



Members in the News

AOFAS Surgeons Highlighted

[Rice's Anthony Rendon suffers severe ankle injury](#)

Houston Chronicle - Houston, TX – July 15, 2010
His ankle is believed to be dislocated as well. Rendon will be evaluated by **Thomas O. Clanton, MD**, who performed the surgery on his ankle last summer ...

[Doctors find camaraderie and satisfaction in Haiti relief work](#)

TheDoings-ClarendonHills - Hinsdale, IL – July 15, 2010
"I actually enjoyed the triage, the hands-on with the patients," **Robyn A. Vargo, DO**, said. "We ended up seeing a lot of pediatrics that week" and what became clear to her, as a mom, is that "we all have the same concerns and the same worries ...

[Refugee's fixed foot gives renewed job hope](#)

Denver Post - Denver, CO – July 12, 2010
In May, **Mark J. Conklin, MD**, did the surgery for free. The full cost is typically \$10,000. Half an hour after a June clinic visit, Reh walked on a nearly flat foot for the first time in his life ...

[Maggette recovering following ankle surgery](#)

Milwaukee Journal Sentinel - Milwaukee, WI – July 9, 2010
The 30-year-old forward had the surgery done in Los Angeles by orthopedic surgeon **Richard D. Ferkel, MD**, who has worked with many professional athletes. Dr. Ferkel removed bone chips ...

[Paul Shurnas, 1965-2010](#)

Columbia Daily Tribune - Columbia, MO – July 6, 2010
A man of great personal conviction, **Paul S. Shurnas, MD**, was an active and generous contributor to causes throughout the community focused on the elderly, the disadvantaged ...

(continued on page 2)

Patient Education

[Loyola Surgeon Warns Against Cosmetic Foot Surgery](#)

[AOL Health](#) – June 25, 2010
[Health News](#) - HealthCanal.com – June 24, 2010
"I hope patients will follow the AOFAS' recommendation that surgery never be performed just to improve the appearance of the foot," **Michael S. Pinzur, MD**, said ...

[When arthritis pain prevents an active lifestyle, an orthopaedic ...](#)

Plain Dealer - Cleveland, OH – June 25, 2010
Randall E. Marcus, MD, chair of the Dept of Orthopaedics at University Hospitals says that when arthritis keeps a person from exercising, it's probably time to see an orthopaedic specialist ...

[Toe tuck? Just say no to cosmetic foot surgery](#)

McDowell News - McDowell Co., NC – June 24, 2010
Cosmetic foot surgery fails to provide pain relief, improve function, or enhance the quality of life during normal activities of daily living, said **Donald R. Bohay, MD** ...

(continued on page 2)

Happenings in Research

[Diabetes and inflammatory arthritis noted as risk factors for wound complications following TAR](#)

Ortho Supersite – July 13, 2010
"Despite the increasing longevity and outcomes of total ankle replacement systems and the increasing number of these that have been inserted, there has still been a high reported incidence of anterior wound complications," **Steven M. Raikin, MD**, the AOFAS Summer Meeting ...

[Antibiotic-impregnated cement spacer used for salvage of diabetic osteomyelitis](#)

Ortho Supersite – July 13, 2010
In a review of 20 consecutive diabetic patients with 23 severe osteomyelitis infections, **Eyal A. Melamed, MD**, of Haifa, and colleagues demonstrated a 91.3% healing rate using the cement spacer concept. In a presentation to the 2010 Summer Meeting of the AOFAS ...

(continued on page 2)

Shoe Selection and Safety

['Toning' shoes a stretch for some, not others](#)

Columbus Dispatch - Columbus, OH – July 2, 2010
Although **Thomas H. Lee, MD**, recommends the footwear to healthy patients, he disapproves of them for those with knee, hip or back problems ...

(continued on page 2)

Surgical Updates

[Step by step](#)

Terrace Standard - Terrace, BC, Canada – July 13, 2010
Clubfoot treatment using the Ponseti Method was revolutionized in developing countries by **Shafique P. Pirani, FRCS(C)**, an orthopedic surgeon at the Royal Columbian Hospital in the Lower Mainland ...

[New surgery shows promise in patients of severe flat foot](#)

Sify News – July 9, 2010
"... you can save the ankle, and it provides a correction of the deformity even at 9 years after surgery," **Jonathan T. Deland, MD**. "These people have tremendous flat foot to the point that their ankle is involved," **Scott J. Ellis, MD**, at the AOFAS Summer Meeting ...

[Women Get Back On Their Feet Faster With Innovative New Bunion Surgery](#)

W USA 9 - Washington, DC – July 8, 2010
"The purpose of this surgery and the technique that I've developed was to correct the bunion and straighten the bone," says **Steven K. Neufeld, MD** ...

(continued on page 2)

AOFAS Surgeons Highlighted

[On the Street](#)

Alexandria Echo Press - Alexandria, MN – July 2, 2010

Jefferson C. Brand, MD, an orthopedic surgeon with Heartland Orthopedic Specialists in Alexandria, has been invited to be associate editor for *The Journal of Arthroscopic and Related Surgery* ...

[Bad break for Dustin Pedroia](#)

Boston Herald - Boston, MA – June 27, 2010

The Red Sox didn't have a timetable for Pedroia's return and likely wouldn't until the results of the scan were reviewed by Dr. Thomas Gill and Boston-based foot specialist **George H. Theodore, MD** ...

[Wizards' Blatche has foot surgery](#)

Miami Herald - Miami, FL – June 26, 2010

The procedure, which was performed Friday night by **Edward G. Magur, MD**, at Sibley Hospital in Washington, repaired a fracture of the fifth metatarsal in the foot ...

[Two Rhinebeck doctors pitch in in Haiti](#)

Kingston Daily Freeman - Kingston, NY – June 23, 2010

Mark D. Aierstok, MD, said now that 19 weeks have passed, the acute injuries are not as common, however, there is still a need ...

[Angels Kendry Morales will undergo surgery Thursday](#)

[Los Angeles Times](#) - Los Angeles, CA – June 8, 2010

[MLB.com](#) – May 29, 2010

During the procedure, which will be performed by foot and ankle specialist **Phil K. Kwong, MD**, a metal rod and several screws will be inserted into the fractured fibula ...

[Outlook good for Eagles guard](#)

Philadelphia Inquirer - Philadelphia, PA – June 4, 2010

Todd Herremans, held out of Eagles' workouts because of a left-foot injury, flew to NC meet with **Robert B. Anderson, MD**, a foot and ankle specialist who has worked with other NFL players ...

