PRESIDENT’S PERSPECTIVE

We live in a remarkable time characterized by efficiencies through technology, industry, and communications. These have impacted the method of our daily practice and have vastly changed core aspects of the medical profession. We can now see and explore the body in numerous less invasive ways with ultrasound, nuclear scans, CAT Scans, MRI, PET scans, and scopes. New medications are targeted and limit side effects. Equipment, tools, grafts, techniques, and implants have created solutions where none had existed. Furthermore, we can converse capably by text, cell phone, e-mail, web, videos, and photo presentations.

Despite this, for the orthopaedist, we are still largely doing individual manual assessments in person and implementing “custom” jobs. We are the tailors/mechanics of the musculoskeletal system. Our efforts require our direct work, one patient at a time. Although we have evolved from our historic practice techniques, we still have a limited tangible multiplier. In contrast, consider our colleagues in business who can initiate efficiencies once they have learned how to make an item. By improving fabrication, delivery, and service, economies of scale can be introduced. Manufacturers can build factories and translate a customized craft into a technologically consistent process and product. This is their multiplier.

For us it is not so simple. Our analysis, care, and technical offering cannot be introduced into a manufacturing procedure. While we are content with nearly each end result of our intellectual and technical efforts, we cannot sit back and enjoy watching our efforts propagate without constantly performing our trade. Yet in our field we have the distinct privilege of teaching others how to perform repairs and reconstructions of the human structural apparatus so that our colleagues and students may be able to serve their communities. We can inspire them with love, dedication, and the capacity for deep self-fulfillment. Although this immediately benefits our patients and our protégés, if we are truly successful, this gift passes on for eternity. Here is the multiplier...

Our efforts require our direct work, one patient at a time.

2013 Specialty Day aims to educate, engage, and entertain

It’s been seven years since the AOFAS Specialty Day program was held in Chicago, and on Saturday, March 23, AOFAS members and guests will again meet in “the city of big shoulders” for one day of non-stop education on the newest surgical techniques, cutting-edge technology, the latest research, and what’s new in foot and ankle surgery.

“Specialty Day is an excellent way to renew your specialty knowledge, given the amazingly broad spectrum of topics covered,” reports President Lew Schon, MD.

So AOFAS members, my wishes for 2013:

1. May our passion drive us forward to utilize our intellectual and technical skills to serve our fellow man to reduce pain and dysfunction.
2. May we teach these talents and this dedication to others to make the world a better place, one foot with each step.
3. May our enabling families be comfortable and experience enrichment through goodwill from the community.
4. May we all be enhanced by appreciation from others who share in our lives or receive the benefits of our labors.
5. Let us all join together in fostering the growth of education through Foot & Ankle International, webinars, courses, meetings, publications, research, public education (FootCareMD), academic and governmental policy, and humanitarian efforts.

The AOFAS has many challenges ahead but even more opportunities to couple modern resources with our talents to continue evolving in our unique way.

continued on page 2

Volume 27, Issue 1 ~ Winter 2013

RECONSTRUCTION • SPORTS MEDICINE • TRAUMA • TECHNOLOGY

AOFAS Specialty Day 2013
March 23 • Chicago, Illinois

“Our goal in planning this meeting was to develop a program that highlights the most recent information on evidence-based medicine, techniques, procedures, technology, controversies, clinical dilemmas, and patient management.

In this issue ...
topics,” says Program Co-Chair Donald Bohay, MD. “We are also trying something new with a couple of the symposia – hoping to actively engage the audience in what’s going on at the podium, trying to generate a little good humored competitiveness among our presenters and audience.”

“What has been gratifying is the response we’ve received from our invited faculty and their willingness to participate in this program,” adds Program Co-Chair John Anderson, MD. “Specialty Day gives us the opportunity to bring national and international experts to you in a dynamic and thought-provoking way and we are grateful to all who are willing to volunteer their time.”

Program Highlights include:

- Early Bird Symposium: Using Technology to Enhance Your Practice with an emphasis on social media, electronic health records, and “The Cloud”
- Original clinical and basic science research papers
- Case-based symposia on the Valgus Ankle with Flatfoot; Bunion Surgery Throwdown (Chicago Style!); and Flatfoot Buffet (Celebrity Challenge)
- Journal Club Presentations highlighting the most significant articles as seen through the eyes of Drs. Ned Amendola, Charles Saltzman, and Alastair Younger.
- Joint AOFAS/OTA Session with symposia on Controversies and Complications in Trauma of the Foot and Ankle, including debates on: Lisfranc Injuries; Calcaneus Injuries; Ankle, Syndesmosis Controversies; and Ankle Posterior Malleolus

CME for Specialty Day and the AAOS Meeting

Certificates of attendance at the AAOS and Specialty Day meetings are only available to print at kiosks in the convention center. Please print your CME certificate at the end of the meeting for your records. CME certificates will not be sent to participants.

It is important for you to check-in at the AAOS registration area as soon as you arrive at the AAOS meeting and before attending any educational sessions. The Academy’s transcript system will not allow you to claim CME credit for any educational activities prior to your official check-in to the AAOS meeting (including AOFAS Specialty Day). For instance, if you arrive at the meeting on Wednesday but do not check-in until Thursday, you will be unable to claim CME credits for your Wednesday attendance.

Accreditation

The AOFAS is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education.

AMA PRA Category 1 Credit™ Designation

The AOFAS designates this live Specialty Day educational activity for a maximum of 9 AMA PRA Category 1 Credits™. The CME credit system is an honor system and you should claim only the number of credits for the learning activities in which you actively participated.

Specialty Day Member Reception

At the conclusion of the Specialty Day program, AOFAS members are invited to enjoy cocktails and hors d’oeuvres with colleagues and friends before heading out for evening plans or to the airport for a late flight home.

The reception will begin just after 5:00 pm in Room N426 (McCormick Place North) and will continue until 7:00 pm. Spouses / significant others are invited to meet you at the entry door.

The AOFAS Member Reception is supported in part by a grant from BioMimetic Therapeutics, Inc.
AOFAS Surgical Complications Course in Durham

Registration is now open for the fourth biennial AOFAS Surgical Complications Course: A Case-based Approach on How to Avoid and Manage Complications May 16-18, 2013 at the Washington Duke Inn in Durham, North Carolina. Since its inception in 2007, the Surgical Complications course has sold out in advance to the meeting, so early registration is highly recommended to guarantee your participation.

