President’s Message
Foot and Ankle Updates

At its last meeting, the AOFAS board held a workshop on future planning. Over two days we discussed the salient issues that face our society and its members. I would like to share with you several of the key initiatives we passed.

1. We increased research funding for sports and trauma by $30,000. Our total research grants now total $80,000/year. These grants are provided through our Outreach and Education Fund. While a main focus of our society is reconstruction, sports and trauma of the foot and ankle are an essential aspect of our educational mission. Increased research funding reflects our commitment to these aspects of our society.

2. The board approved specific guidelines for AOFAS industry relations. These guidelines are printed in their entirety on page 3. We also established a new Industry Relations Committee to ensure that any future industry interactions are consistent with our guidelines and the mission of the AOFAS. I believe that a judicious involvement with industry can improve our already excellent educational courses. An example of this is the one day trauma course to be held on July 28, the day before the annual summer meeting in Seattle. The AOFAS academic sessions will be in the morning. The industry run bioskills sessions will be in the afternoon. We could not provide this type of course without industry cooperation, and the synergy of the morning and afternoon sessions should make this one of the premier educational opportunities of the year.

3. We have revamped the nomination process for positions on the board of the AOFAS. In the future, nominations for the board Nominating Committee will be gathered at the winter meeting and online. The vote for that committee will be by written ballot, fax or online. One of the great strengths of our society is the diversity of our membership. An inclusive, transparent nomination process is critical to assure that no group or individual is excluded.

4. The AOFAS will contribute toward a specialty lobbyist in the Washington office of the American Academy of Orthopaedic Surgeons. The AOFAS will fund this new position, along with several other specialty societies and the AAOS. Partnership with the AAOS in political advocacy will provide a clear AOFAS voice in Washington. In general, our close involvement with the AAOS is beneficial to both of our organizations. I strongly encourage you to apply for any of the AAOS committee/council positions that are available. The deadline is soon. Simply log onto AAOS.org and click on “committee/council vacancies” for information on how to apply.

5. Our aofas.org website will soon allow you to list all of your office locations. More importantly, you will be able to request a direct link to your personal web site. These listings and links will also appear on our separate footcaremd.com patient website, which includes a doctor locator for the general public. Our goal is to help patients find the best possible foot and ankle providers– our members. The number of visits to footcaremd.com continues to grow exponentially, as does our position on all major search engines.

6. I’d like to personally thank Aircast for its generous offer to support a $25,000 annual traveling fellowship over the next three years. This new program will be named the Aircast Outreach and Education Fund Traveling Fellowship. The full details for awarding the fellowship remain to be worked out by the newly established AOFAS Awards Committee. For more details on the traveling fellowship, see page 5.

Please contact me directly for any questions or comments at Gpfeffer@aol.com

I look forward to seeing you all in Seattle.

Glenn B. Pfeffer, San Francisco
President AOFAS

Seattle Hosts The Annual Summer Meeting

Join us for the American Orthopaedic Foot and Ankle Society’s 20th Annual Summer Meeting to be held in Seattle, July 29-31 2004. You will enjoy your visit to this beautiful city with outstanding attractions and perfect summer weather. You can register for both the Summer Meeting and the Master Techniques in Foot & Ankle Trauma course online at aofas.org or call Diane Fields at 1-800-235-4853, ext. 101.
Presidential Guest Speaker Addresses Third World Medicine

One of the most intriguing speakers at this year’s annual summer will be Presidential Guest Lecturer David Werner, MD founder of HealthWrights-A Work Group for People’s Health and Rights. He will speak about his organization’s latest project, PROJIMO on Friday, July 30th from 9:05-9:25 a.m.

When translated from Spanish, the acronym PROJIMO stands for a Program of Rehabilitation Organized by Disabled Youths of Western Mexico. “This is a comprehensive rehabilitation program provided by disabled villagers” said Dr. Werner, “The rehabilitated villagers are trained through hands on learning to help.”

PROJIMO, is designed to teach villagers in Western Mexico to treat each other, while also involving orthopaedic surgeons in the United States willing to operate on many of the severe cases of disability due to foot and ankle deformities, injury or improper treatment. “We have brought children in need of orthopaedic surgery to the Shriners Hospitals here in the United States,” said Dr. Werner, “However, we have hopes to start a liaison program with many orthopaedic surgeons here in the US.”

Recently, AOFAS president Glen Pfeffer, MD, became involved in this program. Dr. Pfeffer visited Mexico with his family where he saw a number of foot and ankle problems. “One thing that struck Dr. Pfeffer is that there were many inadequate surgeries done that needed to be fixed,” said Dr. Werner, “he is working towards arranging surgeries to be done in the US now.”

It is critical that both volunteer work, as well as funding for PROJIMO continues. The program receives no funding from the Mexican government, and operates on an annual $30,000 budget. Recruiting more volunteers is one of Dr. Werner’s goals.

