



AOFAS Advanced Foot and Ankle Course *Reconstruction and Salvage of Complications*



Philadelphia Photos: Fairmount Water Works with Philadelphia Museum of Art in the background. Credit: Edward Savaria, Jr., Liberty Bell. Credit: Robin Miller and Penn's Landing. Visit www.PhiladelphiaUSA.Travel

April 22-24, 2010

Hyatt Regency Philadelphia at Penn's Landing
Philadelphia, Pennsylvania

Course Chair: Keith L. Wapner, MD
Course Co-Chairs: Thomas H. Lee, MD
and Bruce J. Sangeorzan, MD

Faculty and Course Information

COURSE CHAIR

Keith L. Wapner, MD
Philadelphia, Pennsylvania

COURSE CO-CHAIRS

Thomas H. Lee, MD
Columbus, Ohio

Bruce J. Sangeorzan, MD
Seattle, Washington

FACULTY

Ned Amendola, MD
Iowa City, Iowa

John G. Anderson, MD
Grand Rapids, Michigan

Robert B. Anderson, MD
Charlotte, North Carolina

James W. Brodsky, MD
Dallas, Texas

J. Chris Coetzee, MD
Minneapolis, Minnesota

Timothy R. Daniels, MD
Toronto, Ontario, Canada

Richard D. Ferkel, MD
Van Nuys, California

Steven L. Haddad, MD
Glenview, Illinois

L. Scott Levin, MD
Philadelphia, Pennsylvania

Sheldon S. Lin, MD
Newark, New Jersey

James A. Nunley, II, MD
Durham, North Carolina

Charles L. Saltzman, MD
Salt Lake City, Utah

Lew C. Schon, MD
Baltimore, Maryland

David B. Thordarson, MD
Los Angeles, California

Faculty subject to change

PURPOSE

This advanced course in foot and ankle surgery is designed for the orthopaedic surgeon who has a good working knowledge of the multiplicity of problems associated with the management of complex foot and ankle pathology. A faculty expert in the care of difficult foot and ankle problems has been assembled to discuss, in a case-based format, common but often perplexing clinical problems related to orthopaedic trauma, sports injuries and reconstruction procedures, and will provide insight into the complexity and management of these problems. Faculty will describe in detail what's new and cutting edge in a technique-oriented manner.

Attendees are encouraged to bring difficult cases to discuss with the faculty.

DESCRIPTION

AOFAS program goals are to facilitate higher levels of physician competencies, improve health care delivery and subsequent outcomes of patient care, promote the highest level of patient safety, and further advance the specialty of orthopaedic surgery of the foot and ankle.

This interactive advanced course is designed to feature state-of-the-art techniques and cutting edge technology to manage complex injuries and disorders of the foot and ankle.

This unique program will feature presentations emphasizing surgical techniques and evidence-based results by an expert foot and ankle faculty. Stimulating discussions will give attendees valuable solutions and insights into indications, techniques, outcomes, and how to avoid complications.

Course Information

GOALS

This course is designed to give attendees the knowledge and skills to:

- Identify the pathologic anatomy of complex foot and ankle problems
- Identify ways to avoid, analyze and manage complications
- Evaluate patients with musculoskeletal injuries of the foot and ankle and formulate a treatment plan
- Compare and contrast various surgical and nonsurgical treatment protocols for injuries of the foot and ankle
- Identify and apply strategies to improve patient outcomes
- Analyze case-based approaches to deal with complications of the foot and ankle

TARGET AUDIENCE

This advanced course will benefit orthopaedic surgeons and post-residency fellows and residents who treat acute and chronic problems of the foot and ankle and desire a greater understanding of how to manage challenging clinical problems.

CME CREDIT

The AOFAS is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

AMA/PRA

The AOFAS designates this educational activity for a maximum of **16 AMA PRA Category 1 credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Course participants are required to submit a completed evaluation form at the end of the course in order to receive CME credit.

AOFAS Members: Your CME transcript file will list your CME credits for participation in this CME course approximately three weeks following the course.

DISCLOSURE STATEMENT CONFLICT OF INTEREST

In accordance with the guidelines of the ACCME, the AOFAS requires all instructors, planners and other individuals in a position to control or influence the content of an educational activity to disclose all relevant financial relationships or affiliations during the past 12 months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on patients). All identified conflicts of interest must be resolved and the education content vetted by the AOFAS for fair balance, scientific objectivity and appropriateness. The AOFAS also requires faculty to disclose when off-label/unapproved uses of a product are discussed in a CME activity. Any and all financial disclosures will be provided in the final program that is distributed at the meeting to program participants.

