International Orthopaedic Foot & Ankle Symposium
presented by AAOS and AOFAS

November 29 – December 1, 2012 • Orlando, FL

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Course Directors

Highlights:
• Chronic ankle ligament injuries
• Adult flatfoot alternatives
• Ankle osteoarthritis
• Midfoot deformities
• Total ankle replacement
• Peroneal and Achilles tendon

NEW!

International Orthopaedic Foot & Ankle Symposium
presented by AAOS and AOFAS
Covering state-of-the-art orthopaedic foot and ankle care

This dynamic new program combines lectures, concurrent sessions, hands-on bone model workshops and panel discussions to fill your knowledge gaps on today’s cutting-edge issues, insights, controversies and treatment of foot and ankle injuries and conditions.

In 3 days of intense learning experiences, you will gain evaluation and decision-making tips, technical “pearls and pitfalls,” and effective rehabilitation principles. Learn the latest on challenging foot and ankle conditions as well as injuries and disorders affecting patients of all ages that require specialized care. Select from concurrent and industry sessions to customize this learning experience to your specific interests.

A distinguished faculty of U.S. and international orthopaedic surgeons combines their foot and ankle expertise and stellar teaching ability to establish a distinctive new educational experience in both surgical and nonsurgical orthopaedic foot and ankle care.

Wireless and plugged-in! The in-program blogging feature increases opportunities to ask questions during the symposium. Bring your laptop or tablet pc to participate in these symposium interactions.

This course is designed to give you the knowledge and skills to:

• Diagnose and treat pathologies involving peroneal and Achilles tendons
• Apply contemporary strategies for treating chronic injuries to ankle ligaments
• Compare and contrast surgical and nonsurgical techniques for treating ankle osteoarthritis
• Appraise alternative treatments for adult flatfoot, and strategies to improve outcomes
• Compare and contrast various surgical treatment approaches to midfoot deformities
• Describe complications of bunion surgery, how to avoid them, and existing salvage options
• Apply contemporary techniques for treating problems related to adolescent foot deformities
• Diagnose and treat foot and ankle sports injuries in active teenagers
• Identify biomechanical implications of congenital/pediatric foot deformities and their long term sequelae

Who should attend this symposium?

• Orthopaedic surgeons specializing in foot and ankle
• Orthopaedic surgeons in general practice
• Orthopaedic residents
• Post-graduate orthopaedic fellows
• Medical professionals with an interest in foot and ankle

Special joint sessions with the 9th Annual International Pediatric Orthopaedic Symposium presented by POSNA and AAOS (IPOS)

The Academy would like to thank the American Orthopaedic Foot & Ankle Society® (AOFAS®) for the many contributions made by its members in the presentation of this program. The Academy and orthopaedic specialty societies work together to provide orthopaedic surgeons with the highest quality educational programs and publications. This cooperative spirit among colleague organizations is an important resource and valuable asset for the orthopaedic community.
THURSDAY, NOVEMBER 29

Morning 7:20 am – 11:45 am
WHAT’S LEFT TO TALK ABOUT WITH BUNIONS?
• Deceptions in Bunion Surgery
When Things Go Wrong
• Hallux Valgus: Are Tendon Transfers Effective?
• Scarf vs. Lapidus: The Showdown Part 1
• Scarf vs. Lapidus: The Showdown Part 2
Salvage My Bunion: Case Presentations/Discussion

Paging Dr. Lisfranc: It’s General Napoleon
• Soft Tissue Disruption: Right Down to the Intercuneiform Joints
• Collapse and a Shortened Medial Column: Salvage to Make It Just Like New!
Wait! I Thought You Said It Would Look Like New!: Case Presentations/Discussion

Afternoon 12:30 pm – 5:30 pm
CONCURRENT SESSION # 1 (12:30 to 2:50)
(Select one session to attend at the symposium)
CONCURRENT SESSION # 2 (3:10 to 5:30)
(Select one session to attend at the symposium)