For more information on PROJIMO, or other HealthWrights volunteer programs, visit their website at www.healthwrights.org

Master Techniques In Foot And Ankle Trauma

Don’t miss out on this exciting course preceding the Summer Meeting in Seattle on July 28th, 2004. Now with a reduced fee – only $50 for those registered for the Summer Meeting ($150 for non-Summer Meeting attendees).

Topics Will Include
- Talus Fractures
- Sports Fractures
- Calcaneal Fractures
- Ankle/Pilon Fractures

Outstanding Faculty
- Stephen K. Benirschke, M.D. (Seattle, WA)
- Thomas O. Clanton, M.D. (Houston, TX)
- Roy W. Sanders, M.D. (Tampa, FL)
- Paul Tornetta III, M.D. (Boston, MA)

Afternoon Bioskills Workshops
- Novel Approaches to Post-Traumatic Ankle Arthritis - Zimmer
- Innovative Technologies for Treatment of Post-Traumatic Angular Deformity – Smith & Nephew
- The Role of Biologics in Acute Trauma - DePuy
- Unique Solutions for Lisfranc and Chopart Injuries – Synthes

Presidential guest lecturer, James Weinstein, D.O., M.S., will speak at the Summer Meeting on Thursday, July 29th at 10:05 am. on “Healthcare in the new millennium: variations in musculoskeletal health care, the economic consequences, and solutions with a special focus on foot and ankle care”.

Dr. Weinstein is Professor and Chair, Department of Orthopaedic Surgery and Professor of Community and Family Medicine, Dartmouth Medical School, Hanover, New Hampshire. An internationally renowned researcher and investigator into variations in health care, he is founder of the Center for Shared Decision-Making at Dartmouth Hitchcock Medical Center and director of the newly-established Multidisciplinary Clinical Research Center in Musculoskeletal Health Care at Dartmouth.

An award-winning scholar (e.g., Bristol-Myers Career Research Award in Pain research, Kappa Delta Award), Dr. Weinstein is a very popular local, national and international speaker. Conversely, Dr. Weinstein has hosted dozens of visitors in the past three years from all over the world, eager to learn about the clinical systems and research designs Dr. Weinstein has developed over the years.

Dr. Weinstein was a member of the American Academy of Orthopaedic Surgeons Board of Directors and recently began a 10-year term on the American Board of Orthopaedic Surgery. This year he was nominated to the Institute of Medicine for his translational research.
Vision

The overarching principle of our cooperative effort with industry is to create a course structure that promotes the mission of the AOFAS without compromise to our academic, ethical or professional standards. Industry will present their sessions and we will present ours, while working in synergy to create a more exceptional course environment than would be possible alone.

Mission

The American Orthopaedic Foot and Ankle Society is a scientific and educational organization devoted to the development and dissemination of knowledge about the foot and ankle. It is tax exempt under section 501 C3 of the US Internal Revenue Code.

As the pre-eminent scientific and educational organization devoted to the foot and ankle in North America, the AOFAS recognizes its obligation to promote the highest quality research and education in this field. Our educational efforts are directed primarily to our members, but also to our patients and the public.

The quality of our academic meetings continues to improve and our public education efforts are unrivalled. Industry support has been instrumental to the success of our educational mission in many ways. Our relationship with industry, however, must never be allowed to compromise the integrity of our organization or distract us from our academic focus.

We believe that it is essential to our credibility as a scientific organization that the actions of the AOFAS are free from both real and apparent influence of individuals or business organizations that stand to gain financially from involvement in AOFAS sponsored activities. We have therefore established the guidelines listed below.

Recommendations

1. An Industrial Relations Council (IRC) will be formed. Members of the council will include the president, treasurer and chairs of the program committee, education committee and OEF foundation. The sixth member of the council will be the chair, appointed directly by the AOFAS board (rather than the committee-on-committees) for a three year term, renewable at the discretion of the board. The executive director of the AOFAS will participate on this council as a non-voting member.

The charges of the IRC will be:

- To coordinate all corporate and industry related fundraising for the AOFAS and OEF.
- To create a protocol for appropriate solicitation from and involvement with industry that is consistent with the mission of the AOFAS.
- To create a policy, for AOFAS board approval, on the use of sponsorship grant money.
- To decide which portions of our courses and meetings are suitable for corporate sponsorship.
- To supervise all aspects of corporate sponsorship at our courses.
- To determine how best to recognize companies that contribute to the AOFAS.
- To approve of all advertising, both AOFAS and corporate, that relates to corporate sponsored events.
- To review and formulate exhibitor finances.
- To report directly to the board of the AOFAS at the winter and summer meetings.

