



AMERICAN ORTHOPAEDIC
FOOT & ANKLE SOCIETY®

RECONSTRUCTION • SPORTS MEDICINE • TRAUMA • TECHNOLOGY

Save when you register
by September 16

AOFAS Complete Foot Care Course

Team approach to total foot and ankle care



**Multi-disciplinary
Faculty**



**Didactic
Presentations**



**Breakout
Sessions**



October 14-15, 2016

Sheraton Clayton Plaza Hotel • St. Louis, Missouri

Course Chair: Jeremy J. McCormick, MD

Co-Chair: Todd A. Irwin, MD

www.aofas.org/completefoot

Faculty and Course Information

FACULTY

ORTHOPAEDIC SURGEONS

Jeremy McCormick, MD, Course Chair

St. Louis, Missouri

Todd Irwin, MD, Course Co-Chair

Ann Arbor, Michigan

Robert Dehne, MD

Austin, Texas

Brett Grebing, MD

Maryville, Illinois

Jeffrey Johnson, MD

St. Louis, Missouri

David Richardson, MD

Memphis, Tennessee

Saul Trevino, MD

Morrisville, Vermont

NURSES

Laurel Bryant, RN, MSN, ANP

St. Louis, Missouri

Shannon Clouse, RN

St. Louis, Missouri

Michele Mueller, NP

St. Louis, Missouri

**Margaret Rowell, BSN, RN, CNOR,
Nurse Program Planning Committee Chair**

Morrisville, Vermont

PEDORTHISTS

Dennis Janisse, CPed

West Bend, Wisconsin

Erick Janisse, CPed, CO

St. Louis, Missouri

PHYSICAL THERAPIST

Mary Hastings, PT, DPT, MSCS, ATC

St. Louis, Missouri

PHYSICIANS

ENDOCRINOLOGIST

Naga Yalla, MD

St. Louis, Missouri

RADIOLOGIST

Michael Friedman, MD

St. Louis, Missouri

Faculty subject to change

COURSE DESCRIPTION

A comprehensive multi-disciplinary course for health care professionals, this program is designed to enhance participants' knowledge and skills in the management of foot and ankle problems. General didactic session topics include evaluation and office treatment of common foot and ankle problems, including trauma, sports injuries, the aging foot, arthritis, and diabetes; assessment of foot biomechanics and gait analysis; physical therapy; pedorthic principles; and bone healing. The hands-on breakout sessions will address foot anatomy and examination; total contact casting and splinting; imaging; orthotics and bracing; wound care; patient satisfaction; and case presentation discussion.

HOUSING

This course will be held at the **Sheraton Clayton Plaza Hotel**, 7730 Bonhomme Avenue, St. Louis, Missouri 63105. Go to www.aofas.org/completefoot for special AOFAS room rate.

LEARNING OBJECTIVES

At the conclusion of this course, learners should be able to:

- Demonstrate and apply diagnostic skills and techniques in the non-operative care of foot and ankle disorders
- Describe the roles of other disciplines in the treatment of foot and ankle problems
- Improve clinical skills in the management of patients with foot and ankle disorders
- Apply strategies to improve patient satisfaction and outcomes

WHO SHOULD ATTEND

This meeting is designed for physicians and other health care professionals involved in foot and ankle care including nurses, nurse practitioners, physician assistants, orthopaedic technicians, physical therapists, athletic trainers, and orthotists/pedorthists and prosthetists.

Course Information

STATEMENT OF NEED

A need for this educational activity has been determined based on previous course evaluations and the AOFAS educational curriculum. The content of this course was based on current issues and topics provided by AOFAS membership and leadership.

CONTINUING EDUCATION CREDIT ACCREDITATION

The American Orthopaedic Foot & Ankle Society (AOFAS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

AMA PRA CREDIT

The AOFAS designates this live activity for a maximum of **14.25 AMA PRA Category 1 credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Course participants are required to submit a completed evaluation form at the end of the course in order to receive CME credit.

PHYSICIAN ASSISTANTS

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 14.25 *AMA PRA Category 1 credits™* for completing this activity.

