be AAOS members. The AOFAS has expanded its membership with a new category to welcome academic researchers holding a PhD who are engaged in research or basic sciences related to orthopaedic foot and ankle surgery. The Membership Committee reviews all application elements before making recommendations to the Board.

Back to Machiavelli’s quote:

“Whoever wishes to foresee the future must consult the past; for human events ever resemble those of preceding times. This arises from the fact that they are produced by men who ever have been, and ever shall be, animated by the same passions, and thus they necessarily have the same results.”

After my consultation with the Society’s past, I am pleased that the AOFAS is currently populated by men and women who are “animated by the same passions” and that our events and results not only “resemble those of preceding times” but, in my humble opinion, exceed them. I trust that you will enjoy reading the Founders Meeting minutes as much as I did.

Respectfully,
Mark E. Easley, MD
AOFAS

Review and comment: Founders Meeting, 1969

Read the minutes of the first AOFAS meeting beginning on the next page, then share your thoughts on the evolution of the Society with a letter to the editor of In~Stride. Email your letter to AOFAS staff at jhicks@aofas.org. Future issues will feature letters.
Minutes from the 1969 Founders Meeting

AMERICAN ORTHOPAEDIC FOOT SOCIETY

(Section of the American Academy of Orthopaedic Surgeons)

FOUNDERS MEETING
May 17, 1969
Palmer House Hotel
Chicago, Illinois

Supplement I  —  Members Present
Supplement II  —  Agenda
Supplement III — Committees

MINUTES

At 9 A.M. the meeting was called to order by Dr. Robert J. Joplin. Dr. Joplin presented a brief history of the origin and formation of the American Orthopaedic Foot Society. He stated that in December 1968, Dr. Melvin H. Jahss wrote to a small group of men proposing that they should meet to discuss the formation of a society for the study of the foot. On January 19, 1969, a group consisting of Drs. Robert Joplin, Nicholas J. Giannestras, Paul Lapidus, Joseph E. Milgram, Nathaniel Gould and H. Kelikian met at Dr. Jahss’ home to formulate and develop a society of professional educators who would be primarily interested in the field of the foot and ankle. It was unanimously agreed that such a Society should be semi-autonomous having its own Officers, By-Laws and Programs and still remain a Section of the American Academy of Orthopaedic Surgeons. Proposed by-laws for the Foot Society were submitted by Dr. Jahss and were amended by the organizing committee. These by-laws stressed the fact that the American Orthopaedic Foot Society would be a Section of the American Academy of Orthopaedic Surgeons and that its Active Members must all be members of the A.A.O.S. However it was felt that provision should be made for future membership for multiple disciplines. The following morning Drs. Joplin, Milgram and Gould held an unofficial meeting with the Executive Committee of the A.A.O.S. who heartily endorsed the concept of the proposed Foot Society.

Subsequently all members of the A.A.O.S. who had expressed interest in the field of foot and ankle were informed of the proposed Foot Society and were invited to become Founding Members. The response has been quite enthusiastic, there being 160 acceptances to date and 46 members were able to arrange to attend the meeting of the Founders in Chicago in spite of the relatively short notification of this meeting.

Dr. Joseph E. Milgram noted that the Foot Society was initiated with the full support and approval of the
Minutes from the 1969 Founders Meeting

AMERICAN ORTHOPAEDIC FOOT SOCIETY
(Section of the American Academy of Orthopaedic Surgeons)

A.A.O.S. He expressed the necessity to develop this field for the benefit of the community with the intention of increasing services to the community along with the need for basic scientific investigation in the field. Dr. Milgram read his remarks which he had presented to the Executive Committee of the Academy on January 20, 1969 in which he expressed the need and desire to form a Foot Society interested in promulgating knowledge, teaching and research in the field of the foot and ankle, and stressing the need for utilizing related ancillary professional fields.

Dr. Charles V. Heck who had been invited by the American Orthopaedic Foot Society to attend the Founders Meeting as an official representative of the American Academy of Orthopaedic Surgeons, addressed the meeting and in his remarks stated the following:

1) The A.A.O.S. is reorganizing its structure in order to provide for various desired specialty sections within the Academy. Amongst the sections either proposed or already in existence are the spine, hip, scoliosis, cervical spine and orthopaedic research.

2) Non-A.A.O.S. members are not in conflict with the Academys’ Constitution and By-Laws but the exact nomenclature for this membership has not as yet been fully formulated.

3) Each section will not require a separate Constitution but may adopt and abide by their own By-Laws and Procedures. They would elect their own Officers who would also serve on Academy Committees. He suggested placing a limitation of five years for a term of duty on a Committee to allow for the participation of younger members.

4) There is to be a change in the audit system of the Academy so that each Section will have its own unit number and funds will be held separately for each Section with monthly or quarterly accounting.

Dr. Nicholas Giannestras outlined the future plans of the Society whose primary aim is teaching. These plans will include nationwide seminars and instructional courses in conjunction with the A.A.O.S. He also discussed the various sources of publication such as the Journal of Bone and Joint Surgery, Clinical Orthopaedics and various pediatric Journals.