Sawbones are Easier Than Real Bones: What Have You Just Learned?
(Select one session per time slot)
10:40 Scarf My Way OR Lapidus My Way
11:15 Midfoot Realignment My Way OR Lisfranc My Way

FRIDAY, NOVEMBER 30

Morning 7:00 am – 11:40 am
HINDFOOT DISORDERS
Posterior Tibial Tendon Dysfunction
• Looking at the Lateral Column: Preventing Overload
• Can the Correction Be Performed Through the Medial Column Only?
• Overcorrection: Too Much of an Arch Ain’t a Good Thing
Tendons Gone Wild: Case Presentations/Discussion

Cavus Foot
• Progressive Disorders: The Root of the Problem?
• The How-To on Tendon Transfers: What’s New?
• Undercorrection: What Else Can You Do?
Textbook Surgery May Not Be Enough: Case Presentations/Discussion

Sawbones Lab
(Participants will rotate through both sessions)
10:35 Osteotomies for Flatfoot
11:10 Osteotomies for Cavus Foot

Afternoon 12:30 pm – 5:45 pm
HANDS-ON INDEPENDENT INDUSTRY
EDUCATIONAL SESSION #1
CONCURRENT SESSION # 3 (2:00 to 4:20)
(Select one session to attend at the symposium)
HANDS-ON INDEPENDENT INDUSTRY
EDUCATIONAL SESSION #2

SATURDAY, DECEMBER 1

Morning 7:00 am – 12:00 pm
ANKLE DISORDERS
Ankle Instability
• Why I Supplement: The Modified Brostrom Lacks Octane
• The Subtle Cavius: Unilateral/Bilateral: Do You Have to Cut the Heel?
• When Things Go Wrong: Revising the Failed Reconstruction

Why Can’t I Just Brace It?: Case Presentations/Discussion
Ankle Arthritis: Saving The Joint
• Osteotomies of the Tibia: Best Practices
• The Role of the Fibula: Lengthening and Shortening
• Distraction Arthroplasty: How I Do It
• Journal Club

Lesser Toe Mania
• Biomechanics of Lesser Toe Problems
• Hammer, Claw, Mallet. Am I a Blacksmith?
• Implants vs. Wires
• The Crossover Toe: Ligament Imbalance at its Finest
• Distal Metatarsal Osteotomies: Good, Bad, and Elevatus
Toes Gone Wild: Case Presentations/Discussion

Best Papers: Defending Your Life.
Faculty Paper Presentation, Rebuttal, Defense
• Biomechanical Assessment of Flatfoot Correction Techniques in a Cadaver Model
• No Dr. Easley, this procedure CAN be handled easily
• Lifeline: Radiographic Analysis of Surgical Correction of Adult Acquired Flatfoot Deformity
• The Youth of Today: They Want an Arch
• Athletic Activity Levels Following Hallux Metatarsophalangeal Joint Arthrodesis
• Way Off, Dude. It’s Brazil! RIO! Osteochondral Injury of the Hallux in Beach Soccer Players!
• Redemption: Blatant Cultural Bias (for South Americans). I Let Him Fix My Lisfranc, He Can Fuse My Great Toe

Adult vs. Pediatric Smackdown: POV
• Clubfoot: What We See and How We Correct It (Infant to Adolescent)
• Clubfoot: What You Miss and What We Have to Do (Residual Adult)
Debate
• Tarsal Coalitions: Resect It and You’re Done: Leave It Flat
• Tarsal Coalitions: Cleaning Up the Flatfoot
Debate
Controversies — Is There an Answer?
• Hallux Rigidus — The Cause: Metatarsus Primus Elevatus and Metatarsal Osteotomies
• Freiberg’s Infraction: Evidence-Based Discussion
Discussion
Sports — The Retirement Fund: My Child WILL Go Pro!
• The Ankle: Dislocating Peroneal Tendons, Instability, and Os Trigonum: What WE Do
• Navicular Stress Fractures and Bipartite Navicular: What WE Do
Discussion

23 Total Credits of Category 1 CME
Course participants are required to complete an online evaluation form in order to receive CME credits.
Your CME transcript will include credits for participation approximately four to five weeks following the course. Visit www.aaos.org/transcript to view your transcript.
Four Ways to Register

1. **Phone:** Call Customer Service at (800) 626-6726, 8:00 a.m. to 5:00 p.m. C.T. Outside U.S. call +1-847-823-7186.

