10:25 - 10:50 am
Journal Club:

Lessons from the Professors: Most Significant Article of 2012:
How it Changed My Practice

Moderator:
Scott B. Shawen, MD
(Bethesda, Maryland)

10:25 am

Charles L. Saltzman, MD
(Salt Lake City, Utah)

Metatarsophalangeal Joint Pathology in Crossover Second Toe Deformity: A Cadaveric Study
Michael J. Coughlin, MD; Shane A. Schutt, MD; Christopher B. Hirose, MD; Michael J. Kennedy, MD; Brett R. Grebing, MD; Bertil W. Smith, MD; M. Truitt Cooper, MD; Pau Golano, MD; Ramón Viladot, MD; Fernando Alvarez, MD, FAI 2012 p 133

This paper identifies a consistent pathoanatomical condition that correlates directly to sagittal and/or transverse plane deformities of the second toe (as observed in cadaver specimens). This should provide insight and clarity for surgical practice on the underlying pathological anatomy, and help elucidate the opportunity to directly surgically repair the defect and restore normal function.

10:30 am

Ned Amendola, MD
(Iowa City, Iowa)

Fixation of Ankle Syndesmotic Injuries: Comparison of Tightrope Fixation and Syndesmotic Screw Fixation for Accuracy of Syndesmotic Reduction.

Although the tightrope concept for syndesmotic fixation has been well documented, this is a higher level evidence clinical article demonstrating it is effective in very unstable injuries, prevents malreduction associated with screws and does not need removal. This is ideal for athletes and lower level injuries (sprains). In addition the tightrope construct has altered the way I do other surgeries including fixation for ACL reconstruction and stabilization of the proximal tib-fib joint for instability.