Dr. Jahss outlined the current and future aims of the Society which are briefly stated in its’ By-Laws. He then opened the floor for any comments or changes in the proposed Constitution. The following changes were proposed, seconded and approved:

1) the name "Constitution" will be changed to "Regulations".
Minutes from the 1969 Founders Meeting

AMERICAN ORTHOPAEDIC FOOT SOCIETY

(Section of the American Academy of Orthopaedic Surgeons)

2) The proposed representative Committees to the American Academy of Orthopaedic Surgeons and to the AMA, Inter-Specialty Committee shall be deleted.
3) There will be established a Committee on trauma.
4) The Committee on Research and Education will consist of 2 separate Committees with a common Secretary.
5) There shall be no limitation at present on the number of members on each Committee.
6) The amount and payment of dues will be determined by the Executive Committee of the American Orthopaedic Foot Society.

A slate of Officers was proposed by the organizing committee, seconded and approved unanimously by the members. The Officers and Executive Committee so approved are as follows:

Officers

President - Dr. Robert J. Joplin
President-Elect - Dr. Nicholas Giannestras
Vice-President - Dr. J. H. Kite
Secretary - Dr. Melvin H. Jahss
Treasurer - Dr. Nathaniel Gould

Executive Committee

5 Year Term - Dr. Joseph E. Milgram
4 Year Term - Dr. Robert L. Samilson
3 Year Term - Dr. John J. Joyce, III
2 Year Term - Dr. Malcolm A. Brahms
1 Year Term - Dr. Alexander Hersh

The Committee Chairmen and Committee Members were nominated by the Executive Committee and from the floor. The Committee membership is listed in Supplement III.

Each Committee met separately with its' Chairman or Acting Chairman and later returned with the following recommendations:

PROGRAM COMMITTEE
(F. Campbell Thompson, Acting Chairman)

All papers are to be submitted to the Program Chairman, Dr. J. William Fielding, including audiovisual material, sound-slide programs, instructional course lectures and papers for sectional and regional programs. The Program Committee must work with the Committee on Education as well as with the sound-slide committee of the A.A.O.S.
Minutes from the 1969 Founders Meeting

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(Section of the American Academy of Orthopaedic Surgeons)

RESEARCH COMMITTEE
(William A. Laron, Chairman)
The Committee proposed to find out the present state of research in regards to the foot by polling the members of the Foot Society. They shall determine what facilities and interests exist as well as what funds are available. They will also work in close cooperation with the Orthopaedic Research Society.

COMMITTEE ON EDUCATION
(Joseph E. Milgram, Chairman)
The Committee noted that instructional programs are already present and audiovisual material is available. They felt that there was a need for local Resident training programs and they shall seek the necessary funds. It was stated that close cooperation with the Program Committee and other affiliated Committees would be necessary.

COMMITTEE ON PROSTHETICS, ORTHOTICS AND FOOTWEAR
(Nathanial Gould, Chairman)
The Committee suggested subdividing into a prosthetic unit to be headed by Drs. Cameron B. Hall and Augusto Sarmiento and a footwear unit headed by Drs. Nathanial Gould and John F. Bell. Investigative work was proposed including a study of shoe lasts.

COMMITTEE ON BIOMECHANICS
(William M. Deyerle, Acting Chairman)
The Committee will poll the present work being done on the foot and will work in close cooperation with the Committee on Research.

COMMITTEE ON PUBLICATIONS
(James E. Bateman, Chairman)
The Committee recommended the Journal of Bone and Joint Surgery as the first choice for publication. Long term original papers may be published in a symposium such as Clinical Orthopaedics. They will list all periodicals available for publication of material.

COMMITTEE ON PUBLIC EDUCATION
(William H. Blodgett, Chairman)
The Committee recommended both surgical and non-surgical improved care for the community including the armed forces by means of Academy channels, public education and foot clinics.
Minutes from the 1969 Founders Meeting

AMERICAN ORTHOPAEDIC FOOT SOCIETY
(Secotn of the American Academy of Orthopaedic Surgeons)

COMMITTEE ON TRAUMA
(William L. Kermond, Acting Chairman)
The Committee noted the overlap of trauma to the foot and footwear and biomechanics. They felt that many intensive studies are necessary such as fractures of the os calcis, athletic injuries and treatment of the paraplegic foot. They emphasized the need for educating the public to be aware of the necessity for minor trauma in diabetics to be managed only by qualified medical personnel.

MEMBERSHIP COMMITTEE
(Leonard T. Peterson, Chairman)
The Committee recommended that Founder Membership be terminated as of May 31, 1969. At present, only Academy Members should be accepted and subsequently Affiliate Members in accordance with the Constitution of the A.A.O.S. They suggested utilization of the regional Committees of the A.A.O.S. The Committee will develop both an application form and a Certificate of Membership. The need for a Society emblem was noted and Dr. Giannestras stated that he would undertake this project.

The recommendations of each Committee were approved by the Executive Committee and the Members. A motion was made to circulate the minutes of the meeting, and was seconded and approved unanimously by the membership.

There being no further business, the meeting was adjourned by Dr. Joplin at 2:10 P.M.