As has been the case for the previous three meetings, the course will focus on likely causes and prevention of complications associated with commonly performed and complex orthopaedic foot and ankle procedures. This year’s multidisciplinary and international faculty will share their experiences in treating patients with foot and ankle complications.

“The format is case-based with open panel discussions, designed to promote dynamic interaction between faculty and participants,” explains Course Chair Mark Easley, MD. “This expert faculty has generously volunteered to candidly present complications and discuss their recommendations, tips, and pearls on how complications may be treated and, more importantly, prevented.”

The three-day program is organized into 16 symposia covering the following topics, with more than one symposium devoted to the more expansive topics:

• Ankle Arthritis
• Diabetes: Ankle, Hindfoot and Midfoot
• Charcot
• Flatfoot
• Hallux Rigidus
• Hallux Valgus
• Lesser Toes
• Midfoot
• Nerve Issues and Pain Control
• Neuromuscular Disease / Equinovarous
• Sports (Syndesmosis/5th MT/Turf Toe)
• Tendon Disorders
• Trauma: Navicular, Ankle and Hindfoot

The detailed program may be reviewed online at www.aofas.org/surgicalcx.

The faculty comprises not only experienced orthopaedic faculty but also experts in plastic surgery and pain management. Several symposia include multidisciplinary interaction intended to provide guidance in comprehensive patient care.

“As in years’ past, I am confident that the AOFAS Complications Course will deliver an unparalleled educational experience for the participants,” says Dr. Easley. “It is truly an honor for me to welcome this expert faculty to the 2013 AOFAS Complications Course.”

Invited Faculty:
Gregory Berlet, MD
Chris Coetzee, MD
Bruce Cohen, MD
Jonathan Deland, MD
James DeOrio, MD
Bryan Den Hartog, MD
Brian Ginsberg, MB BCh
Stuart Grant, MD
Steven Haddad, MD
Scott Hollenbeck, MD
Scott Levin, MD
James Nunley, MD
Cristian Ortiz, MD
Pascal Rippstein, MD
Bruce Sangeorzan, MD
Lew Schon, MD
Emilio Wagner, MD
Keith Wapner, MD
Alastair Younger, MBChB, MSc ChM

“Every one of these expert educators has either presented or published surgical techniques that lead to outstanding outcomes; I appreciate that they are willing to include their experiences when problems arise,” says Dr. Easley. “In my opinion, the AOFAS Complications Course is the most important educational event for foot and ankle surgeons. This course offers a tremendous opportunity throughout all three days of the course for participants to engage the faculty. While the purpose is to educate, the ultimate goal remains optimal patient outcomes.”

Expanded Exhibit Hall time has been included in the program to allow companies to provide registrants with exposure to their products and evening satellite symposia will allow companies additional time to provide hands-on demonstrations.

Registration is now open at www.aofas.org/surgicalcx.

Members are asking What happened to Orthopaedia®?

Over the past several years the AOFAS, in accord with a written agreement with the Association of Bone and Joint Surgeons (ABJS), encouraged members to contribute articles to the foot and ankle section of Orthopaedia.com. The intent was to develop a collaborative online site for orthopaedic knowledge with specialty societies as contracted content partners. Content developed for the site under a Creative Commons license would be available for unrestricted use for educational and scientific purposes, with appropriate attribution.

This past fall the Orthopaedia URL was redirected without comment to OrthopaedicsOne.com, a website established by Christian Veillette, MD, who originally developed the Orthopaedia site. The URL was redirected to OrthopaedicsOne until the end of December.

In response to AOFAS inquiries, ABJS President Edward McFarland, MD, wrote to the AOFAS in December, stating: “After much deliberation, the ABJS Executive Committee decided to no longer fund Orthopaedia.”

Dr. McFarland indicated that the name “Orthopaedia” is registered to the ABJS, and the URL “Orthopaedia.com” is owned by the ABJS as well. He noted that all contributors continue to have access to their content through the OrthopaedicsOne site and may choose whether or not to continue a relationship with OrthopaedicsOne.com, which is now fully managed by Dr. Veillette.

In light of the ABJS action to no longer fund Orthopaedia, the AOFAS Board of Directors made a decision to discontinue an organizational editorship relationship with the site and to have its logo removed.

The AOFAS Orthopaedia Foot & Ankle Section Editorial Board, led formerly by Jonathan Deland, MD, and now by Johnny Lau, MD, has worked diligently to develop foot and ankle content as a resource. The editorial board will now redirect its work toward developing additional content and a structure for a physician resource library on the AOFAS website. Starting with the content that was contributed to Orthopaedia (now OrthopaedicsOne), this content will form the foundation for the new online physician resource library that will bring added value to AOFAS members.
AOFAS Annual Meeting 2013
Hollywood, Florida

You’re Invited!

AOFAS members and guests who expect cutting-edge educational offerings, updates on the newest technology and innovations, and lively social events at the Annual Meeting of the AOFAS in Hollywood, Florida, July 17-20, won’t be disappointed. Stimulating and comprehensive educational programs will provide the perfect complement to the excitement of this year’s host destination, known for its classic, European-style Southern Florida atmosphere with easy access to beaches and inter-coastal waterways.

“Hollywood is perfectly suited to provide attendees with an outstanding backdrop for our Annual Meeting. Superb educational opportunities ... the latest in products and services ... networking with colleagues and long-time friends ... it all adds up to the premier AOFAS summer event,” says AOFAS President Lew Schon, MD. “I welcome back those of you who attended our meetings in the past and extend a warm welcome to all who will be joining us for the first time.”

Under the direction of the Program Committee and its Co-Chairs John Anderson, MD, and Donald Bohay, MD, the meeting will focus on new and trailblazing educational presentations that concentrate on identifying and managing difficult problems, with an emphasis on surgeons helping surgeons.

“Our aim is to ensure that this year’s meeting is the one meeting where you will learn more than ever what it means to be an orthopaedic foot and ankle specialist through a number of innovative presentations,” says Dr. Anderson. “Thanks to outstanding, record-breaking abstract submissions and other program elements we have been gathering over the course of the past year, we are confident that this will be a highly relevant and a well-executed meeting.”