2. Guidelines of corporate sponsorship will include, but not be limited to the following:

- The sponsor will be an OEF donor.
- The course chairman will approve of the sponsorship.
- Industry sessions must be clearly labeled as corporate events. They will always be introduced as such by the course chairman.
- Industry sessions must be scheduled so as not to conflict with an AOFAS session, within the same course. An industry session will preferably be at the start or finish of an AOFAS program.
- The chair of the AOFAS educational session will not be the same person as the chair of the industry session.
- In an effort to avoid the perception of endorsement, we will attempt to avoid a single sponsor, when possible. Multiple sponsors are preferable, usually three or four.
- Industry sponsors will rotate from course to course. All appropriate sponsors will be solicited before a company is allowed to repeat sponsorship. There may be specific exceptions to this sponsorship rotation if approved by the AOFAS board.
- The AOFAS will not offer CME for industry sessions.
- The topic of an industry sessions will be approved of by the AOFAS in order to provide a cohesive educational program for course attendees.
- All industry sponsored courses will be under the purview of either the education committee or program committee. Course chairs and faculty will be appointed or approved of by one of these committees.
- Industry participants will be requested not to hold any competitive courses within four weeks of ours.
Support The Outreach And Education Fund

The AOFAS Outreach and Education Fund (OEF) membership campaign continues its fund raising efforts to support the future of the Society. Please join your colleagues in giving to the fund. The membership campaign was officially launched last July and AOFAS members have given $800,000 to the OEF. Over the next year, our goal is to raise an additional $800,000 in member contributions.

Member contributions at any level are welcome. We want a high level of participation and this is just as important as the amount pledged. By demonstrating our commitment, we further encourage corporate donors and others outside our organization to contribute.

OEF initiatives for 2004 include the following:

- $80,000 designated for research awards.
- $25,000 allocated for a traveling fellows program.
- $35,000 approved for foot and ankle philanthropic endeavors—currently, this allocation has been designated to support the 3rd year of a 5 year initiative to treat landmine victims and disabled children in Vietnam. It also supports sponsorship in Health Volunteers Overseas.
- To ensure that all funds donated to OEF are preserved solely to promote the mission of the fund, documents have been filed with the IRS to create a separate 501 C3 corporation.

A further update will be given at the Summer Meeting in Seattle. To add your support, use the pledge form inserted in this copy of InStride or download a form from the AOFAS website. Additional information, contact Jane Kennedy at 1-800-235-4853 ext 111. Remember all contributions to OEF are tax deductible.

Member focus: Why I gave to the OEF

InStride plans to feature comments from contributors in upcoming issues. In this issue, OEF Membership Campaign Coordinator Judith Smith, M.D., talks about why she gave to the OEF.

“I contribute to the Outreach and Education Fund because it ensures the future of excellence in orthopaedic foot and ankle care through education, research and service. As a member of the AOFAS, I believe it is important to donate to the OEF to support our society’s mission. It is important to show a large percentage of our members support the OEF to demonstrate to our corporate sponsors our commitment to the fund. Please join me in support of the Outreach and Education Fund.”

Judith Smith, M.D., AOFAS member since 1990.

Patient Communication Seminar A “Must Attend” At The 20th Annual Summer Meeting

A highlight of the Summer Meeting in Seattle will be a Friday afternoon seminar on “Increasing Patients and Profits Through Communication”. Presented by Daniel O’Connell, Ph.D., of the Bayer Institute for Healthcare Communication, the seminar will provide tools to communicate with patients in a more productive, efficient and cost effective manner.

“In this workshop we will describe the key communication and relationship building approaches orthopaedic surgeons need to have and apply them to clinical situations encountered regularly in practice,” said Dr. O’Connell. “The seminar will help identify current frustrations in communication with patients and the key interpersonal behaviors that patients expect from surgeons in even the briefest and most focused of medical encounters.” He noted that participants will also learn to apply these behaviors to clinical situations from videotaped cases and situations described by workshop participants. This exceptional training session will be offered at no cost on Friday, July 30th from 2-5 p.m.
Outreach And Education Fund Spending Objectives Set For 2004-2005

At its March meeting, the AOFAS Board of Director made decisions establishing how OEF funds will be spent during the upcoming year, and to define OEF’s future as a foundation. The Board agreed that funds will be spent in all three areas designated by the OEF mission for funding research, service and education.

Traveling Fellowship Program

In the area of education, a new Traveling Fellowship Program has been established with the support of Aircast, Inc. The Traveling Fellowship Program will provide $25,000 annually for young foot and ankle specialists to travel and visit with more experienced colleagues around the U.S.

The program will give the fellows the opportunity to expand their knowledge of foot and ankle procedures and participate in new learning experiences. Their visits will culminate in attendance at the annual Summer Meeting where the traveling fellows will present reports on their learning experiences. Aircast has supported a similar program overseas that will allow young American foot and ankle specialists to have new learning experiences overseas.

Foot and Ankle Research

OEF also will continue to support foot and ankle research. Last year, the Board agreed that the OEF would fund up to $50,000 annually for research projects. This year, the Board approved an additional $30,000 annually that can be spent for research in the areas of sports medicine, trauma and arthroscopy.