Respectfully submitted,

Melvin H. Jahss, M.D.
Secretary
American Orthopaedic Foot Society
AMERICAN ORTHOPAEDIC FOOT SOCIETY

(Section of the American Academy of Orthopaedic Surgeons)

ATTENDANCE AT FOUNDERS MEETING

William Atmore
James E. Bateman
John F. Bell
William H. Blodgett
Louis P. Brady
Malcolm A. Brahms
James D. Brown
Henry R. Cowell
William H. Deyerle
Richard H. Eppright
Carl M. Fellhauer
Elihu Friedmann
Nicholas J. Giannestras
Nathaniel Gould
Edward T. Haslam
Alexander Hersh
Carl E. Horn
Walter Indeck
Ruth Jackson
Melvin H. Jahss
Robert J. Joplin
John J. Joyce, III
H. Kelikian
William L. Kermond
Richard M. Kilfoyle
Claude N. Lambert
William A. Larmour
Marvin K. Margo
Herbert R. Markheim
Earl D. McBride
Joseph E. Milgram
Moore Moore, Jr.
Harry D. Morris
Charles N. Pease
Leonard T. Peterson
Donald M. Qualls
F. W. Rhinelander
Robert R. Richter
Robert L. Samilson
Carlo Scuderi
Joseph B. Tanner
Arthur A. Thibodeau
T. Campbell Thompson
Harry R. Walker
Martin S. Weseley
Jack Wickstrom
Minutes from the 1969 Founders Meeting

AMERICAN ORTHOPAEDIC FOOT SOCIETY

October 1, 1969

Dear Member:

On September 25, 1969 the Officers of the American Orthopaedic Foot Society met in Chicago with Dr. Ben Fowler, Dr. G. Aitken and Dr. C. Heck of the American Academy of Orthopaedic Surgeons. The purpose of this special meeting was to clarify the relationship of our Foot Society to the A.A.O.S. within the framework of the recently proposed "Rules of Organization for New Units of the A.A.O.S."

This meeting proved very fruitful and a full report will be presented at our annual business meeting. A copy of the proposed "Rules of Organization" will be mailed to you early in November along with the Agenda for the business meeting of the Foot Society which will be held in Chicago on Saturday, January 19, 1970 starting at 9:30 A.M. Our meeting will coincide with the annual Academy meeting. There will not be any clinical program of the Foot Society in Chicago this year but arrangements are already being made for a day long Foot Conference at the 1971 A.A.O.S. Meeting, as well as for a Foot Symposium which will be held sometime in 1970.

At the time of the initial meeting of our A.O.F.S. in Chicago in May, the important question of membership dues arose and decision regarding this matter was postponed pending further discussion with the A.A.O.S. It has now been decided that such dues are a necessity and each member is hereby requested to pay the amount of $50 as dues. In order to cover the expenses which we have already incurred, as well as to meet those which will shortly arise, we are asking each of you to kindly forward your check immediately, and we hope that all dues will have been collected by the end of October. Please make your check payable to AMERICAN ORTHOPAEDIC FOOT SOCIETY, and mail it to our Treasurer, Dr. Nathaniel Gould, One Doctors Park, 49 Pearl Street, Brockton, Massachusetts 02401.

I look forward to seeing all of you in Chicago.

Sincerely,

Melvin H. Jahss, M.D.
Secretary, A.O.F.S.
New from FAI: Podcasts

If you’re looking for more insights from Foot & Ankle International (FAI), here’s a new feature: monthly podcasts for featured articles. In these free podcasts, David Thorndarson, MD, FAI editor-in-chief, interviews authors to delve deeper into article content. The first three podcasts include:

September 2015 – Inaugural Podcast
Surgical Treatment of Insertional Achilles Tendinopathy with or without Flexor Hallucis Longus Tendon Transfer
Kenneth J. Hunt, MD; Bruce E. Cohen, MD; W. Hodges Davis, MD; Robert B. Anderson, MD; and Carroll P. Jones, MD

October 2015
Prospective, Multicenter Evaluation of Allogeneic Bone Matrix Containing Viable Osteogenic Cells in Foot and/or Ankle Arthrodesis
Carroll P. Jones, MD; Jeffrey Loveland, DPM; Brent L. Atkinson, PhD; James T. Ryaby, PhD; Raymond J. Linovitz, MD; and James A. Nunley, MD

November 2015
2015 J. Leonard Goldner Award Winner: Inflammatory Cytokines and Matrix Metalloproteinases in the Synovial Fluid After Intra-articular Ankle Fracture
Samuel B. Adams, MD. Lori A. Setton, PhD; Richard D. Bell, BS; Mark E. Easley, MD; Janet L. Huebner, MS; Thomas Stabler, MS; Virginia B. Kraus, MD, PhD; Elizabeth M. Leimer, BS; Steven A. Olson, MD; and Dana L. Nettles, PhD

AOFAS members can access the full FAI podcasts and articles by logging in at www.aofas.org, then clicking Members Only, and “Access the Journal Online.” Once on the journal site, click to “Listen to FAI podcasts.”

Ready for Toronto? Check your passport

If you’re planning to attend AOFAS Annual Meeting 2016 in Toronto, Ontario, Canada, your passport must not have an expiration date within six months of dates of travel.
• Renew your passport early if necessary.
• Allow time to apply for travel visas if needed.

