AOFAS Advanced Foot and Ankle Course

A Case-Based Approach to Deformity Correction

January 16-18, 2014
Hilton La Jolla Torrey Pines
La Jolla, California

Course Chair: Thomas Lee, MD
Course Co-Chair: W. Hodges Davis, MD

www.aofas.org/advancedfoot
PROGRAM OVERVIEW
The Advanced Foot and Ankle Course is designed for fellowship-trained orthopaedic surgeons, general orthopaedic surgeons with an interest in foot and ankle surgery, and fellows in training who face complex issues in deformity and post-traumatic reconstruction. Whether it’s late-term deformity issues in the forefoot after failed surgery or common issues of arthritis and pain after hindfoot fractures, this course will review the pathogenesis of failure and the most recent strategies for salvage. A uniquely formatted course, complex cases will be used to highlight surgical technique and common pitfalls faced by the faculty and audience. Active audience participation will be encouraged, so bring your toughest case and stump the people who wrote the book.

DESCRIPTION AND FORMAT
An in-depth analysis of complex as well as common foot and ankle deformities, the course will include didactic discussions, video presentation and a case-based analysis on practical methods to achieve a satisfactory resolution to a myriad of complex and common problems. Expanded panel discussions and debate will be complemented by moderator directed presentations designed to enhance education through comprehensive discussions. Case analysis, approaches to deal with deformities using various methodology and faculty experiences with the newest advances and emerging technologies in the surgical and non-surgical approaches to the treatment of foot and ankle deformities, will be driven by faculty, moderator and audience discussion, debate and case presentations.

COURSE OBJECTIVES
Educational program goals are to facilitate higher levels of physician competencies, improve health care delivery and subsequent outcomes of patient care, promote the highest level of patient safety, and further advance the specialty of orthopaedic surgery of the foot and ankle. This course is designed to provide registrants with the knowledge and skills to:

• Describe, discuss and apply contemporary techniques for treating common and complex foot and ankle deformities
• Compare and contrast emerging surgical techniques through video highlights of deformity corrections
• Identify, evaluate and understand the mechanism of failure and dissatisfaction of routine foot and ankle procedures

Faculty and Course Information

COURSE CHAIR
Thomas H. Lee, MD
Westerville, Ohio

COURSE CO-CHAIR
W. Hodges Davis, MD
Charlotte, North Carolina

FACULTY
Robert B. Anderson, MD
Charlotte, North Carolina
Michael E. Brage, MD
Seattle, Washington
J. Chris Coetzee, MD
Edina, Minnesota
Michael J. Coughlin, MD
Boise, Idaho
Timothy R. Daniels, MD, FRCS(C)
Toronto, Ontario, Canada
Steven L. Haddad, MD
Glenview, Illinois
Simon Lee, MD
Chicago, Illinois
William C. McGarvey, MD
Katy, Texas
Murray J. Penner, MD, FRCS(C)
Vancouver, British Columbia, Canada
Michael S. Pinzur, MD
Maywood, Illinois
Charles L. Saltzman, MD
Salt Lake City, Utah
Bruce J. Sangeorzan, MD
Seattle, Washington
David B. Thordarson, MD
Los Angeles, California
Troy S. Watson, MD
Las Vegas, Nevada
Course Information

• Discuss current standards and alternative treatments for revision foot and ankle surgery including prestige goals and new post-operative standards of rehabilitation, immobilization, and anti-coagulation
• Determine and apply strategies to improve patient outcomes

TARGET AUDIENCE
This course is designed to educate the experienced foot and ankle surgeon as well as the general orthopaedic surgeon interested in expanding their scope of practice into foot and ankle, and post-residency fellows and residents who treat acute and chronic problems of the foot and ankle.

STATEMENT OF NEED
A need for this educational activity has been determined based on previous course evaluations, identified practice gap reporting and analysis, and the AOFAS educational curriculum. The content of this course was based on current issues and topics provided by AOFAS membership and leadership.

COURSE CONTENT
The AOFAS attests that the persons responsible for the development of this educational activity did so independently and were not influenced by commercial supporters. Companies providing grants and/or in-kind support of this CME course were not involved in course planning and did not influence the content in any way.