[Hope for disabled kids](#)

Viet Nam News - Ha Noi, Viet Nam – June 2, 2010

This year the US surgical team: **Judith F. Baumhauer, MD, Saul G. Trevino, MD, and Naomi N. Shields, MD**, in co-operation with Viet Duc Hospital and POF-AOFAS, will perform 60 free surgeries on patients with lower extremity problems ...

(continued on page 3)

Patient Education

[Your Health: Feet bear the strain of extra weight](#)

[Courier Journal](#) - Louisville, KY – June 24, 2010

[USA Today](#) - McLean, VA – June 20, 2010

"The foot is an amazingly well-developed machine," but it can't always stand up to extra pounds Americans carry: **Keith L. Wapner, MD** ... "When your feet hurt, you don't want to do weight-bearing exercise," says **Norman S. Turner, MD** ...

[Orthopaedic Surgeons Warn Against Summer Inspired "Foot Facelifts"](#)

Earthtimes – June 23, 2010

Donald R. Bohay, MD, AOFAS active member, adds, "Orthopaedic foot or ankle surgical procedures are designed to relieve pain and restore form and function. It is against the patient's best interest ...

(continued on page 3)

Happenings in Research

[Opening wedge proximal osteotomy with plate fixation similar to chevron osteotomy for hallux valgus](#)

Ortho SuperSite – July 9, 2010

"We feel that the medial opening wedge offers some ease of surgery convenience and it was worth a multicentered study," said **Mark A. Glazebrook, MD**, at the 2010 Summer Meeting of the AOFAS ...

[Ankle Braces May Protect Girl Volleyball Players](#)

[BusinessWeek](#) – May 7, 2010

[U.S. News & World Report](#) - Washington, DC – May 7, 2010

A recent study in the *Foot & Ankle International*, the official journal of the AOFAS, evaluates the effect of different types of ankle braces on the incidence of ankle sprains in high school volleyball players. Author **Carol C. Frey, MD**, noted that this was the 1st published ...

(continued on page 3)

Shoe Selection and Safety

[HealthSmart: Let the shoe fit the activity](#)

USA Weekend - McLean, VA – June 20, 2010

The **American Orthopaedic Foot & Ankle Society** offers these tips: When buying shoes, always have your feet measured (don't just go by size) ...

[Seasonal flip is a flop for feet](#)

Dunn County News - Menomonie, WI – June 18, 2010

Mark J. Herr, MD: Without proper arch support, people's feet collapse inward, causing pain in the ankle, knee and lower back over time ...

(continued on page 3)

Surgical Updates

[Surgery a breakthrough for those who need ankle replacement](#)

WOAI - San Antonio, TX – July 2, 2010

"In the past, when we did ankle fusions. That's a good operation for pain, but it's a terrible operation for motion," explained **Marvin R. Brown, MD** ...

[HEALTH: Ankle replacement is alternative to fusion](#)

St. Louis Globe-Democrat - St. Louis, MO – June 29, 2010

Gary J. Schmidt, MD: In the last 15 years, total ankle replacement surgery, also known as ankle arthroplasty, has proven to be the best permanent solution for relief from ankle pain ...

[Ankle Replacement Means No More Pain](#)

UpNorthLive - Petoskey, MI – June 25, 2010

"After the ankle replacement, the bone spurs are gone and the metal components are in association with the plastic component in the middle, and as a result, he has increased range of motion and essentially no pain in his ankle," said **Scott A. Nemecek, DO** ...

(continued on page 3)

AOFAS Surgeons Highlighted

[Gates returns](#)

San Diego Union Tribune - San Diego, CA – May 27, 2010
Foot specialist **Robert B. Anderson, MD**, told him he has "minor form of plantar fasciitis that should ebb with a few weeks off ...

[Surgery paying off for Flyers' Carter, Gagne](#)

Philadelphia Daily News - Philadelphia, PA – May 26, 2010
"What we were trying to do was allow these players to return to the ice quicker than normal," **Steven M. Raikin, MD**, said. "Without surgery, there was no chance of that happening ...

[Ravens notebook: Gaither still out with foot problem](#)

Carroll County Times - Westminster, MD – May 26, 2010
Gaither has visited a foot specialist, **Robert B. Anderson, MD**, the same doctor who treated former Ravens offensive tackle Jonathan Ogden's turf toe ...

[After enduring years of ankle problems, Hill's time is now](#)

Sports Illustrated – May 23, 2010
James A. Nunley, MD, the chief of orthopedic surgery at Duke, was reminding Hill of all the postretirement options that awaited a magnetic basketball star with a spotless reputation and a gift for public speaking ...

[Panthers' Stewart hoping to be pain-free in 2010](#)

The State - Charlotte, NC – May 16, 2010
Stewart hopes he will have a much more pain-free season this year after his operation by team orthopedist **Robert B. Anderson, MD** ...

[My Left Foot: The High Costs of Fallen Arches](#)

New York Times - New York, NY – May 3, 2010
During the operation, led by **Martin J. O'Malley, MD**, my foot adjusted better than he expected and I needed only two of the six procedures. In the osteotomy ...

[Phillies' Madson to undergo surgery](#)

MLB.com – May 3, 2010
Foot and ankle specialist **Steven M. Raikin, MD**, decided that Madson needed surgery. He will insert a pin into the toe on Tuesday ...

[Orthopaedic Associates Assists Relay For Life](#)

St. Augustine Record - St. Augustine, FL – May 2, 2010
Doctors from Orthopaedic Associates of St. Augustine worked as waiters at Zhanra's on April 28 to raise money for Relay For Life. **Kurtis R. Hort, MD** ...

(continued on page 4)

Patient Education

[Protect your ankles against sprains this summer](#)

New York Daily News - New York, NY – June 2, 2010
Sprains are defined as tears in a ligament, and ligaments are made up of multiple fibers. "The more ligament fibers that are torn, the more severe the sprain," says **Steven B. Weinfeld, MD** ...

[Doctor: Favre's Injury Serious, But He Could Play](#)

WCCO - Minneapolis, MN – April 30, 2010
Fernando A. Peña, MD, is an orthopaedic surgeon specializing in foot and ankle sports injuries. Dr. Peña said the photo of Favre's swollen, bruised ankle speaks to the magnitude of the injury ...

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Happenings in Research

[Modified Broström procedure plus ankle arthroscopy may be effective for ankle instability](#)

Ortho SuperSite – April 20, 2010
"The study highlights the need to consider evaluating the entire joint when patients present with both instability as well as other joint symptoms," **Steven D.K. Ross, MD** ...

[Surgeons may find superior outcomes using orthobiologics for difficult fractures](#)

Ortho SuperSite – March 16, 2010
At the AOFAS Specialty Day, Scott D. Boden, MD, provided insight from a spine surgeon's perspective on topics relevant to the progress of foot and ankle surgery. **Sheldon S. Lin, MD**, moderator: "These dynamic lectures demonstrated the critical need for closer interactions of the thought leaders of orthobiologics across our field ...