PENDING APPROVAL CONTACT HOURS AND CREDITS:

- Certified Athletic Trainers: Board of Certification (BOC)
- Nurses: National Association of Orthopaedic Nurses (NAON)
- Orthotists/Pedorthotists and Prosthetists: American Board of Certification (ABC)
- Physical Therapists: Missouri Physical Therapy Association (MPTA)

DISCLOSURE

The AOFAS requires all instructors, planners and other individuals in a position to control or influence the content of an educational activity to disclose all relevant financial relationships or affiliations during the past

12 months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on patients). All identified conflicts of interest must be resolved and the education content vetted by the AOFAS for fair balance, scientific objectivity and appropriateness. The AOFAS also requires faculty to disclose when off-label/unapproved uses of a product are discussed in a CME activity. The AOFAS attests that the persons responsible for the development of this educational activity did so independently and were not influenced by commercial supporters. All financial disclosures will be provided to meeting attendees in the final program materials.

DISCLAIMER

The material presented in this continuing medical education activity has been made available by the American Orthopaedic Foot & Ankle Society (AOFAS) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situation discussed, but rather is intended to present an approach, view, statement, or opinion of the authors or presenters, which may be helpful or of interest, to other practitioners. Methods, techniques and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are their own, and do not necessarily represent those of the AOFAS, nor does presentation on the program represent or constitute endorsement or promotion by the AOFAS. The AOFAS expressly disclaims any warranties or guarantees, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated. AOFAS may photograph or record you as you participate in this meeting and related activities. Meeting lectures and questions from the audience will be captured and recordings made available in the future. Photos and recordings may be used by the AOFAS in future promotional materials.

Program Information

Program and faculty subject to change

THURSDAY, OCTOBER 13

4:00 – 7:00 pm **Registration**

FRIDAY, OCTOBER 14

6:45 am – 5:30 pm **Registration**

6:45 am
Continental Breakfast / Exhibits

7:25 am
Welcome
Jeremy McCormick, MD

SYMPOSIUM I – THE BASICS

7:30 – 9:00 am
Moderator: Robert Dehne, MD

7:30 am
“Point to where it hurts” -
Clinical Evaluation of the Foot and Ankle
Robert Dehne, MD

7:45 am
“Turn off the lights!” -
Radiology of the Foot and Ankle
Michael Friedman, MD

8:00 am
“Stand on your own two feet” -
Foot Biomechanics and Gait Analysis
Mary Kay Hastings, PT, DPT, MSCI, ATC

8:15 am
“Not all arch supports are created
equal” - General Pedorthic Principles
Erick Janisse, CPed, CO

8:30 am
“All in the name of science!” -
Bone Healing and Vitamin D
Naga Yalla, MD

8:45 am
Questions, Panel Discussion, Q/A

SYMPOSIUM II – COMMON COMPLAINTS

9:00 – 10:30 am
Moderator: Jeremy McCormick, MD

9:00 am
“Mallets, and hammers, and claws,
oh my!” - Lesser Toe Deformities
Saul Trevino, MD

9:15 am
“Terrible Triad” of the Foot -
Metatarsalgia / MTP Instability /
Neuromas
David Richardson, MD

9:30 am
“My big toe hurts!” - Hallux Rigidus
and Sesamoiditis
Jeffrey Johnson, MD

9:45 am
“It’s just a bunion!?!” - Hallux Valgus
Jeremy McCormick, MD

10:00 am
“They told me I have ‘heel spurs’ -
can you help me?” - Heel Pain
Todd Irwin, MD

10:15 am
Discussion, Case Presentations, Q/A

10:30 – 11:00 am
Break / Visit Exhibits

SYMPOSIUM III – “IS IT FRACTURED OR IS IT BROKEN?” - FOOT AND ANKLE TRAUMA

11:00 am – 12:00 pm
Moderator: Jeffrey Johnson, MD

11:00 am
“It’s just a toe fracture - rub some
dirt on it!” - Forefoot and Midfoot
Brett Grebing, MD

11:15 am
“I should have hired someone to
put up the Christmas lights!” -
Talus and Calcaneal Fractures
Todd Irwin, MD

11:30 am
“Know when to say when!” -
Ankle Fractures
David Richardson, MD

11:45 am
Discussion, Case Presentations, Q/A

12:00 – 12:45 pm
Lunch / Visit Exhibits

SYMPOSIUM IV – WE’RE IN ST. LOUIS - LET’S TALK ABOUT THE ARCH!

12:45 – 1:30 pm
Moderator: Saul Trevino, MD

Program Information

12:45 pm

"Why am I walking on the outside part of my foot?" - Diagnosis and Management of Pes Cavus
Jeffrey Johnson, MD

1:00 pm

"My arch has fallen and it can't get up!" - Diagnosis and Management of Pes Planus
Jeremy McCormick, MD

1:15 pm

Discussion, Case Presentations, Q/A

BREAKOUT SESSIONS

1:30 – 4:20 pm

Attendees will rotate thru each session.