Innovative Treatment Solutions for Chronic Deltoid Ligament Pathology...

Deltoid Ligament Reconstruction System

Product Highlights
All-in-One Implant System – specifically designed to reconstruct both the superficial and deep deltoid ligament
Dynamic Control of Final Tension – dial in final tension of repair construct by toggling TightRope sutures
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Pre-Sutured & Tensioned Allograft – save time in the O.R. with a consistent graft length and diameter

http://cptr.it/DLRIS
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AOFAS Online: Your user profile

As a feature of the Society’s new management system, AOFAS Online now includes a useful profile page for all member and non-member users. This user profile is a central location for accessing your contact information, memberships, donations, CME certificates and events registrations.

Navigate to your profile by selecting “Edit Profile” in the website footer.

After logging in, view your profile, edit your information and more on your new profile page.

All AOFAS members have access to their user profile. If you are unsure how to log in to view yours, contact the AOFAS Executive Office.

Social media: Ways you can engage online

AOFAS social media efforts provide several ways for members to keep up with Society activities and share posts that promote both the AOFAS and patient education.

Facebook Members Only page: If you’re on Facebook, consider joining the Members Only page. Navigate to www.facebook.com/groups/aofas and request to join. Staff will confirm your membership and accept you into the group. You will then receive Society updates on upcoming opportunities, journal articles and more via your Facebook feed.

Facebook FootCareMD page: At the www.facebook.com/aofas1 page you’ll find posts pointing to FootCareMD.org, the AOFAS patient education site. Sharing these posts on conditions and treatments helps build credibility and a larger audience for both members and the FootCareMD site, which is on track to hit 10 million total page views this year.

Twitter page: Follow @AOFAS on Twitter to receive tweets on FootCareMD and Society activities. Share patient education tweets to help drive patients and the public to FootCareMD. Navigate to https://twitter.com/aofas.

LinkedIn page: If you’re active on LinkedIn, join the AOFAS group at www.linkedin.com/company/american-orthopaedic-foot-&-ankle-society to receive updates and announcements.

Physician Resource Center is on the way!

The highly anticipated Physician Resource Center (PRC) will soon be live. The online educational resource will be rolled out in phases, with Phase 1 launching in early 2016.

Phase 1 features include:
- Peer-reviewed content with filtered searches by keyword, author, title and meeting
- 2,200 documents (abstracts, ePosters and handouts)
- More than 150 hours of recordings (meetings, webinars and courses)
- Seamless sign-on via AOFAS site

The PRC will provide the orthopaedic foot and ankle community with user-friendly, on-demand access to a wide variety of online educational multimedia materials, educational program documents, and articles about foot and ankle conditions. Search for content while keeping up with current developments in the specialty, maintaining best practices and engaging in lifelong learning.

Access to PRC core content is a new benefit available to dues-paying AOFAS members.

Later phases in development for 2016 include an AOFAS Members Only collaboration site for networking, case discussions and announcement boards, an image bank, a buyers guide and online CME opportunities.
Mark your calendar now for these upcoming programs

COURSES AND MEETINGS

March 5, 2016 • Orlando, Florida
AOFAS SPECIALTY DAY 2016
President: Mark Easley, MD
Program Chair: Selene Parekh, MD, MBA
Program: www.aofas.org/specialtyday
Registration: www.aaos.org

April 28-30, 2016 • Cleveland, Ohio
ADVANCED FOOT AND ANKLE COURSE
Course Chair: W. Hodges Davis, MD
Co-Chair: Mark A. Glazebrook, MD, MSc, PhD
www.aofas.org/advancedfoot

July 20-23, 2016 • Toronto, Ontario, Canada
AOFAS ANNUAL MEETING 2016
President: Mark Easley, MD
Program Chair:
Selene Parekh, MD, MBA
Sports Course Chair:
Annuanziato Amendola, MD
Abstract Submission Deadline: January 4, 2016
www.aofas.org/annualmeeting

October 14-15, 2016 • St. Louis, Missouri
COMPLETE FOOT CARE COURSE
Course Chair: Jeremy McCormick, MD
www.aofas.org/completefoot

October 27-29, 2016 • Rosemont, Illinois
NEW HANDS-ON COURSE!
Watch for more details
Orthopaedic Learning Center
Course Chair: Steven Haddad, MD

ONLINE LEARNING

LIVE WEBINARS

Broadcasts: 8:00 – 9:30 pm Central Time
AOFAS members are automatically registered
Non-members may register at www.aofas.org/webinars

• December 8
ARTHITIS IN THE YOUNG PATIENT:
ALTERNATIVES TO FUSION
Moderator: Charles Saltzman, MD

The AOFAS Webinar Series 2015 is funded by the Orthopaedic Foot & Ankle Foundation with support in part by grants from Wright Medical Technology, Inc. and Arthrex, Inc.

ONLINE RECORDINGS

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www.aofas.org/residentreview

• COMPLETE FOOT CARE COURSE (2014)
www.aofas.org/completefoot

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Colombian Orthopedic Society, Foot and Ankle Chapter
By Sergio Abello, MD, Secretary

The Colombian Orthopedic Society (SCCOT) was founded on May 28, 1946. Since its inception it has been actively engaged in research investigations and has continuously participated in worldwide and Latin American orthopaedic events.