2. **Fax:** Fax a copy of this form to (800) 823-8025. Outside U.S. fax to +1-847-823-8025.

3. **Online:** Visit www.aaos.org/3274, and fill in the information requested.

4. **Mail:** Mail directly to: American Academy of Orthopaedic Surgeons, Box 75838, Chicago, IL 60675-5838. Please allow 3 weeks to process registrations submitted by mail.

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**REGISTRATION FORM**

**Course Tuition**
Registration fee includes course materials, syllabus, breakfasts and refreshment breaks and lunches. All additional costs (lodging, meals, etc.) are the registrant’s responsibility.

**International Orthopaedic Foot & Ankle Symposium**

**Presented by AAOS and AOFAS**

Course #3274 • November 29 – December 1, 2012 • Orlando, FL

**Check only one**

- AAOS/AOFAS Member/Candidate Member/Associate Member/International Member ........................................ $899
- Nonmember Orthopaedic Surgeon/International Nonmember/Other Physician/Non-MD Practitioner/Non-Physician .................... $1,099
- Orthopaedic Resident/Post Residency Fellow/Nurse/Allied Health/Physician Assistant/Military* ............................... $799
- AAOS/AOFAS Emeritus Member ...................................................... $599

(U.S. Dollars only, payable to American Academy of Orthopaedic Surgeons)

* AAOS members in active U.S. military duty

**Tuition enclosed $**
(U.S. Dollars only, payable to American Academy of Orthopaedic Surgeons)

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**Enroll today! Call (800) 626-6726**

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**CONCURRENT SESSION #1 and #3**

**Session A: Achilles Tendon Disorders**

- The Root of the Problem: Why is Tendon So Interesting?
- Intrasubstance Disease: How Much To Remove, and When You Remove Too Much
- Haglund’s Disease with Insertional Calcifications: Creative Operative Solutions
- The Acute Achilles Tendon Rupture: Non-operative Protocols and Results
- The Acute Achilles Tendon Rupture: Percutaneous vs. Open
- The Chronic Achilles Tendon Rupture: Restoring Length and Strength

**CONCURRENT SESSION #2**

**Session D: Reconstructing the Deltoid My Way**

- The Ligament Complex: Where It Goes and How It Tears
- With Flatfoot? With Syndesmosis? With Persistent Medial Instability? Is There a Role for Primary Repair?
- The Chronic Rupture: My Way (3 Versions)
- Do We Need to Fix the Deltoid? Is Bone Realignment Sufficient?

**Use and Abuse: Case Presentations/Discussion**

**Session E: Charcot Disease: Why Not Amputate?**

- If Eichenholtz Were Alive This Would Be Easy: When is It Safe to Operate?
- Infections and Ulcers: My Best Protocol
- Charcot Midfoot: Rocker Around The Clock
- Charcot Ankle Fractures
- How to Know How Many Joints to Fuse?
- The “A” Word: When It’s Over, It’s Over

**Case Presentations/Discussion**

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**CONCURRENT SESSION #2**

**Session F: Uncommon Solutions for Common Problems**

- Unresolved Ankle Pain Following a Sprain: The Normal Diagnostic Work-up
- Medial Foot Pain: Insertional Anterior Tibial Tendon
- Isolated Medial Naviculocuneiform Arthritis: Fuse Just One?
- Resection of the Tarsal Coalition: When to Fix the Flexible Flatfoot
- The Ping Pong Effect: Triple for Flatfoot Leads to Varus Deformity!
- The Hammertoe Returned: What I Missed, and How to Correct It

**Case Presentations/Discussion**

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Print name and number that appear on mailing label:

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<tr>
<th>Academy ID#</th>
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Check here if ADA (Americans with Disabilities Act) accommodation is desired. An AAOS staff person will contact you.