#1 - Anatomy and Physical Examination of the Foot and Ankle - "The devil is in the details"

Moderators: Jeffrey Johnson, MD; Robert Dehne, MD

#2 - Total Contact Casting and Splinting - "It's not as easy as it looks!"

Moderators: Margaret Rowell, BSN, RN, CNOR; Laurel Bryant, RN, MSN, ANP

#3 - Imaging - "What are all those shadows?"

Moderator: Michael Friedman, MD

#4 - Case Presentations:

Common Injuries Part #1

Moderator: Jeremy McCormick, MD

4:20 – 4:30 pm

Complete Evaluation and return to Registration Desk

4:30 – 5:45 pm

Welcome Reception with Exhibitors

SATURDAY, OCTOBER 15

6:45 am – 4:00 pm *Registration*

6:45 am

Continental Breakfast / Exhibits

7:25 am

Announcements

Jeremy McCormick, MD

SYMPOSIUM V – FOR THE LOVE OF THE GAME - SPORTS INJURIES

7:30 – 9:00 am

Moderator: Todd Irwin, MD

7:30 am

"But, I don't even wear pumps!" - Achilles Tendinopathy
Brett Grebing, MD

7:40 am

"Two tendons, one problem" - Peroneal Tendinopathy
Jeremy McCormick, MD

7:50 am

"Who is Liz Franc, anyways?" - Lisfranc Injuries
Todd Irwin, MD

8:00 am

"At least it's not broken!" - Ankle Sprains (Acute / Chronic)
Jeffrey Johnson, MD

8:15 am

"Getting back in the game" - PT for Tendon / Ligamentous Injuries
Mary Kay Hastings, PT, DPT, MSCI, ATC

8:30 am

Discussion, Case Presentations, Q/A

SYMPOSIUM VI – MY JOINTS ARE WEARING OUT - ARTHRITIS

9:00 – 10:15 am

Moderator: Brett Grebing, MD

9:00 am

"Getting old stinks!" - The Aging Foot
Saul Trevino, MD

9:15 am

"This hurts ..." - Rheumatoid Arthritis: The Disease and Management
Robert Dehne, MD

9:30 am

"I used to sprain my ankle all the time - now I can't move it - what gives?!?" - Ankle Arthritis
Todd Irwin, MD

9:45 am

"Do I have to fuse all those joints?!" - Midfoot / Hindfoot Arthritis
Brett Grebing, MD

10:00 am

Discussion, Case Presentations, Q/A

10:15 – 10:45 am

Break / Visit Exhibits

Course and Registration Information

SYMPOSIUM VII – THE ELEPHANT IN THE ROOM - DIABETES

10:45 am – 12:00 pm

Moderator: David Richardson, MD

10:45 am

“Tips for keeping a tough problem from getting worse” -
Diabetic Neuropathy and Ulceration
Robert Dehne, MD

11:00 am

“Don’t get fooled, it’s not a DVT” -
Charcot Arthropathy
David Richardson, MD

11:15 am

“Labor of Love” - Wound Care
for the Diabetic Patient
Margaret Rowell, BSN, RN, CNOR

11:30 am

“Can we keep a poor surgical candidate
out of the Operating Room?” -
Bracing / Orthotics for Diabetics
Erick Janisse, CPed, CO

11:45 am

Discussion, Case Presentations, Q/A

12:00 – 1:00 pm

Lunch / Visit Exhibits

BREAKOUT SESSIONS

1:00 – 3:50 pm

Attendees will rotate thru each session.

#1 - Orthotics and Bracing - “What should I
prescribe and when should I prescribe it?”

*Moderator: Erick Janisse, CPed, CO;
Dennis Janisse, CPed*

#2 - Wound Care - “How can we get that
wound to heal?”

*Moderator: Margaret Rowell, BSN, RN,
CNOR; Laurel Bryant, RN, MSN, ANP*

#3 - Case Presentations: Common Injuries
Part #2

Moderator: Jeremy McCormick, MD

#4 - Happy Patients = Happy Practice:
Tips for Running a Smooth Orthopaedic
Foot and Ankle Practice

*Moderator: Shannon Clouse, RN;
Michele Mueller, NP; Jeffrey Johnson, MD*

3:50 – 4:00 pm

**Complete Evaluation and return to
Registration Desk**

4:00 pm **Course Adjourns**

COURSE POLICIES

Sessions, food functions and exhibits are for course participants only. Registration fee includes continental breakfasts, breaks, lunch, and the Welcome Reception on Friday evening. The AOFAS regrets that spouses, families and unregistered staff are not permitted in these areas. If you have not received your registration confirmation within one week of your departure for the course, please contact the AOFAS Executive Office at registration@aofas.org or call 800-235-4855 or +1-847-698-4654 (outside US). The AOFAS will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

Photography and recording of the sessions by attendees is strictly prohibited.