SCCOT has a trimestral indexed journal that offers updated information on research investigation and current events. It is available at the SCCOT website.

The Society is subdivided into several orthopaedic specialties. One of these groups of orthopaedic specialties is Foot and Ankle, which has 56 members from different cities around the country.

The foot and ankle group is an active member of the Latin American Foot and Ankle Surgery Federation (FLAMECIPP), which in turn is a member of the International Federation of Foot & Ankle Societies (IFFAS).

Since 1956, SCCOT has organized an annual meeting for the subspecialties to gather. The foot and ankle group shares several conferences with national and international speakers for its members. In the last decade foot and ankle surgery has become more attractive for future young orthopaedic surgeons. These young orthopaedic surgeons get their training in local and international fellowships.

Contact the Italian Society of Foot and Ankle via sandro.giannini@ior.it.

www.sccot.org.co

Italian Society of Foot and Ankle
By Sandro Giannini, MD, President

The Italian Society of Foot and Ankle (Società Italiana della Caviglia e del Piede - SICP) is an independent association of medical doctors and other trained professionals with different backgrounds that specifically focuses on the study of foot and ankle pathologies and treatments. The Society was established under the name Italian Society of Foot Medicine and Surgery in February 1988 by the founding members Drs. Andreasi, Bardelli, De Palma, Dragonetti, Giannini, Guida, Malerba and Mori.

The Society has picked up the baton of the Italian Society of Podiatry (SIP), founded in Genoa in June 1964 by Drs. Giuntini, Chiappara, Bernardi, Guidi, Serra, Picchetta and Nai-Fovino, which was the Italian section of what was then known as the College International de Podologie (CIP). Since 1958, the College has counted pioneers of foot surgery such as Drs. De Wulf, Giannini, Lelievre, Napoli, Natiello, Pisani, Regnauld, Scholder, Torner, Valenti and Viladot.

The Society changed its organizational structure in June 2005, when it was given the current name. It also changed its statute, first to meet the needs of non-MD sympathizers (with different backgrounds and qualifications), and second to adapt to international standards. The society now counts about 300 members.

The Italian Society of Foot and Ankle is now part of the European Foot and Ankle Society (EFAS), which brings together foot and ankle societies in Europe. EFAS is part of the International Federation of Foot & Ankle Societies (IFFAS), which incorporates the Asian, European, North American and Latin American federations and the Australian and South African Societies.

Prof. Sandro Giannini from Bologna is the current president of the Society.

Dr. Umberto Alfieri Montrasio from Milan and Dr. Luigi Milano from Alba are vice presidents. The Italian Society of Foot and Ankle contributes every year in updating and training his members with annual scientific meetings; in 2015, both advanced and basic courses in different fields and surgical cadaver labs were organized in several Italian cities. The aim is not only to train and update MDs and PhDs with a particular interest in foot pathologies but also to educate other health care providers.

Contact the Italian Society of Foot and Ankle via sandro.giannini@ior.it. www.simcp.it
Residents are encouraged to submit an application now for the 2016 Orthopaedic Foot & Ankle Fellowship Program Match for 2017-18 positions. Programs may begin interviewing applicants as of December 1, 2015. Although applications will be accepted through March 7, 2016, some programs have earlier deadlines to receive applications so applicants are strongly encouraged to apply by December 1.

Current applications for foot and ankle fellowship positions are steady this fall with 48 applicants having submitted application materials by mid-November. This number compares to 51 applicants at the same time last year. Twenty-two of this year’s applicants attended AOFAS Annual Meetings through the Society’s Resident Scholarship Program, which is funded by the Orthopaedic Foot & Ankle Foundation (The Foundation) with contributions from Stryker Foot & Ankle and Wright Medical Technology, Inc.

The AOFAS-sponsored Orthopaedic Foot & Ankle Fellowship Program Match is designed to be a transparent, unbiased process in which applicants are matched to foot and ankle fellowship programs on a competitive basis. The application process is organized and managed by the AOFAS, and the match is administered by the San Francisco Matching Service (SF Match). A total of 76 fellowship positions are offered in the 2016 match by 47 programs.

Key Fellowship Dates:
- December 1, 2015 – suggested application deadline
- December 1, 2015 – March 21, 2016 – programs may conduct interviews
- March 28, 2016 – Rank lists due to SF Match
- April 4, 2016 – Match day

www.aofas.org/medical-community/resident-fellow-opportunities/Pages/fellowship-match.aspx
A new research grant category will be available for the 2016 cycle following approval by the AOFAS Board of Directors. In addition to the existing competitive Pilot Project Research Grants up to $5,000 each and the Small Project Research Grants (formerly just “Research Grants”) up to $20,000, one new Established Project Research Grant opportunity up to $50,000 is now available for applications deemed eligible during the Research Committee’s NIH-style blinded review process. The AOFAS Research Grants Program is funded by donations to the Orthopaedic Foot & Ankle Foundation (The Foundation).