“The plan for this year’s scientific program is to build on the relaxed, open character of our Society’s meeting by combining expert review and commentary with thought-provoking presentations. Based on the high quality of abstracts selected for inclusion, I’ve no doubt we’ll do just that,” adds Dr. Bohay. “Our goal continues to be to offer education that will allow orthopaedic foot and ankle specialists – who in some cases travel halfway across the globe – the chance to gain solid, meaningful, and germane education they can use to improve their practices and perhaps educate others.”

“We hope that each lecture and paper will be a point for collegial and constructive interchange,” says Dr. Schon.

New and returning meeting highlights

The Florida program will consist of original scientific paper presentations, guest speakers, research updates, symposia, electronic poster displays, and an Exhibit Hall full of the latest technical innovations and devices. Expanded podium presentations and cutting-edge delivery methods make this meeting a first in every way, plus the optional Research Forum and Young Physician Forum as well as the ever-popular CPT® course promise to provide something for everyone.

• Over 100 four-minute original paper presentations on clinical and basic science research
• Enhanced audience debate and discussion opportunities
• Expanded mobile app options
• Focused symposia and challenging debates
• Opportunities to actively participate in educational session discussions via integration of social media applications
• Research Forum
• Young Physicians Forum ‘real world’ program and reception

Symposia program topics

In addition to the original research papers, the program will consist of a number of case-based symposia on topics of high interest to all attendees, including:

• Achilles tendon disorders
• Sports injuries
• Peroneal tendon problems
• DVT
• Trauma
• Ankle replacement
• Gastroc update
• Military injury update
• End stage hallux rigidus
• Lessons learned and to be learned from the new generation

Invited Guest Lecturers

The AOFAS is pleased to announce its line-up of 2013 invited speakers. Covering topics ranging from research to history to personal improvement, this year’s meeting will deliver stimulating and thought-provoking presentations that will appeal to everyone.

The Kenneth A. Johnson, MD, Memorial Lecture will be delivered by AOFAS Past President John Gould, MD, of Birmingham, Alabama. Dr. Gould, a longtime friend and colleague of Dr. Johnson, will discuss “The Serendipitous Evolution of a Foot and Ankle Surgeon.”

Capturing the spirit of Dr. Johnson, the lectureship is supported by the Kenneth Johnson Fund and the speaker is selected based on creativity of thought, scientific development and clinical development.
The Research Committee has invited Paul Tornetta, MD, Professor and Vice Chairman of the Department of Orthopaedic Surgery, Boston University School of Medicine, to be the 2013 Guest Research speaker. Dr. Tornetta is Director of Orthopaedic Trauma for Boston Medical Center and Director of its Orthopaedic Residency Program. Devoted to improving the quality of patient care through research, Dr. Tornetta’s interests include both the clinical and technical aspects of orthopaedic trauma surgery and the injured patient, including elderly injury patterns, fracture healing, and minimally invasive surgery.

Dr. Tornetta’s presentation, entitled “Question Everything” will take place on Thursday morning. He will also serve as a guest faculty member of the Wednesday afternoon Research Forum, which is open to all meeting attendees and designed to provide an opportunity to share information on ongoing projects.

The Presidential Guest Lecture will be presented by Mr. Scott Jurek, author of the New York Times bestseller Eat & Run. A physical therapist by training, Mr. Jurek will provide insight into how his personal conviction that processed, low-quality food was keeping his physical therapy clients sick and how this conviction lifted him to become the dominant force in the grueling sport of ultrarunning.

The most successful ultramarathon runner in the world, he has won many of the sport’s most prestigious races including the Hardrock Hundred, the Badwater Ultramarathon, the Spartathlon, and the Western States 100 Mile Endurance Run.

Mr. Jurek will discuss stories of endurance and competition as well as fascinating science, practical advice, and his own personal philosophy of health and fitness.

“Scott will open up about his life, his career — as an elite world-spanning, record-breaking athlete and vegan — and will inspire runners as well as non-runners at every level to take the necessary steps toward vibrant health,” predicts Dr. Anderson.

continued on page 6

Pre-meeting Course to focus on complex reconstructions

Chaired by Christopher Chiodo, MD, Boston, this year’s ambitious Pre-meeting Course, “Complex Reconstructions: New Advances and Old Favorites” will be held on Wednesday, July 17.

Delivered by an expert faculty discussing a wide range of topics, this course will provide an early learning opportunity preceding the main meeting. Sessions will consist of featured lectures designed to tackle the three topics of arch reconstruction, hallux valgus, and ankle and hindfoot arthrodesis. Each in-depth session will conclude with faculty providing relevant clinical practice applications in an evidence-based format.

“Controversial issues will be met head on and new developments in the specialty will also receive priority attention,” says Dr. Chiodo.

From a cumulative perspective, the panels and presentations will form an overall educational experience that we hope will succeed in offering the most relevant progressive tools for the specialty.

During the course of the day, attendees may also rotate through several non-CME industry satellite symposia on topics covered during the course, presented directly by participating OEF corporate partners.

Invited Guests and Symposia Faculty

- Michael Aronow, MD
- Gregory Berlet, MD
- Eric Bluman, MD, PhD
- Donald Bohay, MD
- James Brodsky, MD
- Chris Coetzee, MD
- Timothy Daniels, MD
- Hodges Davis, MD
- Bryan Den Hartog, MD
- Mark Easley, MD
- Sandro Giannini, MD
- Mark Glazebrook, MD, MSc, PhD
- Gregory Guyton, MD
- Steven Haddad, MD
- Beat Hintermann, MD
- Kenneth Hunt, MD
- Jeffrey Johnson, MD
- Carroll Jones, III, MD
- Markus Knupp, MD
- John Kwon, MD
- Thomas Lee, MD
- Sheldon Lin, MD
- Arthur Manoli, Jr., MD
- Jeremy McCormick, MD
- William McGarvey, MD
- Andrew Molloy, MBChB
- Mark Myerson, MD
- Martin O’Malley, MD
- Selene Parekh, MD, MBA
- Stephen Pinney, MD
- Steven Raikin, MD
- Palanisamy Ramesh, MS, MCh, FRACS
- David Richardson, MD
- Thomas San Giovanni, MD
- Jeremy Smith, MD
- Brian Toolan, MD
- Victor Valderrabano, MD, PhD
- Robert Vander Griend, MD
- Keith Wapner, MD
- Troy Watson, MD

Course topics include:

**Session I: Complex Reconstruction – Arches: High and Low**

- Adult Flatfoot
- Posterior tibial tendon, Calcaneal osteotomy, Arthrodesis, Restoring the medial column
- Cavovarus Deformity

**Session II: Complex Hallux Valgus Reconstruction**

- Hallux Valgus
- Scarf Osteotomy, New implants and length preservation, Extreme proximal osteotomies and the Lapidus fusion
- Hallux Rigidus
- Biologics, Capsular interposition, Implants, Arthrodesis

**Session III: Complex Reconstruction: Ankle and Hindfoot Arthrodesis**

- Ankle Arthrodesis
- Open vs minimally invasive, Plate fixation
- Hindfoot and Midfoot Arthrodesis
- Triple and double, Subtalar joint, Midfoot deformity, Midfoot fixation
Technology – always moving forward

Just like last year, the program for Annual Meeting 2013 will be available electronically through a mobile application. You will be able to view the agenda, abstracts, e-Posters, handouts, exhibitor listing, and more through your smartphone, tablet, or PC. Other features include the ability to take notes during sessions, send messages to attendees, and receive announcements.