DISCLAIMER

The methods, techniques and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty during this continuing medical education program are on their own, and do not represent those of the AOFAS nor does presentation on the program represent or constitute endorsement or promotion by the AOFAS. The AOFAS expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions, or procedures expressed, presented or demonstrated.



Penn's Landing Credit: Edward Savaria, Jr.

EDUCATIONAL PROGRAM MISSION

CME Purpose: The American Orthopaedic Foot & Ankle Society (AOFAS) is a non-profit professional organization committed to improving the medical and surgical care of disorders of the foot and ankle. The overall goal of the AOFAS CME program is to provide orthopaedic foot and ankle surgeons with the highest quality learning opportunities that are designed to advance physician competence, enhance practice performance, promote patient safety, and improve patient outcomes in the population served. The AOFAS CME programs are designed to respond to, and be reflective of, continuous assessment of needs as derived from scientific advances in the field of orthopaedic foot and ankle surgery and the needs and desires of AOFAS members. The AOFAS further seeks to provide orthopaedic foot and ankle surgeons as well as allied healthcare providers with educational programs and materials of the highest quality, to constantly improve the content and value of these educational activities and to promote research in all aspects of orthopaedic foot and ankle surgery and related sciences in the promotion of quality healthcare.

Content areas: AOFAS CME content identifies and addresses the treatment of all clinical issues related to foot and ankle congenital and acquired disorders, and is designed to meet the educational needs of AOFAS members, orthopaedic surgeons, fellows and residents, and healthcare providers engaged in the practice of treating disorders of the foot and ankle. Additionally, the AOFAS CME program provides content for topics such as effective management of an orthopaedic foot and ankle practice and other areas deemed relevant by the needs of the membership.

Target audience: The goal of the AOFAS CME program is to provide educational activities that support orthopaedic foot and ankle surgeons, general orthopaedic

surgeons, physicians in related specialties, orthopaedic surgery fellows and residents in training, and allied healthcare professionals having an interest in the treatment of foot and ankle disorders.

Types of activities provided: The types of activities that comprise the AOFAS CME program include comprehensive annual scientific meetings containing seminars, symposia, papers, courses, clinical and practice management workshops, technology tips, and electronic posters as well as regional courses on clinical topics.

Expected results of the program: The expected results of the AOFAS CME program are to provide orthopaedic foot and ankle surgeons and other healthcare professionals with educational programs that address gaps in professional practice, enhance the participant's competence and practice performance, improve patient outcomes, as well as contribute to lifelong learning among practicing orthopaedic foot and ankle surgeons. Specific expected results include:

- Increase member and non-member competence in treating disorders of the foot and ankle
- Promote the highest possible standards in clinical orthopaedic foot and ankle surgery practice
- Provide the target audience with a forum for the exchange of ideas and methodologies in the field of orthopaedic foot and ankle surgery and related medical and basic sciences
- Increase the body of knowledge existing in the field of orthopaedic foot and ankle surgery
- Provide educational opportunities to members in all aspects of orthopaedic foot and ankle surgery
- Provide an ongoing assessment of the impact of the AOFAS CME program and make modifications to existing activities and develop new activities as appropriate.

Accommodations & Travel



HOTEL

Hyatt Regency Philadelphia at Penn's Landing
201 South Christopher Columbus Boulevard
Philadelphia, Pennsylvania 19106
Phone: 215-928-1234
Fax: 215-521-6543
www.hyattregencyphiladelphia.com

A block of guest rooms is being held at the rate of \$245 single or double occupancy. This special room rate will be available until Monday, March 22, 2010 or until the group block is sold out, whichever comes first. Early registration is encouraged. Deposit and cancellation penalties apply; please ask for these details when making your reservation.

Reservations may be made several ways:

- **Online** link posted on the AOFAS website at www.aofas.org/advancedfoot
- **Online** at <http://pennslanding.hyatt.com/groupbooking/penrp2010aofa>
- **Phone:** Call Central Reservations at 800-233-1234 or the hotel directly at 215-928-1234. Mention the AOFAS Advanced Foot and Ankle Course to receive the discounted rate.

TRAVEL

Progressive Travel Management Inc. is the preferred travel agency for the AOFAS for your airline reservations. For personalized and professional service, please contact: Tomi M. Gaudio, account manager for AOFAS
Phone: 847-348-3600 or 877-366-0366 (Toll Free)
E-mail: tomi@progressivetravel.net
Please identify yourself as an AOFAS meeting attendee.