To accommodate development of a new online application system, the deadline for research grant applications has been extended to January 1, 2016, for this cycle only.

The new, larger grant opportunity will be piloted for the 2016 and 2017 cycles and is intended to support innovative research for clinical trial or pre-trial work that could be used to obtain additional grants from national funding sources. Applications for the $50,000 Established Project Research Grant are expected to be backed by preliminary work, publications and/or presented data to demonstrate feasibility of projects and capabilities of the research team.

Watch for an email on the opening of the new application system. The 2016 application cycle content requirements and instructions will not change substantially from those of the 2015 cycle. All grant categories will share the same online application form, and applicants are advised to provide documentation commensurate with the level of funding requested and the intent of the grant category.

The Foundation has provided more than $1 million in funding to support the Research Grants Program. Since 1997 a total of 84 grants have been awarded. www.aofas.org/researchgrants
Thank you to Corporate Donors

The AOFAS and The Foundation acknowledge these companies for their generous support of the AOFAS mission through donations to The Foundation.

**2015 CORPORATE DONORS**

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<td><strong>PLATINUM</strong></td>
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Thank You to all Campaign 50 Individual Donors

The information below reflects pledges and/or donations made to the Orthopaedic Foot & Ankle Foundation (The Foundation) between January 1, 2014, and November 10, 2015, and donations to the Orthopaedic Research and Education Foundation (OREF) with a designated gift to The Foundation as of October 31, 2015.

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continued on page 20
October’s AOFAS Resident Review Course welcomed 47 residents and featured 11 faculty members. Led by Course Co-chairs Anish Kadakia, MD, and Clifford Jeng, MD, the course covered 14 topics with presentations designed to help residents prepare for upcoming exams. Case presentations were also part of the program. The event was held in the new Orthopaedic Learning Center (OLC) in Rosemont, Illinois.

“Great course, well run, very helpful and good exposure to foot and ankle,” said one attendee. “It was a great learning experience,” added another.

Thirteen resident attendees indicated they were interested in AOFAS resident opportunities or membership and have been contacted with follow-up information.

For those who missed the course or those looking for test prep materials, one-year subscriptions to the online 2013 Resident Review Course video series are available for purchase.

The Resident Review Course is funded in part by contributions to the Orthopaedic Foot & Ankle Foundation (The Foundation).
Thank you for completing the RUC surveys

As reported in the last issue, the AOFAS, AAOS and APMA (American Podiatric Medical Association) have worked collaboratively on a proposal for revision of the current family of bunion codes (CPT® codes 28289 through 28299). In October the proposed code changes, presented by Walter Pedowitz, MD, AOFAS CPT advisor, were accepted by the CPT Editorial Panel.

The next step in the process called for AOFAS and APMA to each survey their members on the physician “work” involved for each of the new bunion codes. The survey data are very important and are used by the AMA Relative Value Update Committee (RUC) to assign RVUs to CPT codes. “Thank you to the members who completed the RUC surveys. The surveys are time-consuming and tedious, but code valuation depends on members completing the surveys accurately and promptly,” says Tye Ouzounian, MD, AOFAS RUC alternate advisor. “The data are critical to reflect the amount of work for each CPT code.”

The new and revised codes and the survey data will be presented to the RUC in January 2016 by Peter Mangone, MD, AOFAS RUC advisor. The RUC has the daunting task of weighing the evidence, coming to consensus on RVU recommendations, and submitting its final recommendations to the Centers for Medicare and Medicaid Services (CMS) for review and consideration. The new and revised CPT codes and the government’s final RVUs for the Medicare payment system will be published in the Federal Register later next year. The new codes will be effective in 2017 and may result in changes to the RVUs for these procedures.

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**CODING CORNER**

**Bunion code revisions**

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John McDermott, MD, has dedicated his career to the American Orthopaedic Foot & Ankle Society (AOFAS). Although his presidency was in 1991-92, his impact during that time and even before is still being felt today.

Dr. McDermott completed his medical school education at the University of Nebraska College of Medicine in Omaha, Nebraska, and did his combined general surgery and vascular residency at Henry Ford Hospital, Detroit, Michigan.

Dr. McDermott recalls that he was “in the right place at the right time with my internship at Henry Ford. I was on Mitchell’s service, and he had developed an early interest in foot and ankle.” Dr. C. Leslie Mitchell was the same Mitchell of the proximal osteotomy for bunion correction. Although this osteotomy is not utilized today, the technique and innovation encouraged others to develop surgical options for bunions.

“I was also mentored by the New York orthopaedic group by residing at the Metropolitan Hospital Center,” says Dr. McDermott. New York City was a hub of foot and ankle activity at that time. Dr. McDermott was always present in clinic and on time, and these attributes secured him the position of orthopaedic chief in Brooklyn and allowed him to work with Paul Lapidus, MD.

Speaking at the Foot Care Course in China

The early years of AOFAS

Dr. McDermott completed a master’s degree in medicine in Philadelphia, Pennsylvania, with Donald Qualls, MD, and attended the first AOFAS meeting in 1969 in Philadelphia, which was hosted by Robert Joplin, MD, the first president. It was called the Founders Meeting, and Dr. McDermott says there were so few people, they met in Dr. Joplin’s hotel suite. In time the interest in foot and ankle exploded, and the second and third meetings showed attendance reaching a couple hundred people. The days of a hotel suite venue passed quickly! (You can read the minutes from the Founders Meeting on page 5.)