Watch for more information so you can download the app prior to the meeting.

This year’s Exhibit Hall will be teeming with excitement

Growing annually, this year’s Exhibit Hall will provide space for nearly 160 booths. More than 80% of the Hall has already been reserved and space is again expected to sell out. To meet your practice needs, exhibiting companies will present a full range of unique products and services from soft goods to devices, publications and pharmaceuticals to surgical instruments.

Positioned after an inspiring day of learning at the Pre-meeting Course and just prior to the start of the Annual Meeting general session the following morning, the annual AOFAS Welcome Reception event on Wednesday evening from 6:00 – 8:00 pm will bring registrants and industry together for a meaningful meet and greet. This is the ideal time to set up appointments with industry reps for follow-up conversation during breaks scheduled throughout the meeting. Nibble on light appetizers and enjoy cool beverages as you take your first walk through the expanded Exhibit Hall. Admission to this event requires a name badge and is included in attendee, spouse, and guest (16 years and older) registration fees.

The AOFAS is grateful for the continued support and generosity of its dedicated corporate partners. Please show your appreciation by thanking them when you visit their booths. Extended breakfast and break times in the Exhibit Hall have been incorporated into the meeting schedule to allow for unhurried corporate attendee interaction.

View the Exhibit Hall floor plan in the Meeting at a Glance booklet, in the Annual Meeting mobile app, and on display signage outside the hall. For safety concerns, no one under the age of 16 is permitted in the Exhibit Hall.

Embracing the foot and ankle community

A key aspect of the AOFAS Annual Meeting experience is the opportunity to incorporate quality time with colleagues, families, and friends. The AOFAS is planning several activities to foster the camaraderie that members and guests have come to expect. Watch for more information coming in the next few weeks.

Friday evening from 6:00 – 9:30 pm, plan to drink in the beach and ocean view from the outdoor patio of The Westin Diplomat at the annual AOFAS Gala Event. The Florida night air will be filled with dinner, entertainment, and conversation. There will be food and fun activities for everyone to enjoy, adults and children alike.

With positive feedback from last year’s OEF Auction event held during the Gala, the live auction will again take place shortly after dinner. Travel opportunities, vacation homes, sports packages, international activities, and more (generously donated by AOFAS members) may be up for bid. See the OEF Steppin’ Up for the Cause feature in this newsletter for more details. Please consider donating an item for this fun and philanthropic event.

When you sit down to schedule free time activities between educational offerings, turn to the AOFAS website to view Dr. Acevedo’s Top 10 list of things to do in the Hollywood / Fort Lauderdale areas. Take a sneak preview of the local flavor at www.visithollywoodfl.org and www.sunny.org.

Travel and Housing made easy

International attendees who require a letter of invitation may request one from the AOFAS Executive Office by writing to registration@aofas.org.

Save when you register by June 24 at www.aofas.org/annualmeeting
Travel

AMERICAN AIRLINES is the preferred carrier for AOFAS meetings and offers a 5% DISCOUNT OFF ANY FARE to Fort Lauderdale (FLL), Miami (MIA), or Palm Beach (PBI) for this meeting. The discounted fare is available up to 16 days prior to the meeting and up to 6 days after the meeting to allow for vacation planning. The Fort Lauderdale airport is approximately 15 minutes from the hotel; Miami’s airport is approximately 30 minutes away.

Take advantage of the savings by using any one of the following reservation methods:

• Online at www.aa.com
  Enter Promotional Code 5873DJ in the designated field
• Attendees within North America:
  Call American Airlines Meeting Services at 800-433-1790
  Reference Promotional Code 5873DJ
• Attendees outside North America:
  Contact American’s Oneworld Alliance Partners directly
  Reference Promotional Code 5873DJ

For personal, professional service contact Tomi Gaudio, the preferred travel account manager for the AOFAS:
Phone: 847-348-3600 ext 6 or 877-366-0366 (Toll Free)
E-mail: tomi@progressivetravel.net
Please identify yourself as an AOFAS meeting attendee.

Hotel

All meetings, exhibits, and planned activities for Annual Meeting 2013 will be held at:

The Westin Diplomat
3555 South Ocean Drive
Hollywood, Florida 33019
General Information:
954-602-6000
www.diplomatreort.com

A block of guest rooms is being held at the rate of $205 plus tax for single or double occupancy. There are no resort fees. This special rate will be available until June 10, 2013 or until the group block is sold out, whichever comes first. Reduced rates will be available three days before and after the meeting based on availability. Hotel deposit and cancellation penalties apply; please review these details when making your reservation.

To receive the AOFAS room rate, watch for the direct hotel reservation link that will be provided to AOFAS members and other meeting registrants directly.

The Westin Diplomat offers a wide array of services and amenities including: shuttle between its golf and tennis location every 30 minutes, wired/wireless in-room internet access available at a reduced rate of $9.95/day, four uniquely distinct outdoor pools, full spa, supervised child care/activities, room service (24 hours), beach/pool bed, loungers, and umbrellas, complimentary bathrobes, poolside bar, fitness center, several restaurants on-site, in-room dining, shopping on-site, valet and self-parking, and more. The Westin Diplomat is a non-smoking facility.

Hertz is located conveniently across from the resort at The Diplomat Landing. For car rental reservations and information please contact them directly at 954-454-8914.

The AOFAS looks forward to seeing you in July!