ACCREDITATION
The AOFAS is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

AMA/PRA CREDIT
The AOFAS designates this live educational activity for a maximum of 16.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE
The AOFAS requires all instructors, planners and other individuals in a position to control or influence the content of an educational activity to disclose all relevant financial relationships or affiliations during the past 12 months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on patients). All identified conflicts of interest must be resolved and the education content vetted by the AOFAS for fair balance, scientific objectivity and appropriateness. The AOFAS also requires faculty to disclose when off-label/unapproved uses of a product are discussed in a CME activity. All financial disclosures will be provided to meeting attendees in the final program materials.

DISCLAIMER
The methods, techniques and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty during this continuing medical education program are their own, and do not represent those of the AOFAS nor does presentation on the program represent or constitute endorsement or promotion by the AOFAS. The AOFAS expressly disclaims any warranties or guarantees, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions, or procedures expressed, presented or demonstrated. Faculty are required to disclose whether or not they, or their department, receive something of value from a commercial or other party which related directly or indirectly to the subject of their presentations. This disclosure is indicted in the course syllabus.

Some drugs and medical devices demonstrated in AOFAS courses have FDA clearance for use for the specific purposes or for use only in restricted settings. The FDA has stated that it is the responsibility of the physician to determine the FDA status of each drug or device he or she wishes to use in clinical practice, and to use the products with appropriate consent and in compliance with applicable law.
**CME Mission**

**EDUCATIONAL PROGRAM MISSION**

**CME Purpose:** The American Orthopaedic Foot & Ankle Society (AOFAS) is a non-profit professional organization committed to improving the medical and surgical care of disorders of the foot and ankle. The overall goal of the AOFAS CME program is to provide orthopaedic foot and ankle surgeons with the highest quality learning opportunities that are designed to advance physician competence, enhance practice performance, promote patient safety, and improve patient outcomes in the population served. The AOFAS CME programs are designed to respond to, and be reflective of, continuous assessment of needs as derived from scientific advances in the field of orthopaedic foot and ankle surgery and the needs and desires of AOFAS members. The AOFAS further seeks to provide orthopaedic foot and ankle surgeons as well as allied healthcare providers with educational programs and materials of the highest quality, to constantly improve the content and value of these educational activities and to promote research in all aspects of orthopaedic foot and ankle surgery and related sciences in the promotion of quality healthcare.

**Content areas:** AOFAS CME content identifies and addresses the treatment of all clinical issues related to foot and ankle congenital and acquired disorders, and is designed to meet the educational needs of AOFAS members, orthopaedic surgeons, fellows and residents, and healthcare providers engaged in the practice of treating disorders of the foot and ankle. Additionally, the AOFAS CME program provides content for topics such as effective management of an orthopaedic foot and ankle practice and other areas deemed relevant by the needs of the membership.

**Target audience:** The goal of the AOFAS CME program is to provide educational activities that support orthopaedic foot and ankle surgeons, general orthopaedic surgeons, physicians in related specialties, orthopaedic surgery fellows and residents in training, and allied healthcare professionals having an interest in the treatment of foot and ankle disorders.

**Types of activities provided:** The types of activities that comprise the AOFAS CME program include comprehensive annual scientific meetings containing seminars, symposia, papers, courses, clinical and practice management workshops, technology tips, and electronic posters as well as regional courses on clinical topics.

**Expected results of the program:** The expected results of the AOFAS CME program are to provide orthopaedic foot and ankle surgeons and other healthcare professionals with educational programs that address gaps in professional practice, enhance the participant’s competence and practice performance, improve patient outcomes, as well as contribute to lifelong learning among practicing orthopaedic foot and ankle surgeons. Specific expected results include:

- Increase member and non-member competence in treating disorders of the foot and ankle
- Promote the highest possible standards in clinical orthopaedic foot and ankle surgery practice
- Provide the target audience with a forum for the exchange of ideas and methodologies in the field of orthopaedic foot and ankle surgery and related medical and basic sciences
- Increase the body of knowledge existing in the field of orthopaedic foot and ankle surgery
- Provide educational opportunities to members in all aspects of orthopaedic foot and ankle surgery
- Provide an ongoing assessment of the impact of the AOFAS CME program and make modifications to existing activities and develop new activities as appropriate
HOTEL