Foot & Ankle Humanitarian Efforts

The OEF also continues to support philanthropic/humanitarian foot and ankle efforts. The OEF mission to Vietnam will continue for the next three years. This year, OEF also provided funding for Health Volunteers Overseas (HVO), establishing AOFAS as an official HVO sponsor. This support has led HVO to consider developing a foot and ankle program in Peru.

The next OEF supported mission to Vietnam is scheduled to begin on June 8, 2004. “We will continue in our commitment to the landmine victims and disabled children in Vietnam,” said Pierce Scranton, MD, Chair of the OEF Committee. “During this past year’s mission, 6 children walked into the clinic for follow up that last year either crawled in or were carried.” Last year’s mission also put on the first ever American and Vietnamese specialty seminar on foot and ankle disorders.

Separate Foundation Status

Also while in San Francisco, the board established the OEF as a separate foundation. “We have applied to the IRS for C3 status so that the Outreach and Education Fund will be regarded as a separate foundation,” said Dr. Scranton. Since it’s inception in 2001, the OEF has attempted to develop sufficient funds to provide ongoing support for its mission. Establishing a separate foundation will allow OEF to sequester the money and protect it for future projects in all three areas of its mission.

AOFAS Sponsors Health Volunteers Overseas

The American Orthopaedic Foot and Ankle Society recently formed a partnership with Health Volunteers Overseas (HVO), a non-profit organization dedicated to improving the availability and quality of healthcare in developing countries.

The HVO works to improve healthcare availability around the world through volunteer training and education programs. As part of this new working relationship, the HVO hopes to recruit AOFAS members to participate in any of their 15 overseas programs.

The volunteer work of HVO supports the mission of the AOFAS Outreach and Education Fund to promote education and service in the area of the foot and ankle. “As part of our renewed and expanded humanitarian efforts, I am excited that the AOFAS will become a sponsor of HVO,” said Mark Myerson MD, AOFAS President Elect.

“Our focus as an organization is to send volunteers who will share their knowledge and skills with the local healthcare providers,” said Nancy A. Kelly, Executive Director of HVO. “The idea is that the volunteers are not going specifically to do the procedures but rather to teach, consult and mentor the local physicians to enable them to better perform those procedures in the future.”

The HVO currently recruits orthopaedic volunteers for all of their programs, but has recently begun planning a foot and ankle program. “We are looking at starting an initial program for foot and ankle surgeons in Peru,” said Kelly.

Dr. Myerson expressed enthusiasm towards the future collaboration between AOFAS and HVO. “We are privileged to have the benefit of education, access to health care and economic security,” said Dr. Myerson, “To be able to volunteer our time and help others through HVO is very important.”

Support for the HVO is certainly not the first time the AOFAS has used its resources to promote healthcare in developing countries. The Society’s Outreach and Education Fund has supported previous humanitarian endeavors such as the mission to Vietnam. “We must continue the work initiated by Pierce Scranton via our Outreach and Education Fund,” said Dr. Myerson. “HVO is the perfect vehicle for us to engage our members in volunteer efforts.”

The HVO website will promote the AOFAS as a sponsor and include a link to aofas.org. The AOFAS will also link to the HVO website. For further information on HVO, visit their website at www.hvousa.org.
20th Annual  Summer Meeting Seattle Area Attractions

The Summer Meeting in Seattle is rapidly approaching. Soon you will be able to enjoy the beautiful views, exciting events, and opportunities for adventure that await you in the Emerald City. From beautiful mountains, to breathtaking water views, Seattle is a city you won’t want to miss. Make your travel plans accordingly and take some extra time to explore the city and the Pacific Northwest. Here are some attractions you for which you will want to plan.

Experience Music Project (EMP)
This year’s Summer Meeting Social will be held at the EMP. We hope you will take advantage of this distinctive location and explore the 140,000 square feet of interactive exhibits and unique artifacts celebrating the past, present, and future of music. Become a rock star, or at least feel like one, at the EMP.
telephone: 1.877.EMP-LIVE (1.877.367.5483)
website: www.emplive.com

Monorail
When you’re downtown and want to get from the Seattle Center to Westlake, hop on board the monorail for a fun, unique way to get from here to there.
website: www.seattlemonorail.com

Space Needle
Built in 1962 for the World’s Fair, it has since become one of the most recognized structures in the world. Take a trip to the observation deck 520 ft above the city or elegantly dine in the Sky City rotating restaurant, giving you a 360 degree look at the city far below. Views from the needle are hard to beat!
website: www.spaceneedle.com

Museum of Flight
The Museum of Flight is home to 54 of the world’s most awe-inspiring airplanes, in addition to providing unique flight history and the evolution of aerospace. Watch videos, participate in hands-on workshops, and see the birth place of the Boeing Co.
website: www.museumofflight.org