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Shoe Selection and Safety

[HOUSE CALL: Treat your feet right](#)

San Angelo Standard Times - San Angelo, TX – May 17, 2010
The AOFAS offers several tips for selecting properly-fitting athletic shoes... "Keep these tips in mind while lacing up your shoes or when you begin looking for your next pair," says **Joseph J. Zubak, MD** ...

[Feet first](#)

My Local Health – April 9, 2010
Judith F. Baumhauer, MD, Strong Foot and Ankle Institute, University of Rochester Medical School, recommends shoes with shock absorbing soles especially for those who work on their feet ...

(continued on page 4)

Surgical Updates

[Bunion Tightrope Procedure](#)

U.S. News & World Report – May 27, 2010
BusinessWeek – May 27, 2010
WTVQ ABC 36 - Lexington, KY – January 26, 2010
George B. Holmes, MD, co-developed a new procedure to fix bunions that doesn't require cutting of the bone and speeds recovery ...

[New Danbury service offers walk-in orthopedic care](#)

Danbury News Times - Danbury, CT – May 24, 2010
"You're cutting out the middleman," said **F. Scott Gray, MD**, of an ER visit that will still require a trip to the orthopedist. "Talk about efficiency ...

(continued on page 4)

AOFAS Surgeons Highlighted

[Gagne likely out 3 weeks; Carter out indefinitely](#)

FOXNews – April 22, 2010

Steven M. Raikin, MD, will perform foot surgery on both Simon Gagne and Jeff Carter Friday at the Riverview Surgery Center at the Navy Yard in Philadelphia to repair fractures ...

[Okur undergoing surgery today](#)

Deseret News - Salt Lake City, UT – April 20, 2010

Dr. Karahan recommended a consultation with **Annunziato Amendola, MD**, who's considered to be an expert in the field. The website reported that several conversations took place, leading to a decision that Okur would get "excellent results" under the care of **Charles L. Saltzman, MD**, who is also the AOFAS president ...

[Mystics lose G Beard for season](#)

[Examiner.com](#) – April 15, 2010

[Miami Herald](#) - Miami, FL – April 14, 2010

Beard needs arthroscopic surgery on the ankle and will also have a tendon repaired by **James A. Nunley, MD**, foot and ankle surgeon, who has previously treated Beard ...

[For Yao, patience has become a necessity](#)

Yahoo! Sports – March 30, 2010

He visited three doctors for opinions, including foot and ankle orthopaedic specialist **Mark S. Myerson, MD**, who did the foot surgery for Cleveland Cavaliers center Zydrunas Ilgauskas ...

[Flyers Hope Surgery Quickens Carter's Recovery](#)

Comcast SportsNet - Philadelphia, PA – March 25, 2010

The decision to perform surgery on Jeff Carter is intended to better stabilize the fracture in his left foot and quite possibly expedite his recovery, which remains three to four weeks. Orthopaedist **Steven M. Raikin, MD**, will perform the surgery ...

[American Assoc. of Latino Orthopaedic Surgeons 3rd annual mtg](#)

Ortho SuperSite – March 16, 2010

"I think that mentoring should be done," said **Raoul P.**

Rodriguez, MD. "I think the opportunity should be open for these young people to excel themselves, and [it is] something [in which] we all should be involved ...

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Patient Education

[Warming Up for Spring and for Exercise: Prevention and Treatment of Foot and Ankle Injuries](#)

TheAlternativePress.com - NJ – April 26, 2010

"Plantar fasciitis is commonly felt as a pain in the bottom of the heel and is usually noticed on the first step out of bed in the morning or when walking again after resting from activity," said **Seth R. Queler, MD**, Orthopedic Surgeon ...

[Get Your Feet in Shape Before Spring Break](#)

[Pocono Record](#) - Stroudsburg, PA – March 11, 2010

[Marketwire](#) – March 3, 2010

Maintaining good foot hygiene can make your feet feel better, look better, and may prevent foot infections. According to the **American Orthopaedic Foot & Ankle Society** keeping feet healthy by practicing good foot hygiene is vital ...

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Happenings in Research

[Study shows vulnerability to ankle sprains varies with age](#)

USA Today - McLean, VA – March 14, 2010

Daniel C. Farber, MD, assistant professor of orthopaedic foot and ankle surgery at the University of Maryland School of Medicine in Baltimore says most patients benefit from doing some simple exercises ...

[Opening wedge osteotomy performed with plate fixation maintains metatarsal length](#)

Orthopedics Today – March 1, 2010

"This seems to be a reliable operation," **William M. Granberry, MD**, said during his presentation at the 25th Annual Summer Meeting of the AOFAS. "Metatarsal length is maintained. There are some minimal technical difficulties ...

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Shoe Selection and Safety

[New Shoes Claim To Tone Legs](#)

KDKA - Pittsburgh, PA – March 1, 2010

Stephen F. Conti, MD, "If you're healthy and physically active, running on sand is the best exercise, but if you're not, sand can be deadly to your foot and the same is true for shoes that are meant for young healthy people ...

(continued on page 5)

Surgical Updates

[Put Your Best New Foot Forward](#)

NBC4i.com - Columbus, OH – May 21, 2010

Thomas H. Lee, MD, says medicine has only truly started understanding ankles in the past decade or so with the help of complex computer models ...

[New ankles give man, 70, a real kick](#)

St. Louis Post-Dispatch - St. Louis, MO – May 13, 2010

Ankle replacement can be much more complicated than knee and hip surgery: **Jeffrey E. Johnson, MD** ...

[Ankle surgery provides options for patients](#)

[Today's THV 11](#) - Little Rock, AR – March 19, 2010

[KEYC Television](#) - N. Mankato, MN – March 19, 2010

Martin J. O'Malley, MD, says the keys to success are new, longer lasting material and surgical precision. "We're able to put the implant right where we want to ...

[Woman finds relief from hammertoes with new surgery](#)

Bismarck Tribune - Bismarck, ND – March 3, 2010

Laura M.B. Gehrig, MD, recommended a new surgical procedure for hammertoe. Gehrig implanted a metal pin in the joint. Unlike traditional hammertoe surgery ...

[New Option For Baby Boomers With Arthritic Ankles](#)

WCVB-TV - Boston, MA – March 2, 2010

"It's an excellent pain relieving device as well," said **Mark P. Slovenkai, MD**, Chief of Foot and Ankle Surgery at New England Baptist Hospital ...