October 17-19, 2013
AOFAS SPORTS INJURIES OF THE FOOT AND ANKLE COURSE
Course Chair: Thomas Clanton, MD
Hilton Americas – Houston, Texas
www.aofas.org/sportsinjuries

• New advances in the treatment of injuries of the recreational and career athlete
• Expert faculty and participant interaction opportunities through case presentations

Save the date

CME certificate reminder

All AOFAS members are asked to login to www.aofas.org and click on View CME Transcript to locate certificates available for convenient printing. If you see a 1.0 credit, it may indicate you did not submit a completed CME Verification Form or did submit one but did not fill in the exact credits you intended to claim. Contact the AOFAS at aofasinfo@aofas.org for additional needs.

The current AOFAS database reflects meeting attendance since July 2006 for meetings where the AOFAS processed registration directly. Specialty Day, for example, is registered through the AAOS, so certificates are available through the Academy at www.aaos.org.
2012 – It was a very good year (educationally speaking)

It is that time of year when the AOFAS reports a tally of its CME activities to the Accreditation Council for Continuing Medical Education (ACCME), the national organization that oversees compliance of the AOFAS with its accreditation criteria and policies. This process provides the AOFAS with an opportunity to reflect on the successes (and if applicable, its misses) of its educational program throughout the year. Overall, 2012 was a good year for the AOFAS – exceeding the stated strategic plan goal that “AOFAS will expand its role as the pre-eminent educator in foot and ankle.”

“Education is at the heart of our mission and, like all medical societies, we are constantly challenged to deliver to our members’ meaningful return on their membership dollars through comprehensive and wide-ranging educational opportunities,” reports Chris Coetzee, MD, Education Committee chair. “I’m pleased to report that the AOFAS is educationally sound and anxious to expand the organization’s programs through future innovations.”

The numbers are in

Based purely on numbers, the ACCME document reports that the AOFAS provided 74.5 hours of directly-sponsored CME credit hours. Additionally, the AOFAS co-sponsored education activities with the AAOS and AANA for another 38 hours of credit, creating a total of 112.5 of AOFAS-related hours of foot and ankle education. Over 5,000 registration forms from US and international members and non-members were processed for AOFAS and AOFAS jointly-sponsored courses and webinars in 2012. These numbers represent a significant growth in participants despite the challenges of the economy and time away from practices.

Something for everyone

Specialty Day 2012 attracted over 650 surgeons as well as allied health professionals, and the Annual Meeting in San Diego, under the chairmanship of Gregory Berlet, MD, brought in not only record numbers of attendees, but saw the largest number of abstracts submitted to date. The Pre-meeting Course on Regenerative Strategies and Emerging Technologies coordinated by Sheldon Lin, MD, and Eric Giza, MD, also saw record attendance. The Chicago-hosted Advanced Foot and Ankle Course, chaired by Bruce Sangeorzan, MD, sold out early and only the physical limitations of the meeting room kept additional registrants away. The biennial Complete Foot Care Course, under the direction of Steven Neufeld, MD, attracted a diverse and steadily growing audience of surgeons, nurses, physical therapists, podorthists, and trainers, making it one of the truly multidisciplinary programs offered within the orthopaedic specialty.

Education online

Recognizing that it is not easy to take time away from the office, especially for young surgeons who are still building their practices, the AOFAS rose to accept the challenge of providing online CME through its 2012 Webinar Series. Under the direction of Education Committee members Jeremy McCormick, MD, Bruce Cohen, MD, and Vinod Panchbhavi, MD, the nine webinars saw numbers of up to 350 registrants per broadcast. Expectations are equally high for the 2013 Webinar Series, as well as other technology-based learning opportunities currently being developed.

Collaboration and optimism

The AOFAS was pleased to partner with the AAOS in November on joint sponsorship of the International Orthopaedic Foot and Ankle Symposium (IOFAS) held in Orlando. Under the leadership of Drs. Steven Haddad, Robert Anderson, Charles Saltzman, and Cao Nery, over 160 surgeons, many of those new to the foot and ankle specialty, convened for a stimulating and comprehensive three days of didactic and breakout sessions, Sawbone labs, and a joint session with the pediatric orthopaedic surgeons.

Working with the AANA, the AOFAS was also pleased to provide ongoing support to the annual surgical skills educational course held in September at the Orthopaedic Learning Center in Rosemont.

Helping tomorrow’s surgeons

Focusing on educating and mentoring the next generation of orthopaedic foot and ankle surgeons, the AOFAS offered numerous resident scholarships to attend its Annual Meeting as well as the IOFAS in 2012. Made possible by the Orthopaedic Foot & Ankle Outreach & Education Fund (OEF) with industry support, 28 residents attended the Annual Meeting on scholarships and with industry support to the OREF, six residents received scholarships to attend the IOFAS.

The AOFAS is appealing to tomorrow’s surgeons with opportunities for enhanced student-faculty interaction on the foot and ankle curriculum. This outreach by the AOFAS has resulted in a positive return on its scholarship investment as 56% of Resident Scholars over the past three years have applied for foot and ankle fellowships. (See companion article from IOFAS Resident Scholars on page 9.)

The future of foot and ankle education

“Focus groups with members and surveys conducted throughout the year have helped us better understand how we can enhance our meetings to keep both content and presenters fresh and compelling,” says Dr. Coetzee. “The AOFAS has developed a reputation for creativity and innovation among medical meetings and the Board of Directors and the Education Committee will continue to address members’ demands for high caliber educational opportunities.”

Initiatives to support members in meeting their MOC requirements, including journal CME, and other new delivery methodologies, all ranked high on the 2012 Education Survey and are being investigated and integrated into the AOFAS educational opportunities.

“Our goal for upcoming educational courses, webinars, and other offerings is simple – we want to be the organization where everyone turns for information on foot and ankle surgery,” says President Lew Schon, MD. “It is clear the AOFAS has built a strong brand and bond with its members and partners to promote patient safety through ongoing educational initiatives.”

AMERICAN ORTHOPAEDIC FOOT & ANKLE SOCIETY
Residents benefit from scholarship offering

Six orthopaedic residents interested in enhancing their exposure to foot and ankle were selected to attend the AOFAS / AAOS International Orthopaedic Foot and Ankle Symposium, held November 29 – December 1 in Orlando, Florida.

The IOFAS Scholarship Program was developed and implemented by the AOFAS Awards and Scholarships Committee, A. Samuel Flemister, MD, chair, and funded by the OREF with support from Amniox Medical and Stryker.