Hilton La Jolla Torrey Pines
10950 N. Torrey Pines Road
La Jolla, California 92032
Phone: 858-558-1500
Fax: 858-450-4584

The Hilton La Jolla Torrey Pines offers a unique San Diego experience with a setting unlike any other in southern California. Located on the cliffs of La Jolla and overlooking the Torrey Pines Golf Course and the Pacific Ocean, the spacious guest rooms feature a private balcony or patio with magnificent views of the golf course, ocean or beautiful hotel gardens. A block of guest rooms is being held at the reduced rate of $219 single or double occupancy (plus applicable taxes) until Monday, December 23, 2013 or until the block is sold out, whichever comes first. This reduced rate is also offered three days pre and post meeting, based on availability. Hotel check-in time is 4:00 pm and check-out time is 12:00 pm. There is a 48-Hour Cancellation Policy for all hotel reservations and a $75 charge for all early departures.

Reservations:
- **Phone**: Reservations may be made online 24 hours a day, however to ensure the most efficient service call the Hilton La Jolla Torrey Pines directly at 877-414-8020 from 7:00 am to 7:00 pm, Pacific Time. Reference convention code AOFAS
- **Online**: Go to [www.hiltonlajollatorreypines.com](http://www.hiltonlajollatorreypines.com) Reference convention code AOFAS

AIR TRAVEL

AMERICAN AIRLINES is the preferred carrier for AOFAS meetings and offers a 5% DISCOUNT OFF ANY FARE to the San Diego area (SAN / LAX / ONT / SNA) for this meeting. The discounted fare is available the week prior to the meeting and the week after the meeting (January 12-19) to allow for any desired personal time.

Take advantage of the savings by using any one of the following reservation methods:
- **Online** at [www.aa.com](http://www.aa.com) Enter Promotional Code 5614AY in the designated field
- **Attendees in North America**: Call American Airlines Meeting Services at 800-433-1790 Reference Promotional Code 5614AY
- **Attendees outside North America**: To be eligible for AA discount on international flights, one pure AA flight must be in the reservation. Reference Promotional Code 5614AY

Tomi Gaudio is the preferred travel account manager for the AOFAS. For personal, professional service, contact her at:
- **Phone**: 847-348-3600 ext. 6 or 877-366-0366 (Toll Free)
- **E-mail**: tomi@progressivetravel.net

Please identify yourself as an AOFAS meeting attendee.

GROUND TRANSPORTATION

From San Diego International Airport:
- **Type**
  - **Super Shuttle**: $16 each way/shared
  - **Taxi**: $35-$45 each way

Parking/Driving
Parking information and driving directions to and from the Hilton La Jolla Torrey Pines, from the San Diego International Airport and other locations can be found at: [www.hiltonlajollatorreypines.com](http://www.hiltonlajollatorreypines.com)
THURSDAY, JANUARY 16

11:00 am – 8:00 pm
Registration

2:00 – 3:30 pm
Meet the Faculty / Share a Case
*Thomas Lee, MD, Chair*
*Hodges Davis, MD, Co-Chair*

3:30 – 4:00 pm
Break / Exhibits

4:00 pm
Welcome and Introduction
*Thomas Lee, MD, Chair*

SESSION I: Challenges of Bunion Surgery

4:05 – 5:30 pm
*Moderator: Hodges Davis, MD*

Faculty presentations to include:
- The Importance of the IM/HVA Angle to Bunion Surgery
- The DMAA and its Relation to Failure
- The Akin Osteotomy: When, Where, and Why
- When is the Lapidus the Only Way?
- Expanded Case Presentations and Discussion

SESSION II: 2nd MTP Instability

5:30 – 7:00 pm
*Moderator: Thomas Lee, MD*

Faculty presentations to include:
- The Anatomy of the Plantar Plate
- Dorsal Approach to the Plantar Plate
- Metatarsal Osteotomies
- What About the Floating Toe?
- Expanded Case Presentations and Discussion