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AOFAS Surgeons Highlighted

[Mitchell expected to miss season](#)

[ESPN Chicago](#) - Chicago, IL – March 16, 2010

[Chicago White Sox](#) - Chicago, IL – March 16, 2010

Mitchell, who suffered the injury making a catch on March 12, underwent the 75-minute procedure, which was performed by **John A. Nassar, MD**, a foot and ankle specialist in Scottsdale ...

[Wilton surgeon aids Haiti earthquake victim](#)

The Hour - Norwalk, CT – March 14, 2010

T. Jay Kleeman, MD, of Wilton, is an expert in foot and ankle surgery and was called in to perform this specialized procedure ...

[Long Beach Memorial doctors helped in Haiti](#)

Long Beach Press-Telegram - Long Beach, CA – March 13, 2010

Michael B. Strauss, MD, a former Navy doctor, is no stranger to treating people in emergency situations. In 1999, he traveled to Turkey to help victims of the magnitude 7.6 Izmit earthquake ...

[United's Simms, Burch To Undergo Surgery](#)

CSN Washington - Washington, DC – March 2, 2010

Burch will have surgery this Thursday by **Lew C. Schon, MD**, a foot and ankle specialist out of Baltimore, to address a fractured sesmoid bone in the right foot ...

[Decker on road to recovery](#)

Minneapolis Star Tribune - Minneapolis, MN – February 26, 2010

Decker said **Robert B. Anderson, MD**, a highly regarded foot and ankle specialist based in Charlotte, NC, told him that by June he will have no restrictions for working out ...

['Bone Bridge' procedure: 'The next step'](#)

The State - Columbia, SC – February 23, 2010

Blalock and his orthopedic surgeon, **Blake L. Ohlson, MD**, of the Roper-affiliated Orthopaedic Specialists, studied the prospect of amputating his lower right leg, fitting him with a prosthetic leg ...

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Happenings in Research

[Diabetes Status Tied to Infection Risk After Foot, Ankle Surgery](#)

ModernMedicine – February 26, 2010

Dane K. Wukich, MD, says patients undergoing foot and ankle surgery are more likely to have postoperative infections if they have complicated diabetes mellitus, while patients with uncomplicated diabetes do not appear to have a higher risk than patients without diabetes ...

[Extremity War Injuries Symposium Seeks To Improve Patient Care For Wounded Warriors](#)

Healthcanal.com – January 27, 2010

“The distinguished service of our military surgeons never ceases to amaze me,” noted **COL James R. Ficke, MD**, chair of orthopaedic surgery and rehabilitation at Brooke Army Medical Center ...

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Shoe Selection and Safety

[The Jefferson Awards: Finalists capture city's volunteer spirit](#)

Pittsburgh Post Gazette - Pittsburgh, PA – January 31, 2010

Stephen F. Conti, MD, an orthopaedic foot and ankle surgeon from Franklin Park, has reached out to the homeless for years with donations of free shoes and foot care ...

[Experts weigh in on the latest quick-fix trend to fitness](#)

Rochester Democrat & Chronicle - NY – Jan 20, 2010

Judith F. Baumhauer, MD, orthopaedic foot and ankle specialist, says the companies shouldn't make promises without peer-reviewed, published research...

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Patient Education

[Machine Claims To Sense Pressure In Feet](#)

KDKA - Pittsburgh, PA – March 4, 2010

To try those is a good first step, but if after one or two or three months of using them and you're no better, then you need to see a professional, according to **Stephen F. Conti, MD**, of Allegheny General Hospital's Foot and Ankle Orthopedics ...

[Wii Fit can be good supplement to regular exercise](#)

The Catholic Review - Baltimore, MD – February 18, 2010

John T. Campbell, MD, of The Institute for Foot and Ankle Reconstruction at Mercy, said the system is a “nice way to keep patients energized and engaged ...

[Whether You're an Olympic Athlete or Weekend Runner, a Make or Break Performance May Come Down to Your Feet](#)

Marketwire – February 11, 2010

[SYS-CON Media](#) – February 11, 2010

Thomas O. Clanton, MD: “In athletic competition, the foundation for achieving the Olympic motto “Citius, Altius, Fortius” (“swifter, higher, stronger”) is almost always the foot and ankle” ...

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Surgical Updates

[Me and my operation: Surgeons chopped off a bit of toe](#)

Daily Mail - London – February 15, 2010

David J. Redfern, MBBS: My colleague Joel Vernois and I pioneered keyhole cheilectomy 18 months ago and we've trained surgeons from five hospitals in the technique ...

[Pittsburgh Doc Pioneers Ankle Replacement Surgery](#)

WTAE ABC 4 - Pittsburgh, PA – February 2, 2010

Stephen F. Conti, MD, was one of three surgeons in the country who worked to develop something better than traditional fusion, which relieves pain but limits motion ...

(continued on page 6)

AOFAS Surgeons Highlighted

[Colts' Dwight Freeney not sure ankle will let him play in Super Bowl](#)

Los Angeles Times - Los Angeles, CA – February 3, 2010
That type of injury normally requires three to six weeks recovery time, said **Phillip K. Kwong, MD**, an orthopaedic foot and ankle surgeon at the Kerlan-Jobe Orthopaedic Clinic ...

[Expert: Injury to Colts' Dwight Freeney is 'severe' ligament tear](#)

USA Today - McLean, VA – February 1, 2010
Steven B. Weinfeld, MD, chief of foot and ankle surgery in the Orthopedics Department New York's Mount Sinai Hospital, said such a sprain is the "highest grade" ...

[Four Tucson doctors return from Haiti](#)

KOLD-TV - Tucson, AZ – January 31, 2010
Russell Cohen, fellow orthopedic surgeons **Eric P. Antcil, MD**, and Joel Goode, as well as anesthesiologist Luis Esparza just returned from a week in Haiti to help those wounded ...

[Local surgeon, 74, still going strong and in demand](#)

KOMO News - Seattle, WA – January 26, 2010
Sigvard T. Hansen, MD, is a pioneer in medicine and is credited with creating techniques to repair feet and ankles that are copied around the world ...

[Doctors: Haiti medical situation shameful](#)

CNN - Atlanta, GA – January 25, 2010
[Wall Street Journal](#) - New York, NY – January 25, 2010

Dean G. Lorich, MD, Dr. Soumitra Echempati, and David L. Helfet, MD: We implore an official organization to step up and take charge of the massive ongoing medical effort ...

[Stewart has surgery on Achilles to relieve pain](#)

[Charlotte Observer](#) - Charlotte, NC – January 21, 2010
[The Herald](#) - Rock Hill, SC – January 21, 2010
Carolina Panthers' Jonathan Stewart had successful surgery on his left Achilles on Wednesday. The surgeries were performed by Panthers team orthopaedist **Robert B. Anderson, MD** ...