Dr. McDermott fondly remembers when Donald Baxter, MD, called to let him know he had been voted president for 1991-92. During his presidential year, what was then called the Annual Summer Meeting featured the first board meeting with committees. The outreach trip to Asia brought the Complete Foot Care Course to Singapore, Taiwan and Korea. Thirty-three foot and ankle fellowships were offered, and membership reached nearly 750.

Active in the AOFAS well before his presidency, Dr. McDermott served on previous boards and was editor when the first issue of the In-Stride newsletter went to press in 1981. He remembers that he and his children folded and stamped the issues for mailing at his kitchen table. He was also instrumental in starting the Milwaukee course, now known as the Foot Care Course, with the leadership of John Gould, MD.

Driving recognition by AMA, ACS

With a vision beyond foot and ankle, Dr. McDermott proposed that the AOFAS seek recognition by the American Medical Association (AMA). In 1991, through his efforts, the AOFAS became the first orthopaedic specialty society to be recognized with a voting delegate seat in the AMA House of Delegates. When it came time for the AMA to vote to allow the AOFAS a position, “Norm Denitz, MD, a member from Oklahoma who was a state delegate, stood on his chair with an impassioned speech, like Patrick Henry, and it passed,” Dr. McDermott says.

To extend the AOFAS voice in the larger world of organized medicine, Dr. McDermott attained recognition for the AOFAS at the American College of Surgeons (ACS) in 2005 and for many years represented AOFAS on the ACS Board of Governors.

Dr. McDermott was more than just a president of our Society and took the AOFAS to higher positions within organized orthopaedics and medicine. He and his family, including his wife Gail, six children and seven grandchildren, still live in Washington State. You can email him at drjemcdmd@yahoo.com.
MEMBERSHIP MATTERS

Renew your membership by February 1

The annual calendar year dues billing has begun for 2016. Your payment in full is due by February 1.

Your membership is invaluable as it enables the AOFAS to continue to fulfill its mission to: promote quality, ethical and cost-effective patient care through education, research and training of orthopaedic surgeons and other health care providers; create public awareness for the prevention and treatment of foot and ankle disorders; provide leadership and serve as a resource for government, industry and the national and international health care community.

What’s in it for YOU?
Benefits for dues-paying members are ever increasing to meet your needs. Current benefits include print and online subscription to Foot & Ankle International (FAI) and In-Stride publications; access to online education, including free live webinars; access to core material in the new Physician Resource Center (PRC), coming in early 2016; reduced fees for meeting and course registration; opportunities to apply for a grant or serve on a committee; and much more based on your individual membership level.

Easy payment options
There are three convenient ways to submit your dues payment:

Online – Log in to www.aofas.org, click on the Members Only link, view your unpaid dues invoice, add to your shopping cart and submit payment via the Society’s secure system. The option for Auto Dues Renewal is available at the time of online payment. For assistance with your login write to aofasinfo@aofas.org.

Phone – Call the AOFAS Executive Office at 800-235-4855 or 847-698-4654 (outside US) Monday through Friday, 8:30 am – 5:00 pm CT with credit card information.

Mail – Send your check (US funds), made payable to AOFAS, to the Society’s new office as of December 2015: 9400 West Higgins Road Suite 220, Rosemont, IL 60018-4975. Please put your name in the memo line to ensure proper processing to your member record.

Watch for your dues payment receipt to arrive via email within three working days.

Thank you!

Did you complete training in 2015?

Are you new in practice?
If you are a current AOFAS Resident or Fellow Member but completed training in 2015, you are required to apply to elevate to the next appropriate membership level. For most that means elevating to Candidate Member. For anyone board certified in the US you may already meet the criteria for Active Membership. Those members who are board certified and practicing outside the US and Canada might meet the criteria for International Membership.

Please view membership criteria and find application forms at www.aofas.org/membership. Applications with all required submission elements must be received by January 1, 2016.

Should you have any questions about the appropriate next steps please write to membership@aofas.org as soon as possible so you do not miss this important deadline.

Annual Meeting 2015 Highlights
View ebook at your convenience www.aofas.org/publications

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Support The Foundation
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The University of Arizona Department of Orthopaedic Surgery is seeking a BC / BE fellowship-trained foot and ankle surgeon interested in an academic career to join our full-time faculty practice.

• Busy academic practice
• Regional tertiary care referral center
• Highly ranked orthopaedic residency program
• Academic appointment
• Gait lab, biomechanics lab, and biomaterials lab
• Close collaboration with medical imaging and biomedical engineering
• Tucson is a great place to live with year round outdoor activities and a low cost of living

Contact
Kelly McComiskey
kmccomiskey@ortho.arizona.edu

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• Regional tertiary care referral center
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• Tucson is a great place to live with year round outdoor activities and a low cost of living

Contact
Kelly McComiskey
kmccomiskey@ortho.arizona.edu
MEMBERSHIP MATTERS

In Memoriam

John S. Gould, MD, Emeritus Member and AOFAS president 1985-86, died at home in Vestavia Hills, Alabama, on September 29, 2015. He was 76.