Vancouver and Victoria, Canada
In less than 3 hours by car, and only a half hour by plane, you can reach the ‘international city’ of Vancouver, filled with great shopping and friendly people. The Victoria clipper offers exciting trips to and from Victoria daily from Seattle. Victoria is the provincial capital of British Columbia and the major city on Vancouver Island.
website: www.tourismvancouver.com
website: www.victoriaclipper.com
Mt. Rainier
Approximately 2 hours south of Seattle, Mt. Rainier National Park has it all. From hiking, camping, and helicopter tours; to the visitor’s center and peaceful nature walks, beautiful views are never hard to come by. website: www.mount.rainier.national-park.com

Woodland Park Zoo
Come take a look at Hansa, the youngest baby elephant at the Zoo, or partake in a jaguar feedings. The bird atrium, rose garden, nocturnal exhibits, and pony rides for the kids make the Woodland Park Zoo your destination for summer afternoon fun for all ages. website: www.zoo.org

Washington State Ferry Rides
Take a ferry ride over lunch and treat yourself to some of the most breathtaking Seattle skyline views the city has to offer. The ferry ride to Bremerton reveals one of Seattle’s finest views. Other day or afternoon trips can be taken around Puget Sound to Bainbridge Island, Vashon Island, or the San Juan Islands a bit further north. During the summer months, whale watchers flock to the San Juan Islands. If you visit the San Juan Islands, why not sign up for an exciting kayaking tour? website: www.wsdot.wa.gov/ferries website: www.go-whale-watching.com website: www.sanjuan.com

Seattle Aquarium
Quench your thirst for knowledge of the fascinating underwater world at the Seattle Aquarium. Take an up-close look at the famous Giant Pacific Octopus or see a pair of wolf eels in their new home. See, touch, and explore your curiosity here. website: www.seattleaquarium.org

Seattle Underground Tours
In 1889 a fire started by an overturned pot of glue completely burned down 35 blocks in downtown Seattle. Walls were erected to begin reconstruction on top of the debris. The street level you walk on now is approximately 32 feet above the original ground floor of Seattle businesses. Come take an exciting tour filled with commentary on the interesting history of a city built on top itself. website: http://www.undergroundtour.com

Seattle Art Museum
Get your fill of inspiring art at the Seattle Art Museum. With over 21,000 pieces of art and traveling feature displays, you won’t be disappointed by the city’s best art gallery. website: www.seattleartmuseum.org

Upcoming Events And Courses

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<tr>
<td>July 28, 2004</td>
<td>Masters Techniques in Foot &amp; Ankle Trauma, Seattle, Washington</td>
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<tr>
<td>December 1-4, 2004</td>
<td>3rd Congress Asian Federation of Foot and Ankle Societies, Mandaluyong City, Philippines</td>
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<tr>
<td>February 26, 2005</td>
<td>AOFAS Specialty Day, Washington, DC</td>
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<tr>
<td>May 17-21, 2005</td>
<td>AOFAS Sports Medicine Course, Scottsdale, Arizona</td>
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<td>July 15-17, 2005</td>
<td>21st Annual Summer Meeting, Boston</td>
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<td>September 15-18, 2005</td>
<td>2nd IFFAS Triennial Meeting, Naples, Italy</td>
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AOFAS Patient Website Traffic Continues To Grow

The AOFAS patient website, FootCareMD.com continues to grow in popularity. Traffic on the website has increased every month since its inauguration in January. Currently, the site receives an average of 815 viewers each day, and 2,500 search engine hits daily. This represents a 40% increase since February. Web visitors and page views have almost doubled in the last month. As the word continues to spread about FootCareMD.com, these numbers will continue to increase.

During the month of March, pages on cosmetic foot surgery received the highest number of hits. This followed the March news conference on the results of the cosmetic foot surgery survey conducted online at footcaremd.com.

Footcaremd.com includes a doctor locator with a point and click map that allows individuals to find foot and ankle specialists in their area. In addition to providing patient education on general foot and ankle problems and treatment options, the site allows individuals to keep up-to-date with current foot and ankle related news.

A new footcaremd.com flyer is now available for members to distribute in their offices. The flyer can be used to direct patients to the footcaremd.com website to find answers to their questions about foot problems and foot health. A copy of the flyer is included with this issue of InStride and also can be downloaded from the Society’s website at aofas.org.

Put All Your Practices And Your Website On The National AOFAS Patient Referral Map!

AOFAS is expanding the service capability of its National Online Doctor Referral Map which currently refers more than 1,000 visitors per month. This is your chance to “advertise” additional practice locations as well as your online Website for greater public visibility and access. Using this form, you may add up to three additional practice locations plus your Website address to the USA Doctor Referral Map on FootCareMD.com.

Simply fill in up to three additional practice locations, plus your Website address, to add them to the USA “Find A Foot M.D. Near You” Doctor Referral Map on FootCareMD.com. If you practice in additional cities, counties or states and would like patients to be able to associate you with such locations, this will enable patients in those geographic areas to find you.