“The goal of the program was to provide an educational opportunity for orthopaedic residents to further enhance their awareness of foot and ankle and to highlight the benefits of a career in the subspecialty,” says Dr. Flemister.

Feedback from Resident Scholars

• “This was a unique chance to learn more about the field through lectures on clinically relevant topics as well as networking opportunities with leaders in the field. It further solidified and enhanced my interest in foot and ankle surgery. This was an especially valuable experience given the limited exposure I have to this subspecialty at my home residency program. I feel strongly about uniformly improving the foot and ankle experience across all orthopedic residency programs throughout the country so more residents can see how exciting and dynamic this subspecialty is.”
  Abraham Kim, MD

• “Many times these conferences can be a bit overwhelming from the resident perspective given their size and the prestigious background of many of the attendees, however, the fact that we were greeted with a faculty mentor to help us navigate the conference and meet other faculty made the experience much more beneficial. It was impressive to be amongst the top foot and ankle surgeons in the country and intimately learn from them through Sawbones sessions and small group panels. The experience solidified my decision to enter the field.”
  Eva Asomugha, MD

• “The education was phenomenal and I could not have attended without being selected as a Resident Scholar. This experience definitely educated me as to the multiple avenues within the foot and ankle specialty, more than I originally expected, so much so that I want to learn more.”
  Stuart Saunders, MD

• “The most beneficial aspect was hearing the differing opinions of experts at the end of each lecture session. These discussions put the challenges that we face as orthopaedic surgeons-in-training into perspective. A lot of times there is not one right answer to a certain problem. Our encounters with patients give the experience required to develop our problem solving abilities. At this meeting, I was introduced to the global foot and ankle community. I am excited for my future in foot and ankle surgery. The conference solidified my interest in F&A.”
  Garrett Pangrazzi, MD

Of the six scholars who attended the symposium, four have since applied for membership in the AOFAS.

Residents invited to apply by March 1 for scholarships

Orthopaedic residents have another opportunity to discover the rewards of a career in foot and ankle. The AOFAS Resident Scholarship Program 2013 provides access to the upcoming AOFAS Annual Meeting, July 17-20, 2013 in Hollywood, Florida.

Selected award recipients will have their registration fees covered for the Pre-meeting Course: Complex Reconstructions: New Advances and Old Favorites and the Annual Meeting general sessions, along with admission to the Young Physicians Forum. Scholarships also provide four nights lodging and a transportation stipend.

The program is open to all PGY2 and PGY3 orthopaedic residents in the US and Canada. Program directors and AOFAS members are asked to encourage their residents to apply for this opportunity. Complete information and the application form are available at www.aofas.org (Residents & Fellows).

WEBSITE CORNER

Members Only

Check back often to access member benefits such as abstracts, e-posters, etc. as they become available.

**Registration Note:** Please register separately for each meeting, course, or webinar listed below.

**Register for a Meeting/Course**
- Orthopaedic Lessons of the Toluca Webinar (9/23)
- Controversies in Sports Injury in Treatment & Rehabilitation Webinar (6/16)
- Trauma Webinar (6/19)
- Cases vs Tendons: Transfers Webinar (3/29)
- The Anterior Ankle Joint Biomechanics Webinar (6/17)

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Members Only page

View the Members Only page for links to courses and content, FAI online, CME certificates, your member profile, and more. Login and you will be automatically redirected to this page. Otherwise click Membership on the menu bar and choose “Members Only.”
AOA invites orthopaedic fellowship programs to CORD Program

The American Orthopaedic Association’s (AOA) Council of Orthopaedic Residency Directors (CORD) Program promotes excellence in musculoskeletal graduate medical education (GME) by facilitating the exchange of ideas and best practices among leaders, faculty and administration in orthopaedic training programs.

The CORD Program is now actively reaching out to include:

- Accreditation Council for Graduate Medical Education (ACGME) - accredited US fellowship programs
- Non-accredited US fellowship programs
- Canadian residency programs
- US osteopathic orthopaedic programs

CORD discussion topics vary and include GME financing, understanding Next Accreditation System (NAS), obtaining funding for resident research/travel, faculty development, dealing with the problem resident/faculty member, setting up a resident quality improvement project, and more.

CORD resources, along with networking, attending annual conferences, and exchanging in dialogue with current fellowship programs, provide value to fellowship directors. In addition, CORD program tools, objectives, best practices, and assessments will also help fellowship programs maintain ACGME accreditation. With a variety of new perspectives in this changing health care environment, orthopaedic faculty will be able to improve the solutions and best practices across the spectrum of training programs.

For more information about the AOA’s CORD Program, membership, or to refer a fellowship program: visit www.aoassn.org, e-mail cord@aoassn.org, or call 847-318-7330.

EDUCATIONAL OPPORTUNITIES Current as of 1-31-13
Visit www.aofas.org (Education / Calendar) for ongoing program updates.

AOFAS Members: Login to www.aofas.org for online registration at member rates.

March 23, 2013
AOFAS SPECIALTY DAY 2013
AOFAS President: Lew Schon, MD
Program Chairs: John Anderson, MD; Donald Bohay, MD
McCormick Place – Chicago, Illinois
Program: www.aofas.org/specialtyday • Registration: www.aaos.org

May 16-18, 2013
AOFAS SURGICAL COMPLICATIONS OF THE FOOT AND ANKLE COURSE
Course Chair: Mark Easley, MD

July 17-20, 2013
AOFAS ANNUAL MEETING 2013
AOFAS President: Lew Schon, MD
Program Chairs: John Anderson, MD; Donald Bohay, MD
Pre-meeting Course (July 17): Complex Reconstructions: New Advances and Old Favorites
Course Chair: Christopher Chiodo, MD
The Westin Diplomat – Hollywood, Florida • www.aofas.org/annualmeeting

September 28-29, 2013
AANA/AOFAS MASTERS EXPERIENCE: FOOT & ANKLE ARTHROSCOPY
Orthopaedic Learning Center – Rosemont, Illinois • www.aana.org

October 17-19, 2013
AOFAS SPORTS INJURIES OF THE FOOT AND ANKLE COURSE
Course Chair: Thomas Clanton, MD
Hilton Americas – Houston, Texas • www.aofas.org/sportsinjuries

AOFAS WEBINAR SERIES 2013 • (8:00 – 9:30 pm CT) www.aofas.org/webinars

Registration is ongoing for any or all sessions. The Live Series is FREE for AOFAS Members and all orthopaedic residents/fellows (training program verification required) and is available for a fee to non-members. Registration closes on the Sunday prior to each live broadcast.