American Airlines has been designated the preferred carrier for all AOFAS meetings. Please contact Tomi for reservations or attendees in North America may also call American Airlines Meeting Services directly at 800-433-1790 to make airline reservations. Travelers outside North America may contact American's Oneworld Alliance Partners directly. **You must reference AA Star File Number 6740AH** to receive the AOFAS discount on American Airlines.

GROUND TRANSPORTATION AND PARKING

Shuttle: The Hyatt preferred shuttle service is Lady Liberty - \$11.50 per person each way.
<http://www.ladylibertyshuttle.com>

Taxi: Approximately \$28 each way

Parking: An adjacent parking garage is available for valet and self parking. Clearance height is 6'6".

Self Parking:

0 - 6 hours = \$13 (includes tax)
6 - 12 hours = \$19 (includes tax)
Overnight hotel guests (12 to 24 hrs)
self parking: \$21 (plus tax)

Valet Parking:

Daily - \$24 (tax included)
Overnight - \$29 (plus tax)
Valet prices include in / out privileges.



Hyatt Regency Bar Terrace

Program Schedule (subject to change)

THURSDAY, APRIL 22

9:00 am – 6:30 pm

Registration

1:00 pm **Welcome and Introduction**
Keith L. Wapner, MD, Course Chair

Session 1: Cavovarus Deformities

1:00 – 2:00 pm

Moderator: Sheldon S. Lin, MD

- 1:00 pm Stroke and Spasticity
Keith L. Wapner, MD
- 1:15 pm Surgical Strategies of Charcot Marie Tooth
Thomas H. Lee, MD
- 1:30 pm Hindfoot Osteotomies and Fusions in Cavovarus Deformities
John G. Anderson, MD
- 1:45 pm **Discussion**
Moderator: *Sheldon S. Lin, MD*
Panel: *John G. Anderson, MD*
Thomas H. Lee, MD
Keith L. Wapner, MD

Session 2: Advances in Biologics and Technology

2:00 – 3:20 pm

Moderator: Timothy R. Daniels, MD

- 2:00 pm The Biology of Nonunion
John G. Anderson, MD
- 2:20 pm The Science of Bone Substitutes
Sheldon S. Lin, MD
- 2:40 pm DVT and Foot and Ankle Surgery
Keith L. Wapner, MD
- 2:55 pm Robotics
James A. Nunley, II, MD

3:05 pm **Discussion**

Moderator:

Timothy R. Daniels, MD

Panel: *John G. Anderson, MD*
Sheldon S. Lin, MD
James A. Nunley, II, MD
Charles L. Saltzman, MD

3:20 – 3:45 pm

Break

Session 3: Sports I

3:45 – 5:20 pm

Moderator: Keith L. Wapner, MD

- 3:45 pm Overview of Tendon Pathology
Ned Amendola, MD
- 4:05 pm Achilles Tendon: What's New
Richard D. Ferkel, MD
- 4:25 pm Peroneal Tendon: What's New
Steven L. Haddad, MD
- 4:45 pm The Psychology of the Elite Athlete
Robert B. Anderson, MD
- 5:00 pm **Discussion**
Moderator: *Keith L. Wapner, MD*
Panel: *Ned Amendola, MD*
Robert B. Anderson, MD
Richard D. Ferkel, MD
Steven L. Haddad, MD

Session 4: Get to Know the Expert Best Article I Read this Year

5:20 – 6:20 pm

Moderator: Richard D. Ferkel, MD

Panel: *James A. Nunley, II, MD*
Charles L. Saltzman, MD
Bruce G. Sangeorzan, MD
Lew C. Schon, MD

6:20 pm **Adjourn for the Day**

Program Schedule (subject to change)

FRIDAY, APRIL 23

6:30 am **Registration**

6:30 – 7:30 am

**Continental Breakfast /
Exhibit Hall**

Session 5: Diabetes

7:30 – 8:45 am

Moderator: Lew C. Schon, MD

- 7:30 am Management of Acute Fractures in Diabetes
Sheldon S. Lin, MD
- 7:45 am Charcot Reconstruction Strategies
James W. Brodsky, MD
- 8:00 am Amputations
Charles L. Saltzman, MD
- 8:15 am Soft Tissue Coverage for Diabetics
L. Scott Levin, MD
- 8:30 am **Discussion**
Moderator: *Lew C. Schon, MD*
Panel: *James B. Brodsky, MD*
L. Scott Levin, MD
Sheldon S. Lin, MD
Charles L. Saltzman, MD