Your primary practice location listing with AOFAS is free. The annual cost for each additional listing is $50 and will renew automatically each year during the enrollment month of June until cancelled. The cost to include a Website address is also $50. A free introductory period was in effect for Website addresses but now with the new registration year, there will be a charge to continue. If you would like to have your payment processed over the telephone instead of through this form, please call 1-206-223-1120, ext. 102.

Clinical Care Committee Builds Family Practice Education Program

The AOFAS Clinical Care Committee has been working hard to meet its goal that every health care professional with which our members work will know the Society. The committee's efforts have focused on developing alliances with several professional and patient advocacy groups.

A major project of the committee has been the development of a one-hour Powerpoint presentation for family practice societies on the Diagnosis and Treatment of Common Foot and Ankle Problems. The committee has contacted family practice societies in all 50 states offering to give the presentation. Currently, family practice state society meetings in eleven states have seen the presentation. The Powerpoint is now available to AOFAS members for presentation to local primary care physician groups, and can be obtained from the AOFAS office.

The Clinical Care Committee will represent AOFAS at the American Association of Diabetic Educators 2004 national meeting in Indianapolis. The committee also has submitted applications to present at the National Family Practice Meeting, the National American College of Rheumatology Meeting and the National Association of Orthopaedic Nursing Meeting. The AOFAS continues to be represented on the Board of the Pedorthic Footwear Association. In addition, the committee is working to develop relations with the Physical Medicine and Rehabilitation Society and the Charcot Marie Tooth Disease support group as well as other patient support groups.

For a copy of the primary care presentation, contact Marlene at the AOFAS office, 206-223-1120, ext. 102.
Footwear Committee Promotes Healthy Shoes

The AOFAS Orthoses and Footwear Committee continues to educate consumers by providing quality information on footwear and orthotic-related issues. In the past year, the committee developed the “Ten Points for Purchasing Protective Footwear” brochure in partnership with the Pedorthic Footwear Association. This brochure is available for purchase from the AOFAS office and single copies can be downloaded from the aofas.org website. The brochure also can be found on footcaremd.com at “Guides and Features, Shoe Selection and Safety”.

The committee has promoted the “10 Points for Purchasing Protective Footwear” brochure to shoe manufacturers through direct mail and through a visit to a visit to the World Shoe Association (WSA) convention in Las Vegas, February 2004. Committee member Michael Strauss, M.D., attended the convention where he introduced the brochure to footwear manufacturers from across the country. This visit opened the door for future cooperation between the AOFAS and WSA. The committee hopes to promote a “We Care, We Share” attitude with the manufacturing industry, and encourage manufacturers to promote the ten points.

The committee also is working with the Gap, a major international clothing store, to promote AOFAS recommendations on proper shoe fit and children’s shoes. Committee member George Kartalian, M.D., has negotiated with Baby Gap to use AOFAS recommendations for children’s footwear in their fall sales of children’s shoes.

Committee member Sameh Labib, M.D. has held discussions with the United Parcel Service about posting on their website the “Ten Points for Purchasing Protective Footwear”. Additional contacts have been made with specialty magazines and the American Association of Retired People (AARP) to promote AOFAS recommendations on footwear through short articles and links provided to the Society’s footcaremd.com website.

During the upcoming year, the committee plans to continue promotion of the AOFAS guidelines for footwear with industry and consumer groups. The committee also plans to work with the PFA to update the children’s footwear brochure. In addition, the committee hopes to work with industry contacts to provide basic information on orthotics and their proper role in foot pain management.

Academy Holds Cosmetic Foot Surgery News Conference

During the Academy Meeting in San Francisco, AOFAS members Sharon Dreeben, M.D., La Jolla, CA; Nancy Kadel, M.D., Seattle, WA; and Glenn Pfeffer, M.D., San Francisco, CA, participated in a news conference on cosmetic foot surgery.

“Our main goal in holding the news conference was to publicize the complications and pitfalls from cosmetic foot surgery,” said Dr. Dreeben. “We wanted to let women know it may not be to their advantage in the longterm to have this surgery and let them know that they have other options,” said Dr. Dreeben. During the news conference, she reported on the results of the Society’s survey on public attitudes towards cosmetic foot surgery (see accompanying story).

Since the *New York Times* published a December 2004 story on the increasing popularity of cosmetic foot surgery, this issue has received widespread attention from news sources across the U.S., including CNN, who picked up the story in April. Several members of the Society have been interviewed on the topic. The AOFAS has taken a strong stand against this trend, issuing a position statement on cosmetic foot surgery in January. The AOFAS patient website, footcaremd.com was also mentioned at the news conference.

“Our secondary goal was to get out the word about footcaremd.com and to discuss our role as orthopaedists in the care of the foot and ankle,” continued Dr. Dreeben. Since the news conference there has been a 40% increase in visitors to the footcaremd.com website.

Results of Cosmetic Foot Surgery Survey

The results of the AOFAS public survey on cosmetic foot surgery were released at the AAOS news conference in San Francisco.