7:00 – 8:00 pm
Welcome Reception
FRIDAY, JANUARY 17

6:30 am – 6:00 pm
Registration

6:30 – 7:30 am
Industry Satellite Symposia (Optional, no CME)

6:30 – 7:30 am
Continental Breakfast

SESSION III: The Abducted Foot and Challenges of the TMT Joint

7:30 – 8:55 am
Moderator: Steven Haddad, MD

Faculty presentations to include:
• Surgical Strategies for Lisfranc Injuries
• The Subtle Lisfranc Injury
• Surgical Salvage for Late Term TMT Deformities
• ORIF vs Primary Fusion for Lisfranc Injury
• Expanded Case Presentations and Discussion

SESSION IV: Charcot Deformity

8:55 – 10:15 am
Moderator: Michael Coughlin, MD

Faculty presentations to include:
• The Biology of Charcot Disease
• Wedge Osteotomies for Midfoot Charcot
• External Fixation for Charcot Deformities
• Strategies for TTC Rods
• Expanded Case Presentations and Discussion

10:15 – 10:45 am
Break / Exhibits

SESSION V: Tibio-Talar Trauma and Deformity

10:45 am – 12:15 pm
Moderator: Murray Penner, MD

Faculty presentations to include:
• Understanding Post Traumatic Pilon Complications
• Strategies for ORIF Talus
• Challenges of Talar Malunion and Nonunion
• Supramalleolar Osteotomy for Distal Tibial Malunion
• Expanded Case Presentations and Discussion

12:15 – 1:00 pm
Lunch
**SESSION VI: Calcaneal Fracture Malunion**

1:00 – 2:30 pm

*Moderator: Charles Saltzman, MD*

Faculty presentations to include:
- Strategies of ORIF Calcaneus
- MIS Calcaneus
- Corrective Osteotomies for Late Term Calcaneal Deformity
- Arthrodesis for Calcaneal Deformity
- Expanded Case Presentations and Discussion

2:30 – 3:00 pm

**Break / Exhibits**

**SESSION VII: Fractures Around the Ankle**

3:00 – 4:30 pm

*Moderator: Hodges Davis, MD*

Faculty presentations to include:
- Subtle Syndesmosis Injuries
- Current Concepts for Osteochondral Defects of the Talus
- The Failed Ankle Fracture
- Malunion of Distal Tibia: A Different Kind of Ankle Issue
- Expanded Case Presentations and Discussion

**SESSION VIII: Industry Update (no CME)**

4:30 – 6:00 pm

*Moderator: Thomas Lee, MD*

Session Objective: Learn what is new from device, plating and biologic companies.

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**SATURDAY, JANUARY 18**

6:30 am – 3:00 pm

**Registration**

6:30 – 7:30 am

**Breakfast / Exhibits**

**SESSION IX: Ankle Arthritis Deformity – Arthroplasty**

7:30 – 9:00 am

*Moderator: Michael Coughlin, MD*

Faculty presentations to include:
- One Stage Deformity Correction
Program Schedule (subject to change)

- Two Stage Deformity Correction
- Mobile Bearing vs Fixed Bearing
- Surgical Strategies for the Failed Total Ankle
- Expanded Case Presentations and Discussion

SESSION X: Ankle Arthritis Deformity – Fusion

9:00 – 10:30 am

Moderator: Steven Haddad, MD

Faculty presentations to include:
- Arthroscopic Ankle Fusion
- Anterior Plating
- External Fixation
- Deformity Correction vs In Situ Fusion
- Expanded Case Presentations and Discussion

10:30 – 11:00 am

Break / Exhibits

SESSION XI: Cavovarus Deformity

11:00 am – 12:25 pm

Moderator: Murray Penner, MD

Faculty presentations to include:
- Subtle Cavus and Lateral Overload Injuries
- Soft Tissue Strategies for Cavovarus Deformities
- Managing Ankle and Hindfoot Deformity
- Managing Midfoot and Forefoot Deformity
- Expanded Case Presentations and Discussion