Session 6: Forefoot

8:45 – 10:00 am

Moderator: James A. Nunley, II, MD

- 8:45 am Second MTP Instability
Lew C. Schon, MD
- 9:00 am Failed Forefoot Surgery
Steven L. Haddad, MD
- 9:15 am Bunionettes
Sheldon S. Lin, MD

9:30 am Rheumatoid Forefoot
James W. Brodsky, MD

9:45 am **Discussion**
Moderator:

James A. Nunley, II, MD

Panel: *James W. Brodsky, MD*
Steven L. Haddad, MD
Sheldon S. Lin, MD
Lew C. Schon, MD

10:00 – 10:30 am

Break / Exhibit Hall

Session 7: Sports II

10:30 am – 12:05 pm

Moderator: Thomas H. Lee, MD

- 10:30 am Ankle Arthroscopy for Complex Ankle Injuries
Richard D. Ferkel, MD
- 10:50 am Alternate Arthroscopic Techniques for Injury
Ned Amendola, MD
- 11:10 am Open Techniques for Osteochondral Defects
Robert B. Anderson, MD
- 11:25 am Complex Fractures in the Athlete
J. Chris Coetzee, MD
- 11:40 am Stress Fractures in the Athlete
James A. Nunley, II, MD
- 11:50 am **Discussion**
Moderator: *Thomas H. Lee, MD*
Panel: *Ned Amendola, MD*
John G. Anderson, MD
J. Chris Coetzee, MD
James A. Nunley, II, MD

12:05 – 1:00 pm

Lunch / Exhibit Hall

continued on page 8

Program Schedule (subject to change)

Friday, April 23 continued

Session 8: Trauma

1:00 – 2:05 pm

Moderator: Timothy R. Daniels, MD

- 1:00 pm The Fibula
J. Chris Coetzee, MD
- 1:15 pm The Talus
David B. Thordarson, MD
- 1:35 pm The Calcaneus
Bruce J. Sangeorzan, MD
- 1:50 pm **Discussion**
Moderator:
Timothy R. Daniels, MD
Panel: *J. Chris Coetzee, MD*
Bruce J. Sangeorzan, MD
David B. Thordarson, MD

Session 9: Posterior Tibial Tendon and Acquired Flatfeet

2:05 – 3:25 pm

Moderator: Thomas H. Lee, MD

- 2:05 pm The Biomechanics of the Medial and Lateral Column
Bruce J. Sangeorzan, MD
- 2:25 pm Medial Column Deformities
Robert B. Anderson, MD
- 2:40 pm Lateral Column Deformities
Keith L. Wapner, MD
- 2:55 pm Ankle Deformities
Timothy R. Daniels, MD
- 3:10 pm **Discussion: Operative Tips and Pearls**
Moderator: *Thomas H. Lee, MD*
Panel: *Robert B. Anderson, MD*
Timothy R. Daniels, MD
Bruce J. Sangeorzan, MD
Keith L. Wapner, MD

3:25 – 3:50 pm

Break / Exhibit Hall

Session 10: Ankle Arthroplasty

3:50 – 5:25 pm

Moderator: James W. Brodsky, MD

- 3:50 pm The Biomechanics of the Ankle
Charles L. Saltzman, MD
- 4:05 pm The Role of Arthroplasty in Varus Deformities
James A. Nunley, II, MD
- 4:20 pm The Role of Arthroplasty in Valgus Deformities
Timothy R. Daniels, MD
- 4:35 pm Failed Ankle Arthroplasty
An algorithm for salvage of TAR
Steven L. Haddad, MD
- 4:50 pm Strategies for Soft Tissue Coverage
L. Scott Levin, MD
- 5:05 pm **Discussion: My Hardest Replacement Yet**
Moderator:
James W. Brodsky, MD
Panel: *Timothy R. Daniels, MD*
Steven L. Haddad, MD
James A. Nunley, II, MD
Charles L. Saltzman, MD

5:25 – 6:30 pm

Industry Session on Emerging Trends in Orthopaedic Surgery

6:30 – 7:30 pm

Welcome Reception / Exhibit Hall

7:30 – 9:00 pm

Industry Satellite Symposia Sessions (Non-CME)

Program Schedule (subject to change)