Over 200 respondents participated in the survey. Among the respondents, 58% said they would give up high heels if their doctor told them that wearing high heels would lead them to have foot surgery; however, 41% said they would not give up high heels under these circumstances.

When asked if having foot surgery was the only way they could wear high heels or improve the appearance of their feet, 71% said they would not have surgery; however, 9% said they would have surgery so they could wear high heels and 19% said they would have surgery to improve the appearance of their feet. Over 9% of those who had had foot surgery said that they had the surgery for solely cosmetic reasons.

The survey was developed by the AOFAS Public Education Committee and conducted online at footcaremd.com. The committee is currently conducting a footcaremd.com survey on the impact of obesity on foot problems. The results will be released later this year.
International Federation of Foot And Ankle Societies To Hold Triennial Meeting

The Second Triennial Scientific Meeting of the International Federation of Foot and Ankle Societies (IFFAS) will be held in Naples, Italy, September 15-19, 2005. Experts from around the globe will present at the scheduled symposia and free paper sessions and discuss current and principle topics pertaining to foot pathologies and reconstructive surgery.

An “Early Visitors Meeting”, to be held the day before the meeting on September 14, 2005, will feature discussions on bone healing improvement, total ankle replacement, and new surgical devices.

Sandro Giannini, M.D., IFFAS President Elect and local chairman for the event, encourages participants to stay for a longer visit. He notes that Naples is one of the most fascinating Italian cities with its natural, historic, and architectural beauty, not to mention succulent traditional Neapolitan cuisine!

“The participation of top experts in foot surgery, the presentation of current and interesting topics, and the venue of the meeting will undoubtedly attract numerous participants,” says Dr. Giannini. “The meeting also will enrich friendships among international colleagues and give registrants the opportunity to enjoy together the natural beauty of Naples.”

Call For Abstracts For IFFAS Triennial Meeting

The deadline for submission of abstracts to the IFFAS Triennial Meeting in Naples, Italy is January 31st, 2005. Orthopaedic foot and ankle surgeons around the globe are encouraged to submit. Authors will be notified of acceptance or rejection by March 31, 2005. You may submit your abstract through aofas.org or through www.globalfoot.org.

In Memoriam

Paul Brand M.D., lived a life devoted to his ideals, which were exemplary. He grew up in India, the son of missionary parents. His mother and father traveled the countryside caring for the poor in that vast country filled with poverty. Educated in Great Britain, initially as an engineer, he then decided on a career in medicine and returned to school to train as an orthopaedic surgeon. After finishing his studies, he returned to India where he spent approximately 20 more years. It was here, caring for patients with Hansen’s disease, that his observations led to his classic studies on insensate extremities. Some of his surgery was literally done by candlelight after traveling long hours to a distant clinic. His surgeries, observations, and research led to the basic understanding which underlies all of the care of insensate extremities. He realized that normal physiologic forces, when repeated frequently in a patient who is unable to compensate due to the lack of protection of pain, cause skin breakdown and ulceration. His subsequent research was done with sound and excellent scientific methodology.

F. William Wagner, Jr. M.D., a pioneer in the care of the diabetic foot, passed away on April 9, 2004, in his home in Idyllwild, California. He was 86.

He is memorialized in the “Wagner Classification” of diabetic foot ulcers, the first system devised and still the one most widely known, for lesions of the neuropathic foot. The system was devised together with his fellow, Bernard Meggitt, FRCS, of Cambridge, UK, in the early years of the now famous Diabetic Foot Service at Rancho Los Amigos Hospital in Downey, (L.A.), California.

In addition to his years at Rancho, Dr. Wagner had a private practice, and established the Wagner Foot Foundation, in Whittier, California. He championed the cause of the diabetic foot when it was not popular, or even recognized as the major health epidemic it is now known to be. A tremendous debt is owed to his foresight, perseverance, and idealism.

He was a fine teacher and a caring physician. He was impervious to the idea of defeat or even of pessimism. His optimism and generosity were contagious to his patients, their families, and to his students.

After retiring from his practice, he continued to contribute both at Loma Linda University Hospital, and in his community, where he and his wife volunteered as teachers at the Idyllwild Elementary School.

He should be remembered as a perennial contributor, an unselfish, and giving physician and surgeon.

Lowell H. Gill, M.D.
2004 AOFAS Research Grants Awarded

The AOFAS Research Grants Committee selected four proposals to receive grant awards of up to $10,000 from funds allocated by the AOFAS. The studies selected appear in the accompanying chart.

Congratulations to these outstanding individuals for their efforts toward the advancement of foot and ankle research and evidenced based medicine.

The AOFAS board has approved $80,000 for research projects in 2005, with $30,000 of this amount earmarked for sports medicine, trauma, and arthroscopy studies. Grants of up to $10,000 are available to AOFAS members and their colleagues for pilot studies focusing on Basic Science and Clinical research related to the foot and ankle. Grant applications will be accepted electronically beginning September 1, 2004. The application deadline is December 15, 2004. Please check the web link on www.aofas.org for details.