[Hospital for Special Surgery helps Haiti victims](#)

The Medical News – January 20, 2010
Led by David L. Helfet, MD, and **Dean G. Lorich, MD**, the team has been working round the clock and has already performed more than 50 surgical procedures ...

(continued on page 7)

Patient Education

[' Lifeline: Start slow at the gym](#)

[SouthCoastToday](#) - New Bedford, MA – January 7, 2010
[Buffalo News](#) - Buffalo, NY – January 12, 2010
The **American Orthopaedic Foot & Ankle Society** says that a rapid increase of activity can induce a number of ankle and foot problems such as stress fractures, plantar fasciitis or ruptured ...

[Heel Pain Usually Relieved With Stretching Regimen](#)

[BusinessWeek](#) - USA – December 30, 2009
[WAFB Channel 9](#) - Baton Rouge, LA – December 30, 2009
The condition, plantar fasciitis, or inflamed tissue and swelling of the sole of the foot, can become chronic if steps aren't taken to relieve it, according to **Benedict F. DiGiovanni, MD** ...

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Happenings in Research

[Expert answers to a few of life's everyday quandaries](#)

The Newark Advocate – Newark, OH – Jan 27, 2010
A study in *Foot & Ankle International*, official scientific journal of the **American Orthopaedic Foot & Ankle Society**, found that the added pressure of a high heel can contribute to "pain, callous and bony deformities"...

[Multiplanar imaging shown to be reliable for assessing parameters of flatfoot](#)

Ortho SuperSite - Thorofare, NJ – December, 2009
The multiplanar imaging modality gives us a reliable way of assessing flatfoot parameters, particularly those of arthrosis and impingement," said **Scott J. Ellis, MD**, at the AOFAS 25th Annual Summer Meeting. **Victor Valderrabano, MD, PhD**, moderator, called it "innovative" ...

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Shoe Selection and Safety

[High Fashion: Study Says Higher Heels, Greater Pain](#)

[Columbus Dispatch](#) - OH – January 18, 2010
[10TV News](#) - Columbus, OH – January 11, 2010
A study in *FAI* found that the pressure also contributes to callouses and bone deformities. **Gregory C. Berlet, MD**, says: "This is the good kind of research where you can start to say to people, I would recommend ...

(continued on page 7)

Surgical Updates

[Ankles Gain as Candidates for Joint Replacement](#)

New York Times - New York, NY – January 18, 2010
Jonathan T. Deland, MD, said: "we're getting fewer and fewer failures" ... **Craig S. Radnay, MD**, is now a "big believer" in ankle replacement for certain patients ... "My happiest patients I have in my practice are my ankle replacement patients," **Brian G. Donley, MD** ...

[Hero doctors saved her foot](#)

San Angelo Standard Times - TX – Dec 25, 2009
"ankle replacement surgery still allows the ankle to move (as opposed to an ankle fusion), so it should cause less stress on other joints in the foot and hopefully allow for better long-term results," said **Joseph J. Zubak, MD** ...

[Ankle surgery makes Midlands woman's dreams come true](#)

WIS 10 - Columbia, SC – December 21, 2009
She learned about two doctors at Midlands Orthopaedics who suggested total ankle replacement as an option for greater mobility. **William C. James, III, MD**, and **Robert D. Santrock, MD**, first cleaned out her ankle ...

[Jumping for joy](#)

Honolulu Star-Bulletin - HI – December 10, 2009
"It becomes symptomatic because in ballet she has to go en pointe -- on her tippy toes -- and that bone impinges on the tibia bone of the ankle," **Spencer K.Y. Chang, MD**...

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AOFAS Surgeons Highlighted

[Hilton Head Island man organizes mission to Haiti](#)

WTOC 11 - Savannah, GA – January 15, 2010
Supplies, retired orthopaedic specialist, **Robert H. Belding, MD**, from Columbia, knows will be helpful. He's worked as a doctor in Haiti for years and was just ...

[Iowans Helping Relief Effort In Haiti](#)

[KCCI 8](#) - Des Moines, IA – January 13, 2010
[Sioux City Journal](#) - Sioux City, IA – January 13, 2010
Bryan D. Den Hartog, MD, and about 50 volunteers from Iowa arrived on Monday. They were in the midst of building homes and providing free medical clinics when the earthquake hit ...

[Hodges Operation A Success](#)

Broncos.com - Brisbane, Australia – January 12, 2010
Broncos foot and ankle surgeon **Terence Saxby, MD**, came back with a glowing result on the procedure. It means Hodges will only have to go through the minimum ...

[Browns QB Brady Quinn will visit specialist, Lisfranc foot injury](#)

[Cleveland.com](#) - Cleveland, OH – January 12, 2010
[Bleacher Report](#) - Cleveland, OH – January 12, 2010
Quinn, who suffered the injury Dec. 20 in Kansas City, will travel to Charlotte, N.C. to see **Robert B. Anderson, MD**, who recently repaired the Lisfranc injury suffered by Dolphins running back ...

[Tide's Andrew Steele out after surgery](#)

TideSports - Tuscaloosa, AL – January 7, 2010
After undergoing treatment and observation, surgery was deemed necessary. Dr. Lyle Cain and **Angus M. McBryde, MD**, performed the procedure at St. Vincent's Hospital ...

[Clinic helps save sore soles](#)

Omaha World-Herald - Omaha, NE – December 6, 2009
The orthopaedic surgeons, including **Scott T. McMullen, MD**, all five of whom specialize in foot and ankle care, held and examined feet, trimmed and filed toenails and gave foot care advice to the patients, who then received free shoes. Overseen by **Timothy C. Fitzgibbons, MD**, and ...

(continued on page 8)

Patient Education

[Does Your New Year's Resolution Include an Exercise Plan?](#)

Marketwire – December 28, 2009
Keith L. Wapner, MD, "Plantar fasciitis, tendonitis and stress fractures are the most common overuse injuries. These can be avoided by remembering to include a stretching protocol prior to your workout and following the 'rule of tens' ...

[Tis the Season for Plantar Fasciitis](#)

[Medical News Today](#) – December 27, 2009
[Market Wire](#) – December 21, 2009
According to **Benedict F. DiGiovanni, MD**, and the AOFAS, plantar fasciitis typically starts gradually with mild heel pain. The pain classically occurs with the first step in the morning ...

