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8:57 – 9:02 am

**Don’t Tell Ted, I Occasionally Venture Away from the Lapidus**

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**Why do I stray?**

- Not all bunions are created equal
  - Spectrum of deformity and “disease”. Like most anything in orthopedics one should have the ability to individualize treatment and be comfortable with different techniques

- There are “issues” with Lapidus
  - Non-union percentage is higher than any other bunion procedure
  - Not all bunions need a sledgehammer.
  - Can be technically demanding

**When do I stray?**

- **Not all bunions are created equal**
  - Minor deformities do well with a modified distal procedure
    - Early return to full WB
    - Early ROM
    - Very seldom though that a simple McBride will suffice as a single procedure. If McBride is your preferred technique you either do a lot of unnecessary bunions surgeries or you failure rate will be very high
  - Moderate deformities with minimal or moderate tarsometatarsal instability will do fine with a shaft osteotomy
    - Scarf or surgeons preference

- **Non-union risk higher than normal**
  - Patient can’t be non WB for whatever reason/s
  - Osteopenia
  - Obesity
  - Bilateral. (can do bilateral distal procedures in one sitting, but non-union rate too high if done with Lapidus)
  - Medical issues
> IDDM
> Vascular compromise
> ? smoking

References


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