A. Samuel Flemister, Jr., M.D.
New Foot And Ankle Books Now Available

Two new foot and ankle books developed by the American Academy of Orthopaedic Surgeons in conjunction with the American Orthopaedic Foot & Ankle Society are now available for purchase through the Academy or online through aofas.org.

**Orthopaedic Knowledge Update: Foot and Ankle 3**, E. Greer Richardson, MD, Editor. OKU-3 is ideal for general orthopaedists wanting to learn more about disorders of the hallux, trauma, reconstruction and acquired disorders, neurologic disorders and injuries, and arthritic disorders. This is a research tool that you will want to reference frequently.

Item No. – 02589  
Price - $129.00  
Academy Price - $107  
Resident Price - $85

**Advanced Reconstruction: Foot and Ankle**, edited by James A. Nunley MD, Glenn B. Pfeffer MD, Roy W. Sanders MD, and Elly Trepmann MD. This book provides step-by-step surgical advice from the world’s leading orthopaedic foot and ankle surgeons. Includes a concise, problem/solution format that deals with 76 of the most challenging foot and ankle conditions. This book also comes with a free bonus CD-ROM.

Item No. – 02649  
Price - $200  
Academy Member Price - $160  
Resident Price - $130

Welcome New AOFAS Members

The following individuals were approved for membership in the AOFAS at the Winter Meeting in San Francisco.

**Active Members**
Gregory G. Caronis, M.D., Libertyville, IL  
Scott Herron, M.D., Murrieta, CA  
Keith P. Hughes, M.D., Lincoln, NE  
James A. Pearson, M.D., East Dubuque, IL  
Terry M. Philbin, M.D., Dublin, Ohio

**Candidate Members**
Mahesh R. Bagwe, M.D., Cincinnati, OH  
Timothy A. DuMontier, M.D., Polson, M.D.  
Daniel C. Farber, M.D. Mount Airy, M.D.  
Gregory P. Harbach, M.D., Summerville, SC  
Andrew Haskell, M.D., Burlingame, CA  
Matthew T. Kneidel, M.D., Mt. Pleasant, SC  
David P. Loncarich, M.D., Bellaire, TX  
Edward G. Magur, M.D., Cincinnati, OH  
John F. Priddy, M.D., Tyler, TX  
Matthew M. Roberts, M.D., New York, NY  
Matthew M. Roberts, M.D., New York, NY  
Nelson F. SooHoo, M.D., Los Angeles, CA  
Jason G. Stewart, M.D., Little Rock, AR  
Michael J. Willenborg, M.D., Sugar Land, TX

**Resident/Fellow Members**
Jamal Ahmad, M.D., Brooklyn, NY  
Bradley A. Barter, DO, Haddonfield, NJ  
Eric M. Blumas, M.D., PhD, Providence, RI  
Matthew M. Buchanan, M.D., Columbus, OH  
Margaret M. Chilvers, M.D., Tucson, AZ  
Zenia E. Cortes, M.D., Rochester, NY  
Michael P. Donahue, DO, Royal Oak, MI  
Jan-Eric Esway, M.D., Pittsburgh, PA  
James W. Gallentire, M.D., Ponte Vedra, FL  
John D. Galligan, M.D., Overland Park, KS  
Christopher B. Hirose, M.D., Houston, TX  
Carroll P. Jones, M.D., Boise, ID  
Thomas N. Joseph, M.D., Baltimore, M.D.  
Franz J. Kopp, M.D., New York, NY  
James A. LaLonde, M.D., Baton Rouge, LA  
Kevin J. Logel, M.D., Salt Lake City, UT  
Hemant V. Mehta, M.D., Dallas, TX  
Marc J. Michaud, M.D., Scottsdale, AZ  
Murali Moorothy, M.D., Glendale, CA  
Christopher W. Nicholson M.D., Columbus, OH  
John M. Noack, M.D., Houston, TX  
Mihir M. Patel, M.D., New York, NY  
Kevin Rosas, M.D., Milwaukee, WI  
Brian J. Rosenberg, M.D., Jeffersonville, IN  
Scott T. Sauer, M.D., Houston, TX  
Merdeith A. Warner, M.D., Metairie, LA  
Lisa R. Wasserman, M.D., Iowa City, IA  
Shane K. Woolf, M.D., Charleston, SC

**International Members**
Wesley P. Bevan, MBCHB, Wellington, New Zealand  
Derek T. Cooke, MB, Chir, Maberly, ON, Canada  
Karl J. Dom, M.D., Sirt-Miblaas, Belgium  
Fabrizio DeMarchi, M.D., Bollate, Milano, Italy  
Luis Heseguer, M.D., PhD, Murcia, Spain  
Eugene Kim, M.D., PhD, Seoul, South Korea  
J-Young Kim, M.D., Seoul, South Korea  
Karl Andre R. LaLonde, M.D., Ottawa, ON, Canada