(continued on page 8)

Happenings in Research

[Diabetic foot, ankle patients have fivefold greater risk for postoperative infection](#)

Ortho SuperSite - Thorofare, NJ – December, 2009
"Diabetic patients have about a fivefold increased risk for developing a severe infection postoperatively than nondiabetic patients," **Dane K. Wukich, MD**, said at the 25th Annual Summer Meeting of the AOFAS. **James W. Brodsky, MD**, praised Dr. Wukich's research ...

[Return to Light Recreational Activity Possible for Patients Undergoing Ankle Replacement Surgery](#)

News-Medical.net – October 31, 2009
"The return to sporting activities after total ankle arthroplasty has rarely been evaluated. The goal of this study was to evaluate ankle function and sports participation among patients with total ankle prosthesis," **Mark M. Casillas, MD**, AOFAS member, co-author ...

(continued on page 8)

Shoe Selection and Safety

[Height of Heel Matters in Prevention of Foot Pain](#)

[Health News Digest](#) - NY, NY – December 3, 2009
[Allure](#) - NY, NY – December 7, 2009
[Oregon Live](#) - Portland, OR – December 7, 2009

Chung-Li Wang, MD, PhD, AOFAS member and co-author: "This study demonstrates the close association between heel height, plantar pressure and soft tissue compressibility. This is helpful in the prevention ...

[Today's Health: Preventing Hammertoes](#)

Today's THV - Little Rock, AR – November 17, 2009
Ruth L. Thomas, MD, an orthopaedic foot and ankle surgeon at UAMS says most hammertoe problems can be prevented, "Mostly it's related to shoe wear ...

(continued on page 8)

Surgical Updates

[High 5-year revision, complication rates seen with three-part total ankle design](#)

Ortho SuperSite - Thorofare, NJ – December, 2009
"We have a high revision rate at 5 years and a high perioperative complication rate," **Dawson C. Muir, MD, MBChB, FRACS**, at the AOFAS 25th Annual Summer Meeting. Session moderator, **Michael J. Coughlin, MD**, said that others may have different revision rates ...

[Ankle replacements gaining ground](#)

The State - Columbia, SC – November 3, 2009
Both **William C. James, III, MD**, and **Robert D. Santrock, MD**, caution that ankle replacement surgery isn't for everyone. But it wasn't there for anyone a few years ago. **Thomas N. Joseph, MD**, recommends replacement surgery only for patients over 50 ...

(continued on page 8)

AOFAS Surgeons Highlighted

[Falcons could be without Ryan or Turner](#)

ESPN - Bristol, CT – December 1, 2009

Matt Ryan traveled to Charlotte, North Carolina to be evaluated by **Robert B. Anderson, MD**, the foot and ankle specialist who recently performed surgery on Miami Dolphins' Ronnie Brown ...

[New To Tesson Heights Orthopedic Association](#)

South County Times - Webster Groves, MO – November 20, 2009

Foot and Ankle Orthopedic physician **John B. Weltmer Jr., MD**, has joined the staff of Tesson Heights Orthopedic & Arthroscopic Associates, PC ...

[Miami Dolphins' Ronnie Brown to have surgery Friday](#)

[Miami Herald](#) - Miami, FL – November 20, 2009

[CBS 4](#) - Miami, FL – November 20, 2009

Dolphins running back Ronnie Brown has decided to undergo surgery to repair a Lisfranc fracture in his foot. A final medical opinion from **Robert B. Anderson, MD**, renowned foot expert ...

[Hero Central: Arkansas Homeless To Be Fitted With Free Shoes](#)

Today's THV - Little Rock, AR – November 19, 2009

UAMS staff from the department of orthopaedics volunteer to help more than 200 needy men and women. Says **Ruth L. Thomas, MD**: "We're going to examine the feet to make sure we don't have problems like developing ulcers or sores ...

[Sam Bradford Will Be A Redskin??](#)

Hogs Haven - Washington, DC – November 2, 2009

Before the 2008 NFL draft, Oregon running back Jonathan Stewart underwent foot surgery by **Robert B. Anderson, MD**, the Carolina Panthers' team doctor ...

[Decker to have season-ending surgery](#)

ESPN - Bristol, CT – October 31, 2009

[Minnesota Daily](#) - Minneapolis / St. Paul – November 1, 2009

Minnesota wide receiver Eric Decker will have surgery to fix torn ligaments in his left foot in Charlotte, NC, with specialist **Robert B. Anderson, MD**. The injury is a Lisfranc sprain ...

(continued on page 9)

Patient Education

[Ryan trying to battle back from nasty injury](#)

Atlanta Journal Constitution - Atlanta, GA – December 8, 2009

"These ligaments take about eight to 12 weeks to heal," said **Steven B. Weinfeld, MD**, the chief of foot and ankle surgery at Mount Sinai Medical Center in New York City...

[Foot Pain – 5 Essential Foot Facts to Consider](#)

GenInv – Health and Wellness – December 3, 2009

In fact, the **American Orthopedic Foot & Ankle Society** says that women have about 90% of all surgeries for common foot problems, such as bunions and hammertoes. A crucial factor ...

[Protect Yourself Against Foot and Ankle Arthritis](#)

[Health News Digest](#) – November 16, 2009

[Marketwire](#) – November 16, 2009

The AOFAS recommends seeking treatment from an orthopaedic surgeon specializing in foot and ankle disorders. **Nicholas A. Abidi, MD**: "If you do develop ankle or foot arthritis, bracing and shoe modification as well as weight management ...

(continued on page 9)

Happenings in Research

[Study notes SPECT-CT as influential in making talar lesion treatment decisions](#)

Ortho SuperSite - Thorofare, NJ – October 2009

"Talus osteochondral lesions can be better treated if you have a better diagnostic tool," **Victor Valderrabano, MD, PhD**, at the AOFAS 25th Annual Summer Meeting ...

[Using 32 new quality indicators can help TJR surgeons have more consistent results](#)

Ortho SuperSite – October 1, 2009

Nelson F. SooHoo, MD, and colleagues identified 32 total joint replacement (TJR) high quality-of-care practices including documentation of preoperative indications, adhering to intraoperative ...

[Intraoperative 3-D imaging beneficial during ORIF of calcaneal fractures](#)

Ortho SuperSite – October 1, 2009

"Intraoperative 3-D imaging really improves the intraoperative visualization," **Martinius Richter, MD**, at the 25th Annual Summer Meeting of the AOFAS ...

[Higher nonunion rates found using locked plate constructs for hallux MTP fusion](#)

Ortho SuperSite – September 30, 2009

"Locked plates had a higher nonunion rate compared to nonlocked plates for hallux MTP fusion in our series," **Kenneth J. Hunt, MD**, said at the AOFAS 25th Annual Summer Meeting. **Saul G. Trevino, MD**, a moderator ...