Dr. Gould was born in St. Johnsbury, Vermont. He attended Harvard University in Boston, Massachusetts, and the University of Vermont College of Medicine in Burlington, Vermont. After a general surgery internship at Boston City Hospital, Boston, Dr. Gould joined the US Navy. He served as medical officer aboard a missile cruiser that was deployed to Vietnam. He earned the Navy Commendation Medal for outstanding performance in the care of war casualties. Upon his return, he completed his orthopaedic residency at the University of Pittsburgh, Pittsburgh, Pennsylvania.

Dr. Gould joined his father, Nathaniel Gould, MD (AOFAS president 1971-72), in private practice for a short time in Massachusetts before returning to academics and specializing in orthopaedic hand surgery. He completed a fellowship at Duke University in Durham, North Carolina, with J. Leonard Goldner, MD, and joined the faculty at University of Alabama at Birmingham (UAB) in the Division of Orthopaedic Surgery. He was quickly promoted to full professor of surgery in 1982 and chief of the Hand Section.

In 1986, he began his 10-year chairmanship of the Department of Orthopaedic Surgery at the Medical College of Wisconsin in Milwaukee, Wisconsin. During this period Dr. Gould began to change his focus from hand surgery to surgery of the foot and ankle. He established a highly sought-after fellowship for orthopaedic foot and ankle surgery with four US and international fellows each year. In 2006, he rejoined UAB, this time as chief of the Foot and Ankle Section of the Orthopaedic Division. He treated both hand and foot and ankle patients with a special interest in nerve problems and total ankle replacements. He was named professor emeritus of the UAB School of Medicine in 2014.

Dr. Gould lectured extensively in the United States and internationally and received many honors. In addition to serving as AOFAS president, he was president of the Clinical Orthopaedic Society, the Mid-America Orthopaedic Association and the Alabama Orthopaedic Society. He received the Outstanding Southern Orthopaedist Award of the Southern Orthopaedic Association, the Academic Achievement Award from the University of Vermont Medical Alumni Association, and the Academic Achievement Award of the American Academy of Orthopaedic Surgeons.

Writing was one of his greatest passions. He was chief editor of orthopaedic journals and authored four professional books as well as a soon-to-be-published novel. He also loved teaching residents, fellows and others in the operating room, the clinic and at AOFAS and Academy courses. He was a tremendous mentor and friend to his fellows and colleagues. He leaves a great legacy as his teachings and prolific writings will be quoted for years.

Dr. Gould is survived by Sheryl, his wife of 50 years, four children and seven grandchildren. Donations may be made to the St. Vincent’s Foundation of Alabama for the care of cancer patients or to the University of Vermont Foundation to the Endowed Sheryl and John Gould Scholarship for Medical Students.

AOFAS members may also make donations to the Orthopaedic Foot & Ankle Foundation (The Foundation) in memory of Dr. Gould.

Edward Spindell, MD, Emeritus Member, died June 24, 2015, in Providence, Rhode Island. He was 87.

Dr. Spindell graduated from Brown University, Providence, and received his medical degree from Boston University, Boston, Massachusetts, in 1953. He went on to become board certified in orthopaedic surgery.

From 1955 to 1957, Dr. Spindell served as a captain in the US Air Force at Chanute Air Force Base in Illinois. Returning to Providence, Dr. Spindell began a private practice that covered a span of nearly 40 years. During this time, he was a senior attending physician at Miriam Memorial and Roger Williams Hospitals in Providence. He became chief of orthopaedic surgery at Miriam Hospital from 1992 to 1997.

Dr. Spindell is survived by Judith, his wife of 31 years, three children and four grandchildren. He also leaves five step-children and five step-grandchildren.

Frank T. Barranco, Sr., MD, Emeritus Member, died March 21, 2015, after a brief illness. He was 84.

Dr. Barranco graduated from Duke University in Durham, North Carolina, in 1952 and completed his medical degree from George Washington University School of Medicine, Washington, DC, in 1956. He did his residency at Union Memorial Hospital from 1956 to 1959 and served as orthopaedic resident and chief resident at The Johns Hopkins Hospital from 1959 to 1962.

Dr. Barranco worked in private orthopaedic practice for 30 years in the Baltimore, Maryland, area. For many years he also ran an orthopaedic foot and ankle clinic at Johns Hopkins and was an assistant professor of orthopaedic surgery.

Dr. Barranco served for many years as part-time physician for the Baltimore City Police Department. In 1990, he closed his practice to become the police department’s full-time chief physician and later took on additional duties for the Baltimore City Fire Department. He retired as chief physician in October 1995.

Dr. Barranco joined the Maryland Army National Guard in 1958 as a first lieutenant in the Medical Corps. From 1973 to 1976, he commanded the 136th Combat Support Hospital in Parkville, Maryland, as colonel. He also served as Commanding General of the State Defense Forces of the Maryland State Guard from 1993 to 1996.

Dr. Barranco is survived by six children, 15 grandchildren, a sister and many nieces, nephews and cousins.