Priority Code: 2493
### Refunds
Requests for refunds must be received in writing at the Academy office (AAOS, 6300 N. River Road, Rosemont, IL 60018-4262) one week prior to the course. Beyond the deadline date, no monetary refund will be issued. Instead, a tuition credit will be given toward another AAOS course held within one year. In all instances, a $100 processing fee will be charged.

**Refund Deadline**

| Course #3274 | November 21, 2012 |

### Housing Information
A block of rooms has been set aside at the hotel for symposium registrants. Please contact the number below to reserve your accommodations. All hotel reservation requests must be secured with an advance room deposit. **Please specify that you will be attending the IOFAS symposium.**

**International Orthopaedic Foot & Ankle Symposium**

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**Course #3274, Orlando, FL**

**November 29 – December 1, 2012**

**Loews Royal Pacific Resort**

6300 Hollywood Way

Orlando, FL 32819

Phone: 1-866-360-7395 or (407) 503-3000

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<th>Housing Reservation Deadline</th>
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<tr>
<td>Room Rates:</td>
<td>$179 night, plus applicable taxes</td>
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**Make Your Housing Reservation Now!**

The Academy cannot guarantee a room or special room rate for anyone who registers for the course after the housing deadline. If the room block fills prior to the deadline, the hotel cannot guarantee availability and/or the special AAOS rate. Housing reservations may be available online. Go to the Academy’s website at [www.aaos.org/iofas](http://www.aaos.org/iofas), and click on the link “housing reservations online.”

### Accreditation Statement
The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

### AMA Credit Designation Statement
The American Academy of Orthopaedic Surgeons designates course #3274 for a maximum of 23 **AMA PRA Category 1 Credits.** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Obtaining CME Credit
Course participants are required to complete an online evaluation form in order to receive CME credit. **AAOS members:** Your CME transcript file will list your CME credits for participation in this CME course approximately four to five weeks following the course.

### For More Information
For detailed information on any of the Academy’s CME courses, use any of these options:

- Call our Customer Service Department at **(800) 626-6726**
- Outside the U.S. call **+1-847-823-7186.**
- Go to the Academy’s website, [www.aaos.org/courses](http://www.aaos.org/courses)

### Discounted Airfare/Rental Car
Call CorpTrav Management Group toll-free **(800) 211-8016,** or United Airlines at **(800) 521-4041,** to receive special discounts on United flights - Reference# 549KD

For discount car rental call Hertz Rent-a-car at **(800) 654-2240 – Reference CV#02KS0017**

Please specify you will be attending an American Academy of Orthopaedic Surgeons CME course. (Individuals traveling from outside the US and Canada will need to contact a travel agency or the airlines directly within their country.)

**IMPORTANT: Please call Customer Service at (800) 626-6726 to confirm your registration before making your airline reservations.**

### Course Cancellation
The Academy reserves the right to cancel a course thirty (30) days prior to the course date. Any person who has registered for the course will be notified by email at the address noted in the AAOS member database. A telephone call will also be made to each registrant for whom a number is available. Persons whose registration is received after a course is cancelled will be notified by telephone and email. Registration fees will be refunded in full. However, other costs incurred by the registrant, such as airline or hotel penalties are the responsibility of the registrant.

### Please Register Early!
Courses are frequently oversubscribed. Deadlines and registration limits enable the Academy to confirm your registration. If you have not received confirmation from the AAOS by mail or email prior to your departure for the course, please contact the Academy’s Customer Service Department at **(800) 626-6726.**

The Academy cannot be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course. Costs incurred by the registrant, such as airline or hotel penalties are the responsibility of the registrant.

### Final Course Information
Final course information will be available on the Academy’s website one month prior to the course date. This information will not be mailed to you. Go to [www.aaos.org/courses](http://www.aaos.org/courses), click on the course title, then select “View Final Course Information.”
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