Subscriptions to access recordings from past and upcoming sessions are available for purchase and may be viewed for one year after purchase. Live webinars provide 1.5 CME.

January 15, 2013 – Recording available
BEST OF AOFAS 2012
Moderator: J. Chris Coetzee, MD

February 19, 2013
OSTEOCHONDRAL LESIONS OF THE TALUS – STATE-OF-THE-ART
Moderator: Richard Ferkel, MD

April 16, 2013
CONTROVERSIES IN THE TREATMENT AND REHAB OF SPORT INJURIES OF THE FOOT AND ANKLE
Moderator: Brian Donley, MD

June 4, 2013
TRAUMA
Moderator: David Thordarson, MD

August 20, 2013
CAVUS vs TENDON TRANSFERS
Moderator: Bruce Sangeorzan, MD

September 17, 2013
THE ARTHRITIC ANKLE: GOLD STANDARD GOLD SCHMANDARD
Moderator: Steven Haddad, MD

October 8, 2013
OITE REVIEW: FOOT AND ANKLE
Moderator: Scott Ellis, MD

November 12, 2013
FOREFOOT: BUNIONS
Moderator: J. Chris Coetzee, MD

December 10, 2013
TENDON: PERONEALS
Moderator: Eric Bluman, MD, PhD

AMERICAN ORTHOPAEDIC FOOT & ANKLE SOCIETY
Are your dues still due?
In mid-November the first e-invoicing for 2013 annual membership dues went to all members, except for those in the process of applying and those in the process of elevating to a new level. The payment deadline was February 1. Anyone whose payment was not processed by that date has already been contacted via e-mail. If you did not receive a receipt for payment or an e-mail reminder about outstanding dues, please contact Lois Bierman at LBierman@aofas.org to bring your account current so you continue to receive your full member benefits. Printed invoices are always available upon request.

Stay current, stay informed
The AOFAS uses your work and home contact information for several purposes. Please monitor your member profile on occasion to be sure your record is up-to-date. You may view first using the online public directory to see the public/patient view. Then also view by logging into the system to see either the same directory listing and/or your member profile.
Submit edits online, adding notes in the Comments Box as needed, and know that these edits will be made by staff within a few days. You may also send edits directly to membership@aofas.org.

- **AOFAS Communication:** The Society uses the mailing address and e-mail you have designated as “preferred.” You may change that designation from work to home or vice versa at any time. Be sure to always have the most direct e-mail on file as there is increased messaging in this manner and you do not want to miss important AOFAS news.
- **Home Mailings:** The AOFAS occasionally mails Annual Meeting program, housing, activities, and local area information to members’ home addresses to allow more convenient viewing with family and friends who might be interested in accompanying you to the meeting destination. If your home address is not your preferred mailing address and is not currently on file, please consider adding it for future mailings. If not on file your work address will be used.
- **Public Directory:** Name and contact information for members-in-practice appears on the AOFAS website within **Find a Member.** Only work contact information is shown; no personal information is ever displayed. If your practice/company has a website that would be advantageous for the public to view, please be sure to notify the AOFAS to include it.
- **Colleague Contact:** All members may login to the AOFAS website then click on **Find a Member** to locate additional member contact information including e-mail and cell phone (if approved by that member to be displayed). If you do not login first you will see only what the public is allowed to view.
- **Third-Party Distribution:** The Society provides work-only address information to third parties that have been pre-approved. The rental list policies and form are featured online.

**FAI benefit now delivered in two ways**
Your monthly copy of *Foot & Ankle International* will continue to be mailed to your preferred address on file. Issues sent to US members should arrive by the middle of the current month. International Members should receive each issue within 4-6 weeks of mailing. If receipt of your issue ever exceeds this timeline by more than a few weeks, please contact the AOFAS Executive Office to confirm your preferred mailing address is accurate.

Newly offered beginning January 2013, all AOFAS members whose dues are current for the calendar year, may access online not only the current issue of *FAI* but also all archived issues dating back to 1980. Members must login to www.aofas.org and, from the Members Only page, click on the *FAI* link. Once on the publisher’s *FAI* page, do not login again. An e-mail was sent to all members in early January that included AOFAS website login details. Write to aofasinfo@aofas.org if you need your login again or have any other questions about online access.

**Classified ad**

**Capital Region Orthopaedics**
1367 Washington Avenue, Suite 200
Albany, New York 12206
518.489.2666
www.capitalregionorthopaedics.com

**Foot and Ankle Surgeon**
Capital Region Orthopaedics (CROA), a regional leader in orthopaedic care in the capital district of upstate New York is seeking to add a board eligible/board certified Foot and Ankle fellowship trained surgeon. Capital Region Orthopaedics is a 32 physician group enjoying a 50 year history with a strong affiliation with Albany Medical Center, a level one trauma center. Capital Region Orthopaedics has in-house radiology, physical therapy and a state of the art surgery center. We enjoy a robust and expanding patient base and opportunity exists to build a focused foot and ankle or general orthopaedic practice. Call responsibilities are equitable and are conducive to a comfortable lifestyle. We have access to the majestic Adirondack and Catskill mountains and are short drive to New York City and Boston.

**Interested candidates may forward a current CV to:**
John A DiPreta, MD
(P) 518-489-2666 (F) 518-292-2667

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www.twitter.com/aofas
Fellowship applications steady for 2013 match

A total of 65 fellowship positions are currently being offered by 41 programs in the 2013 Orthopaedic Foot & Ankle Fellowship Program Match for 2014-15 fellowship positions. Applications for foot and ankle fellowship positions are running strong this year with 70 applicants having submitted application materials by the end of January. In the 2012 match, the AOFAS received 80 applications by match day. The final applications received for the previous years were 76 (2011) and 53 (2010).

“We are encouraged that there continue to be a large number of residents pursuing foot and ankle fellowships,” says Daniel Farber, MD, chair of the Society’s Fellowship Match Committee. “We have had very good feedback from fellowship directors on the number and quality of applicants in the past few years.”