CANCELLATION / REFUNDS

Requests must be received in writing at the AOFAS Executive Office:

Mail: 9400 West Higgins Road Suite 220
Rosemont, IL 60018-4975

Fax: 847-692-3315

Email: registration@aofas.org

REGISTRATION DEADLINES

September 16 - 100% Cancellation Refund
(Less \$100 processing fee)

September 30 - 50% Cancellation Refund
(Less \$100 processing fee)

The AOFAS reserves the right to cancel the course 30 days prior to the course date. Should this occur, course registrants will be notified by email or mail at the address indicated on the registration form. Persons who registered at least 30 days prior to the date of course cancellation will also be contacted by telephone. Registration fees will be refunded in full. However, costs incurred by the registrants, such as airline or hotel penalties, are the responsibility of the registrant.

YOUR SUPPORT IS NEEDED

The Orthopaedic Foot & Ankle Foundation is a 501(c)(3) nonprofit organization that helps fund this course. Donate today when you register. Thank you!



AOFAS Complete Foot Care Course

October 14-15, 2016 • St. Louis, Missouri

Please contact the AOFAS Executive Office at **registration@aofas.org** or 847-698-4654 if you need assistance in determining your registration category.

PLEASE PRINT CLEARLY. Photocopy form for additional registrants.

Full Name _____ Degree _____

First Name/Nickname (for badge) _____ NPI# _____
US Physicians Only

Office Address _____
(NOTE: This address will be provided to attendees and exhibitors.)

City _____ State/Province _____

ZIP/Postal Code _____ Country _____

Office Phone _____ Email _____
(required for confirmation)

ADA Compliance: Indicate below any onsite needs (i.e. dietary, audio/visual devices, etc.) or send a separate email to **registration@aofas.org** by September 16 for request consideration.

REGISTRATION FEES (US Dollars)

One day registration is not available. All registrants must pay the full registration fee which includes admission to the sessions, exhibits, and indicated meals.

On or before Sept. 16 After Sept. 16

- | | | |
|--|--------------------------------|--------------------------------|
| AOFAS Member | <input type="checkbox"/> \$515 | <input type="checkbox"/> \$565 |
| Non-member Physician | <input type="checkbox"/> \$575 | <input type="checkbox"/> \$625 |
| US/Canada Orthopaedic Resident/Fellow* | <input type="checkbox"/> \$350 | <input type="checkbox"/> \$375 |
| Allied Health** | <input type="checkbox"/> \$350 | <input type="checkbox"/> \$375 |
| Podiatrist | <input type="checkbox"/> \$625 | <input type="checkbox"/> \$675 |

* Non-member Orthopaedic Residents/Fellows must fax program verification to 847-692-3315 prior to registering.

**** Mark your Allied Health Professional title:**

- | | |
|--|---|
| <input type="checkbox"/> Athletic Trainer (ATC) | <input type="checkbox"/> Orthotist (CPO) |
| <input type="checkbox"/> Medical Assistant (MA) | <input type="checkbox"/> Podiatrist (CPed) |
| <input type="checkbox"/> Nurse (RN/BSN/MSN) | <input type="checkbox"/> Physical Therapist (PT) |
| <input type="checkbox"/> Nurse Practitioner (NP) | <input type="checkbox"/> Physician Assistant (PA) |
| <input type="checkbox"/> Orthopaedic Technician | <input type="checkbox"/> Prosthetist |

Optional Foundation Donation \$ _____

TOTAL AMOUNT \$ _____

PAYMENT (Please review Cancellation/Refunds policy)

- Check enclosed (payable to AOFAS)
- Credit Card: VISA® MasterCard® AmEx®

Number | | | | | | | | | | | | | | | | | | | | | |

Exp. | | | | Security # | | | | |

Cardholder:
Name (please print) _____

Credit card billing address if different than office address _____

METHOD OF PAYMENT
Payment required at time of registration. Allow 2-3 days for processing and email receipt.

Credit card payments:
www.aofas.org/completfoot

Login required. Please do NOT create a new record if you are an AOFAS Member or have attended an AOFAS meeting within the past six years.

Fax: 847-692-3315

Phone: 800-235-4855 or +1-847-698-4654 (outside US)

Check or credit card payments:

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