SATURDAY, APRIL 24, 2010

6:30 am Registration

6:30 – 7:30 am

**Continental Breakfast /
Exhibit Hall**

Session 11: Forefoot II

7:30 – 8:30 am

Moderator: John G. Anderson, MD

7:30 am Traumatic Injuries of the 1st MTP
Robert B. Anderson, MD

7:45 am Challenges Associated with
Hallux Valgus
Bruce J. Sangeorzan, MD

8:00 am Failed Bunion Management
James W. Brodsky, MD

8:15 am Hallux Rigidus: The Spectrum
of Treatment
Thomas H. Lee, MD

8:30 am **Discussion**
Moderator:

John G. Anderson, MD

Panel: *Robert B. Anderson, MD*

James W. Brodsky, MD

Thomas H. Lee, MD

Bruce J. Sangeorzan, MD

Session 12: Trauma II

8:45 – 10:20 am

Moderator: Bruce J. Sangeorzan, MD

8:45 am The Tibia
David B. Thordarson, MD

9:05 am Hindfoot Malunions
Timothy R. Daniels, MD

9:20 am The Metatarsals
J. Chris Coetzee, MD

9:35 am External Fixators in Trauma
Lew C. Schon, MD

9:50 am Soft Tissue Reconstruction
L. Scott Levin, MD

10:05 am **Discussion**
Moderator:

Bruce J. Sangeorzan, MD

Panel: *J. Chris Coetzee, MD*

Timothy R. Daniels, MD

L. Scott Levin, MD

Lew C. Schon, MD

David B. Thordarson, MD

10:20 – 10:45 am

Break / Exhibit Hall

Session 13: Panel Discussion / Case Studies / Audience Presentations

10:45 am – 12:45 pm

Moderator: Thomas H. Lee, MD

10:45 am **Forefoot Complications**

Moderator: *Keith L. Wapner, MD*

Panel: *John G. Anderson, MD*

James W. Brodsky, MD

Timothy R. Daniels, MD

Lew C. Schon, MD

11:15 am **Trauma**

Moderator:

David B. Thordarson, MD

Panel: *John G. Anderson, MD*

Sheldon S. Lin, MD

Bruce G. Sangeorzan, MD

11:45 am **Arthroplasty**

Moderator: *Ned Amendola, MD*

Panel: *J. Chris Coetzee, MD*

Timothy R. Daniels, MD

James A. Nunley, II, MD

Charles L. Saltzman, MD

12:15 pm **Sports**

Moderator: *Thomas H. Lee, MD*

Panel: *Robert B. Anderson, MD*

Richard D. Ferkel, MD

James A. Nunley, II, MD

12:45 pm Adjourn

Course Information

PROGRAM FORMAT

The program will be held at the Hyatt Regency Philadelphia at Penn's Landing, Philadelphia, Pennsylvania. The educational sessions will be held April 22 from 1:00 pm – 6:20 pm; April 23 from 7:30 am – 6:20 pm; and from 7:30 am – 12:45 pm on April 24. Registration fee includes continental breakfasts, breaks, lunch, and the Welcome Reception on Friday evening.

On-site registration begins Thursday, April 22 from 9:00 am – 6:30 pm at the Hyatt Regency Philadelphia at Penn's Landing. Additional information will be included in your registration confirmation letter sent via e-mail within one week of the meeting.

COURSE POLICIES

Course sessions, food functions and exhibits are for course participants only. The AOFAS regrets that spouses, families and unregistered staff are not permitted in these areas. If you have not received your registration confirmation within one week of your departure for the course, please contact the AOFAS Executive Office at **aofasinfo@aofas.org** or call 800-235-4855 or 847-698-4654 (outside US).

The AOFAS will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course. Recording of the sessions is prohibited.

Registration Information

CANCELLATION / REFUNDS

Requests to cancel registration and obtain a refund must be received in writing at the AOFAS Executive Office by the key deadlines shown below.

Mail: 6300 North River Road, Suite 510
Rosemont, IL 60018
Fax: 847-692-3315
E-mail: **Registration@aofas.org**

The AOFAS reserves the right to cancel the course 30 days prior to the course date. Should this occur, course registrants will be notified by mail at the address indicated on the registration form.

Persons who registered at least 30 days prior to the date of course cancellation will also be contacted by telephone. Registration fees will be refunded in full. However, costs incurred by the registrants, such as airline or hotel penalties, are the responsibility of the registrant.

KEY REGISTRATION DEADLINES

March 26, 2010

Deadline for 100% Cancellation Refund

April 9, 2010

Deadline for 50% Cancellation Refund
(Less \$100 processing fee)