(continued on page 9)

Shoe Selection and Safety

[Study: Poor Shoes May Haunt You Later](#)

CBS News - New York, NY – September 29, 2009

As for high-heels, Ashton cited the **American Orthopaedic Foot & Ankle Society**, saying they can not only hurt the foot, but can lead to injury all the way up to the back ...

(continued on page 9)

Surgical Updates

[Minimally invasive surgery may be a viable option for treating calcaneal fractures](#)

Ortho SuperSite - Thorofare, NJ – October 2009

Using percutaneous reduction and external fixation for calcaneal fractures can lead to earlier weight-bearing and avoid complications associated with open reduction and internal fixation, **William C. McGarvey, MD**, at the 25th Annual Summer Meeting of the AOFAS ...

[Hammertoes corrected by surgical implants](#)

WRAL.com - Raleigh, NC – October 22, 2009

"What we do with the smart toe device is we fuse the toe in its normal bent posture of about 10 degrees," said **Selene G. Parekh, MD**. The body's heat expands the device in the joint, freezing it in a more natural angle ...

(continued on page 9)

AOFAS Surgeons Highlighted

[Herr named Mayo Clinic assistant professor](#)

Dunn County News - Menomonie, WI – October 30, 2009

"I knew that I always wanted to be a teacher like my parents," said **Mark J. Herr, MD**. "Now I not only get to teach people, but I get to fix them too ..."

[NFL: Cracked bone in foot can't stop Bradshaw](#)

The New York Times - New York, NY – October 29, 2009

The third-year running back flew to North Carolina and was examined by foot / ankle specialist **Robert B. Anderson, MD**, who confirmed the diagnosis : a cracked fifth metatarsal ...

[After surgery, Cooley could be back in four weeks](#)

Washington Post - Washington, DC – October 28, 2009

The surgery was performed by **Mark S. Myerson, MD**, who has pioneered surgical techniques that have revolutionized diagnosis, treatment and recovery of disorders of the foot and ankle ...

[NY Giants Bradshaw visits specialist: foot and ankle injuries](#)

The Star-Ledger - Jersey City, NJ – October 28, 2009

Two years ago, then-Giants wide receiver Plaxico Burress flew to visit noted foot and ankle specialist **Robert B. Anderson, MD**, about his nagging ankle injury. Wednesday, Ahmad Bradshaw ...

[DC United's Santino Quaranta undergoes successful surgery](#)

OurSports Central - Washington, DC – October 14, 2009

Santino Quaranta underwent successful surgery for a ruptured plantar plate in his foot's first metatarsal by orthopaedist **Lew C. Schon, MD**, at Union Memorial Hospital, Baltimore ...

[Tribe's LaPorta has surgery on hip, toe](#)

MLB.com - New York, NY – October 14, 2009

The Brewers, Matt LaPorta had his left big toe joint stabilized with sutures by **Thomas O. Clanton, MD**. The big toe injury, which is commonly referred to as "turf toe" ...

[Dr. Hap Lutter, surgeon who lived a full life](#)

Minneapolis Star Tribune - Minneapolis, MN – October 10, 2009

"**Lowell D. "Hap" Lutter, MD**, was known as a fantastic orthopaedic surgeon and for how much he did for the community," **J. Chris Coetzee, MD**, orthopaedic surgeon ...

[Ankle surgery for Taylor](#)

Boston Globe - Boston, MA – October 9, 2009

Taylor underwent surgery to repair severe ligament damage in his right ankle by **George H. Theodore, MD**, who reconstructed the ruptured peroneal tendon sheath of Red Sox ...

(continued on page 10)

Patient Education

[If your first step is painful ...](#)

Huffington Post – October 31, 2009

Joshua S. Dines, MD, and Dr. Rock Positano: "Eli Manning's right heel injury reminds us of a common problem that affects athletes - plantar fasciitis. Plantar fasciitis is an inflammation ..."

[Healthbeat Report: The Bunion Blues](#)

ABC7Chicago.com - Chicago, IL – October 29, 2009

Brian C. Toolan, MD, University of Chicago orthopaedic surgeon, says surgery makes sense when other treatments don't work. "It's not a preventative surgery ..."

(continued on page 10)

Happenings in Research

[Low postoperative DVT or PE risk seen in patients following ankle fracture surgery](#)

Ortho SuperSite – September 30, 2009

Senior investigator, **Nelson F. Soohoo, MD**, found a less than 1% readmission rate for pulmonary embolism (PE) and deep venous thrombosis (DVT) in an ankle fracture surgical population. **Ronald W. Smith, MD**, "This study helps justify prophylaxis ..."

[Doctor: Don't drive with a cast](#)

Quad City Times - Davenport, IA – September 29, 2009

Kurt M. Rongstad, MD, timed 42 subjects on how quickly they could lift their right foot off the gas pedal. It took about 25 percent longer wearing a cast ...

(continued on page 10)

Shoe Selection and Safety

[Unions put their foot down over height of fashion](#)

[The Age](#) - Melbourne, Australia – September 28, 2009

[WAtoday](#) - Western Australia – September 28, 2009

Orthopaedic surgeon **Martin R. Sullivan, MD**, treats hundreds of women every year for problems caused by high heels, including bunions; claw toes; and ...

[Barefoot running gains toehold on respectability](#)

[San Francisco Examiner](#) - CA – September 26, 2009

[Baltimore Sun](#) - MD – September 22, 2009

"It's unlikely to be incredibly harmful for people with normal feet," said **Gregory P. Guyton, MD**, an orthopaedic surgeon at Union Memorial Hospital specializing in foot and ankle reconstruction ...

(continued on page 10)

Surgical Updates

[Bunionectomy: a surgical solution to the bunion foot deformity](#)

Suite101.com – October 2, 2009

According to the **American Orthopaedic Foot & Ankle Society**, most bunion cases do not require surgery, unless there is disabling pain or an underlying deformity. Bunion surgery ...

[How fixing a tightrope to your legs will stop your ankles giving way](#)

Daily Mail - London – September 29, 2009

Mark S. Davies, MD, says, "For years, standard treatment involved putting a screw in to pull the tibia and the fibula together at the ankle. The problem is nature intended a bit of movement between bones ..."

(continued on page 10)

AOFAS Surgeons Highlighted

[New UI sports medicine facility opening](#)

Gazette online - Cedar Rapids, IA – October 8, 2009

“This really brings us together in one location so that it makes it much more accessible and effective for the athletes and patients,” **Ned Amendola, MD**, said.

[The Game Meant Nothing...Today's MRI Meant Everything](#)

[Study of Sports](#) – October 7, 2009

[National Football Post](#) – October 5, 2009

Eli Manning was diagnosed with a plantar fascia injury. He will be headed to see **Robert B. Anderson, MD**, in North Carolina for a second opinion ...