The match is designed to be a transparent, unbiased process in which applicants are matched to foot and ankle fellowship programs on a competitive basis. The AOFAS administers the application receipt and distribution process while the administration of rank lists and the match process is handled by the San Francisco Matching Service (SF Match). For 2013, the Fellowship Match Committee decided to make the application process easier by offering residents the option of having their reference letters sent directly to AOFAS for distribution rather than requiring letters to be sent directly from the referrer to each program. Both applicants and program directors have expressed appreciation for the newly streamlined process.

The AOFAS will accept applications through March 4, 2013, although the deadlines for some programs have already passed. Programs may conduct interviews through March 23, 2013. Applicants and programs must submit their rank lists to the SF Match by March 26, 2013 and match day will be April 2, 2013. For more information on fellowship programs, visit www.aofas.org.
## 2012 OEF Annual Appeal Individual Donors

The AOFAS and the Outreach & Education Fund (OEF) gratefully acknowledge and thank the following individuals for their charitable donations to the OEF in support of research, educational outreach, and humanitarian service.

The information below reflects donations made to the OEF between January 1, 2012 and December 31, 2012 and donations to the Orthopaedic Research & Education Foundation (OREF) with a designated gift to the OEF as of December 31, 2012.

The AOFAS and OEF gratefully acknowledge gifts received. Be assured that every effort is made to avoid errors. If your name has been accidentally omitted or reported incorrectly, please accept our sincere apologies and notify the AOFAS Executive Office.

**IMO - In Memory Of**

**IHO - In Honor Of**

**IMO - In Memory Of**

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  - Anonymous
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### OEF Legacy Donors

The AOFAS and the OEF gratefully acknowledge contributions of the following individuals using a deferred giving instrument such as life insurance, bequest or trust, through February 5, 2013.

- Lovell Gill, MD
- Pierce Scratch, MD
2012 OEF Corporate Donors
The AOFAS and OEF gratefully acknowledge and thank corporations that have generously contributed to advance the mission of the AOFAS through their donations to the OEF or designated through the Orthopaedic Research and Education Fund (OREF) from January 1, 2012 to December 31, 2012.

The mission of the OEF is to promote and execute the mission of the AOFAS in advancing education, research, and humanitarian endeavors. The OEF is a separate 501(c)(3) organization affiliated with the AOFAS.

**Supramalleolar: $2,500 - $4,999**
Stacy Bacon, MD

**Talus: $1,000 - $2,499**
Bryan Den Hartog, MD
Daniel Lehman, MD
Sheldon Lin, MD
Lousanne Lofgren, CAE
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**Calcaneus: $500 - $999**
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Steven Shapiro, MD

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Christopher Jon Pearce, MBChB
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John DiPreta, MD
João de Carvalho Neto, MD
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Paul Docktor, MD
Robert Faux, MD
Kurt Konkel, MD
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Cristian Ortiz, MD
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Gabriele Verratti, MD
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Samuel Barouk, MD
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**SILVER LEVEL: $50,000 – $99,999**

**BRONZE LEVEL: $25,000 – $49,999**

**COPPER LEVEL: $5,000 – $24,999**

**COBALT LEVEL: $1,000 – $4,999**

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**Bledsoe**
Open call for AOFAS Members and Industry to STEP UP AND DONATE!
OEF Live Auction • OEF Silent Auction

Think Big!
Do you …
• Own a vacation property or timeshare?
• Have access to theatre or sporting event tickets?
• Possess uniquely autographed items?
• Make jewelry or have a flair for photography?
• Know someone who can offer a TV walk-on role?
• Other ideas? The grander the value, the higher the bid!

See Donor Form on next page
To start you thinking, here are some of the items auctioned in 2012:
New York Hotel/Theatre Packages • Football / Baseball Events in Chicago, New York and Boston
Vacation Getaways to South Dakota, Florida, Connecticut, New York, Maryland, Massachusetts, Ohio, and Maui

Troy & Judy Watson and family enjoy the benefits of winning the bid for a fun-filled Carolina Panthers weekend

The proceeds of this OEF fundraising event help support essential AOFAS programs in research, education, and humanitarian service.

Questions?
Write to LBierman@aofas.org or call 847-384-4382.
IMPORTANT: This event will include live and silent auction segments. A subcommittee of the OEF Board will determine in which segment your donated item will be featured. Donors are solely responsible for the transport and delivery of donated items, as applicable. All donated physical items must arrive at the Event at donor’s expense on Wednesday, July 17, 2013, no later than 12:00 noon (ET). The AOFAS will not accept earlier deliveries of donated items for transport to the Event. The AOFAS is not responsible for any damage, including without limitation loss or theft, of donated items before, during, or after the Event.

Category: Choose One (Use separate form for additional items)
- Vacation Getaways: Homes, Timeshares
- Sports: Tickets, Tours, Autographed Items
- Jewelry: For Men, Women, Children
- Entertainment: Tickets, Event Packages
- Travel: Cruise, Airline Tickets, etc.
- Other: ______________________________________________________

Approximate Retail Value (APR): $________ (fair market value)  Minimum Bid Acceptable: $________

Item Description (provide detailed copy for use in promotional materials; attach a separate page if needed):
___________________________________________________________________________________________________________________
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Delivery to Winning Bidder (how bidder will receive condo keys, event tickets, parking passes, other):
___________________________________________________________________________________________________________________

Prize Expiration Date: ____________________________________________ (should not exceed December 31, 2014)

Restrictions (e.g. activities: blackout dates, party size; property: no pets/smoking, dates, other …):
___________________________________________________________________________________________________________________

Disclaimers, if any, on donated item:
________________________________________________________________________________

Property Donation Specifics:
- Condo, house, other: ____________________________ Ownership – private, timeshare, etc.: ____________________________
- Full address: _________________________________________________________________
- Length of stay offered (days/ nights): ____________________________________
- Number of bedrooms, bed sizes: ___________________________________________
- Other sleeping areas/rooms: ________________________________________________
- Amenities: _________________________________________________________________
- Proximity to nearest town / attractions: _______________________________________
- Car included? Parking included? ____________________________________________

Submission: E-mail form to OEF@aofas.org or fax to 847-692-3315 by May 15, 2013
Photos: E-mail color photos of the item/property to be used in promotional materials to OEF@aofas.org

Donor Information (please print):

First Name ___________________________ Middle Initial ___________________________ Last Name ___________________________
Suffix ___________________________ Medical Degree ___________________________

Street Address ___________________________ City ___________________________ State/Province ___________________________
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Signature ___________________________ Today’s Date ___________________________