12:25 – 1:10 pm

Lunch / Exhibits

SESSION XII: Medial Column Deformity – Flatfoot

1:10 – 2:40 pm

Moderator: Charles Saltzman, MD

Faculty presentations to include:
- Soft Tissue Reconstruction
- Calcaneal Osteotomies
- Midfoot Osteotomies
- Selective Fusions for Medial Column Instability
- Expanded Case Presentations and Discussion

2:40 pm

Closing Comments / Adjourn

Thomas Lee, MD
COURSE POLICIES

Course sessions, food functions and exhibits are for course participants only. The AOFAS regrets that spouses, families and unregistered staff are not permitted in these areas. If you have not received your registration confirmation within one week of your departure for the course, please contact the AOFAS Executive Office at aofasinfo@aofas.org or call 800-235-4855 or 847-698-4654 (outside US). The AOFAS will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

The AOFAS may photograph you as you participate in this course and related activities. These photos may be used by the AOFAS in future promotional materials.

If you do not consent to being photographed, please send an e-mail to registration@aofas.org by January 3.

Recording of the sessions is prohibited.

CANCELLATION / REFUNDS

Requests to cancel registration and obtain a refund must be received in writing at the AOFAS Executive Office by the key deadlines shown below.

Mail: 6300 North River Road, Suite 510 Rosemont, IL 60018
Fax: 847-692-3315
E-mail: registration@aofas.org

KEY REGISTRATION DEADLINES

December 20, 2013
Deadline for 100% Cancellation Refund

January 3, 2014
Deadline for 50% Cancellation Refund (Less $100 processing fee)

The AOFAS reserves the right to cancel the course 30 days prior to the course date. Should this occur, course registrants will be notified by mail at the address indicated on the registration form.

Persons who registered at least 30 days prior to the date of course cancellation will also be contacted by telephone. Registration fees will be refunded in full. However, costs incurred by the registrants, such as airline or hotel penalties, are the responsibility of the registrant.
AOFAS Advanced Foot and Ankle Course
If you are not an AOFAS or AAOS member, resident, fellow, non-member physician, or allied health professional, please contact the AOFAS Executive Office at aofasinfo@aofas.org or 847-698-4654 to determine your registration category.

PLEASE PRINT CLEARLY. Photocopy form for additional registrants.

Full Name: ___________________________ Degree __________
First Name/Nickname (for badge): __________________________
Company / Facility Name __________________________
Office Address __________________________

(CLOSE: This address will be provided to attendees and exhibitors.)

City __________________________ State/Province __________________________
ZIP/Postal Code __________________________ Country __________________________
Office Phone __________________________ Fax __________________________
E-mail (required for confirmation) __________________________

ADA Compliance: Indicate below any on-site needs (i.e. dietary, audio/visual devices, etc.) or send a separate e-mail to Registration@aofas.org by January 3 to receive service(s) requested.

REGISTRATION FEES (US Dollars)
One day registration is not available. All registrants must pay the full registration fee which includes course materials, admission to the sessions, exhibits, and indicated meals.

Login required. Please create new record ONLY if you do not already have one.

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TOTAL AMOUNT ENCLOSED $ ____________

PAYMENT (Please review Cancellation/Refunds policy)
☐ Check enclosed (payable to AOFAS)
Credit Card: ☐ VISA® ☐ MasterCard® ☐ AmEx®

Number _______ _______ _______ _______ _______ _______ _______
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Cardholder Name (please print)
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Cardholder Signature
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Credit card billing address if different than office address
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Payment required at time of registration. Allow 2-3 days for processing and e-mail receipt.

Credit card payments:
Online: www.aofas.org/advancedfoot
Login required. Please do NOT create a new record if you are an AOFAS Member or have attended an AOFAS meeting within the past six years.

Fax: 847-692-3315
Phone: 800-235-4855 or 847-698-4654 (outside US)

Check or credit card payments:
Mail: American Orthopaedic Foot & Ankle Society
22271 Network Place
Chicago, IL 60673-1222
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