[Two Red Bulls To Undergo Season-Ending Surgery](#)

OurSports Central – October 6, 2009

Wolyniec will undergo right ankle surgery Tuesday, to remove two bone chips. The procedure will be performed at the Hospital for Special Surgery by **David S. Levine, MD** ...

[Vietnam Vets of a Different Sort](#)

Medical News of Arkansas - Nashville, TN – October, 2009

Pierce E. Scraton, MD, organized an Overseas Outreach Project. So far, 24 AOFAS surgeons have traveled to Vietnam to perform corrective surgeries. **Ruth L. Thomas, MD**; **R. Dale Blasier, MD**; **E. Greer Richardson, MD**; **Robert S. Adelaar, MD**; and **Michael M. Romash, MD** ...

[Perez to have ankle surgery Wednesday](#)

Indians.com - Cleveland, OH – October 4, 2009

Reliever Chris Perez will have surgery by **James J. Sferra, MD**, at the Cleveland Clinic, Wednesday to remove an extra bone that has formed in the back of his left ankle ...

[Specialty Care at St. Luke's](#)

Montgomery County Courier - Houston, TX – October 3, 2009

Kelly W. Blevins, MD, orthopaedic surgeon and chief of surgery, performed the first surgery at the hospital. The hospital's focus on specialized care is geared toward patients...

[Melvin Jahss, MD 1921-2009](#)

JBJS - Needham, MA – October 2, 2009

Melvin H. Jahss, MD, pioneer in the emerging specialty of foot and ankle surgery and an outstanding teacher known for his seriousness mixed with humor, died at home in New York City on Feb. 14, 2009 ...

(continued on page 11)

Patient Education

[Diligent Foot Maintenance as Key to Prevention of Foot Amputations in Diabetics](#)

Health News Digest - New York, NY – October 20, 2009

AOFAS member **Michael S. Pinzur, MD**, Loyola University Medical Center, “It is imperative that diabetics inspect their feet daily, as foot infection is the leading cause of hospitalization ...

[Manning has inflamed right foot](#)

Pocono Record - Northeast, PA – October 6, 2009

Steven B. Weinfeld, MD, chief of foot and ankle surgery from Mount Sinai's Dept. of Orthopaedics in NY, said that the injury could be treated by taping the foot, stretching, cushioning ...

(continued on page 11)

Happenings in Research

[Better clinical outcomes seen in patients who had intraoperative pedography](#)

Ortho SuperSite – September 9, 2009

“The best thing is that bad feet could be erased or detected intraoperatively and could be changed,” **Martinus Richter, MD, PhD**, at the 25th Annual Summer Meeting. He and Stefan Zech, MD ...

[Hardware removal halts the majority of postoperative foot and ankle pain](#)

Ortho SuperSite – September 1, 2009

To better understand the factors affecting pain in these patients, **Dolfi Herscovici Jr., DO**, and Julia Scaduto, ARNP, prospectively enrolled 28 patients in a study to evaluate hardware removal outcomes in terms of how greatly and quickly ...

(continued on page 11)

Shoe Selection and Safety

[High Heels: Love 'em or hate 'em ladies still wear 'em](#)

WBIR-TV - Knoxville, TN – September 25, 2009

Orthopaedic Surgeon **Tracy A. Pesut, MD**, says this is common. “Usually what I'll see in patients that want to wear the pointy-toes that are very popular right now. They get pain in the big toe ...

[Buy cheap children's shoes, repent in agony](#)

Times Online - London – September 7, 2009

... the “9 out of 10” rule developed by orthopaedic surgeon, **Carol C. Frey, MD**. He said that nine out of ten people wore shoes that were too small ...

(continued on page 11)

Surgical Updates

[AOFAS new position statement total ankle replacement](#)

Advancements in Orthopedics - DC – September, 2009

The **American Orthopaedic Foot & Ankle Society** notes that “over the past decade, total ankle replacement has evolved as an acceptable and viable alternative to ankle arthrodesis in select patients ...

[Ankle Replacement A Flexible Option](#)

WCCO - Minneapolis / St. Paul – September 16, 2009

“...allows for the same range of motion as your normal ankle and there's a fairly deep groove that keeps your good rotational stability to prevent the pieces from moving around,” **J. Chris Coetzee, MD** ...

(continued from page 9)

AOFAS Surgeons Highlighted

[Orthopedic chief wants MU to excel](#)

Columbia Daily Tribune - Columbia, MO – October 1, 2009

“When **Jason H. Calhoun, MD**, came to the department, he took something that was in bad shape and made it good ...

[Forssell faces long lay-off](#)

SkySports – September 16, 2009

Hannover striker Mikael Forssell sustained a metatarsal bone injury in the clash against Mainz. He is to go under the knife of Munich-based specialist **Markus Walther, MD, PhD** ...

[Jones to miss entire season with torn ligaments in ankle](#)

ChicagoBears.com - Chicago, IL – September 4, 2009

Bears running back Kevin Jones is scheduled to undergo surgery early next week. The procedure will be performed by Bears foot and ankle specialist **Armen S. Kelikian, MD** ...

[‘Surgeon-in-chief’ wrong](#)

Pittsburgh Tribune-Review - Pittsburgh, PA – Sept 2, 2009

As an orthopaedic foot and ankle specialist in Western PA for 23 years, I (**Michael W. Bowman, MD**) can say that most of these patients for whom we care are long-term patients and even friends. Amputation is a painful but sometimes necessary ...

(continued from page 10)

Happenings in Research

[Exercise during pregnancy healthy for mother/child](#)

Indian Express – August 4, 2009

According to author Capt. **Marlene DeMaio, MD**, Research Director, Naval Medical Center, Portsmouth, VA, the study indicates that pregnant woman’s body can compensate ...

(continued from page 10)

Shoe Selection and Safety

[Where to buy running shoes in Seattle](#)

Examiner.com - USA – September 3, 2009

Over 60% of runners had injuries related to their shoes, according to results of a survey by the **American Orthopaedic Foot & Ankle Society** ...

(continued from page 10)

Patient Education

[School Sports May Spell Trouble for Ankles](#)

US News & World Report - Wash., DC – September 19, 2009

"A rapid return to sports such as football, soccer & long-distance running puts considerable stress on the foot & ankle, significantly predisposing to injury," **Ned Amendola, MD** ...

[Achilles tendon tears can end a season quickly](#)

Huffington Post – September 17, 2009

Joshua S. Dines, MD, and Dr. Rock Positano: “About 80% of the time, Achilles tendon tears occur during sporting activities. In older patients, the tendon can tear as a result of ...

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