Saturday, March 18, 2017  
San Diego Convention Center  
Room: 6B  
7:00 am – 5:00 pm

### General Information
This meeting is designed to identify areas of recent research in the field of orthopaedic foot and ankle surgery relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through scientific paper presentations, case-based discussion and symposia presentations.

### Statement of Need
A need for this educational activity has been determined based on previous course evaluations, the AOFAS CME curriculum and on current issues and topics provided by AOFAS membership and leadership.

### Target Audience
This program should prove valuable to any orthopaedic surgeon, physician, or allied health professional in the field of orthopaedic foot and ankle surgery.

### Educational Objectives
At the conclusion of this meeting, learners should be able to:

- Discuss surgical approaches to treat bunions, posterior tibial tendon dysfunction, and ankle arthritis
- Evaluate current data reflecting clinical trends, emerging surgical techniques, pre- and postoperative procedures and technological innovations in orthopaedic foot and ankle patient care
- Identify ways to analyze, manage and avoid complications of foot and ankle problems
- Describe and apply strategies to improve patient outcomes

### Questions
For more information, contact:
AOFAS  
9400 W. Higgins Road, Suite 220  
Rosemont, IL 60018  
Phone 847-698-4654  
Email aofasinfo@aofas.org

### Accreditation
The American Orthopaedic Foot & Ankle Society (AOFAS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

### Credit Hours
The American Orthopaedic Foot & Ankle Society (AOFAS) designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The afternoon combined session includes an additional **2.0 AMA PRA Category 1 Credits™** accredited by the American Orthopaedic Society for Sports Medicine (AOSSM).

### Disclosure
The AOFAS requires all instructors, planners and other individuals in a position to control or influence the content of an educational activity to disclose all relevant financial relationships or affiliations during the past 12 months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on patients). All identified conflicts of interest must be resolved and the education content vetted by the AOFAS for fair balance, scientific objectivity and appropriateness. The AOFAS also requires faculty to disclose when off-label/unapproved uses of a product are discussed in a CME activity. The AOFAS attests that the persons responsible for the development of this educational activity did so independently and were not influenced by commercial supporters. All financial disclosures will be provided to meeting attendees in the final program materials.

### Disclaimer
The material presented in this continuing medical education activity has been made available by the American Orthopaedic Foot & Ankle Society (AOFAS) for educational purposes only. Methods, techniques and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are on their own, and do not necessarily represent those of the AOFAS nor does presentation on the program represent or constitute endorsement or promotion by the AOFAS. The AOFAS expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated. AOFAS may photograph or record you as you participate in this meeting and related activities.

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**7:00 am – 7:04 am**  
**Introduction**  
Jeremy McCormick, MD, Program Chair

**7:04 am - 7:30 am**  
**Early Bird Symposium – Healthcare in the New Administration**

- **7:04 am – 7:12 am**  
  The Nuts and Bolts of Healthcare for the Next 4 Years  
  Christopher Chiodo, MD

- **7:12 am – 7:20 am**  
  Challenges with Reimbursement - Top 10 Things I Could be Doing to Help  
  Peter Mangone, MD

- **7:20 am – 7:30 am**  
  Discussion

**7:30 am – 8:30 am**  
**Symposium I – Controversy in Bunion Surgery – Surgical Treatment of the Moderate Bunion**

- **7:30 am – 7:38 am**  
  Distal Osteotomy is All We Need  
  Bryan Den Hartog, MD

- **7:38 am – 7:46 am**  
  Shaft Osteotomy Will Do the Trick  
  Pierre Barouk, MD
9:26 am – 9:34 am Stage III - Getting the Most Out of Your Triple Arthrodesis
Jeffrey Johnson, MD

9:34 am – 9:42 am Stage IV - This is Really Hard - Can I Just Fuse the Ankle?
Donald Bobay, MD

9:42 am – 10:10 am Discussion/Case Presentations

10:10 am – 10:50 am Paper Session 1 – Working to Optimize Patient Outcomes

Moderators: J. Turner Vosseller, MD, and Gregory Guyton, MD

8:30 am – 8:35 am The Association of Perioperative Glycemic Control with Postoperative Surgical Site Infection Following Elective Foot Surgery in Patients with Diabetes
Jourdan Cancienne, MD; Minton Cooper, MD; Brian Werner, MD

8:35 am – 8:40 am Time Related Effects of Non-steroidal Anti-inflammatory Drugs on Achilles Tendinopathy in a Murine Model
Adam Bitterman, DO; Shuguang Gao; Katie Trella; Jun Li; Jorge Galante; Simon Lee, MD; George Holmes, MD; Johnny Lin, MD; Anna Plaas

8:40 am – 8:45 am Patients' Expectations from Foot and Ankle Surgery: Relationships with Demographic and Clinical Characteristics
Elizabeth Cody, MD; Carol Mancuso, MD; Jayme Burket, PhD; Anca Marinescu, BA; Aoise MacMabon, BA; Constantine Demetracopoulos, MD; David Levine, MD; Jonathan Deland, MD; Mark Drakos, MD; Matthew Roberts, MD; Scott Ellis, MD

8:45 am – 8:50 am Implementation of Patient-Reported Outcomes Measurement Information System (PROMIS) Data Collection in a Private Orthopaedic Surgery Practice
Andrew Haskell, MD; Todd Kim, MD

8:50 am – 8:55 am FAAM ADL Scores Correlate with PROMIS Physical Function, Pain Interference, and Depression Outcomes
Devon Nixon, MD; Jeremy McCormick, MD; Jeffrey Johnson, MD; Sandra Klein, MD

8:55 am – 9:10 am Discussion

9:10 am – 10:10 am SYMPOSIUM II – Posterior Tibial Tendon Dysfunction – Help with Surgical Decision-Making

Moderator: W. Hodges Davis, MD

9:10 am – 9:18 am Stage I - Does This Really Exist? What Do I Do About It?
Samuel Adams, Jr., MD

Scott Ellis, MD
11:20 am – 11:50 am  
**SYMPOSIUM III – Who Says You Can't Teach an Experienced (Old) Dog New Tricks?!?! I Used to Do It "My Way" Until I Read This Article...**  
**Moderator:** John Campbell, MD

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:20 am</td>
<td>Article #1</td>
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<tr>
<td></td>
<td><em>Judith Baumhauer, MD, MPH</em></td>
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<td>11:25 am</td>
<td>Article #2</td>
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<td><em>James Brodsky, MD</em></td>
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<td>11:30 am</td>
<td>Article #3</td>
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<td><em>James Nunley, MD</em></td>
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<td>11:35 am</td>
<td>Article #4</td>
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<td><em>Dishan Singh, MBChB, FRCS (Orth)</em></td>
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<td>11:40 am</td>
<td>Discussion</td>
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<td>11:50 am</td>
<td>Announcements</td>
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12:00 pm – 12:10 pm  
**AOFAS Interim Business Meeting**

12:10 pm – 1:00 pm  
**Bring Your Cases – Ask an Expert Panel Discussion – Box Lunch Provided**

1:00 pm – 2:00 pm  
**SYMPOSIUM IV – Ankle Arthritis**  
**Moderator:** Mark Glazebrook, MD

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<tr>
<th>Time</th>
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<tr>
<td>1:00 pm</td>
<td>Joint Preserving Procedures - When Should I Go For It?</td>
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<td><em>Alexej Barg, MD</em></td>
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<td>1:08 pm</td>
<td>I Really Like Ankle Fusions, but Sometimes the Patient Needs an Ankle Replacement</td>
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<td><em>Alastair Younger, MBChB, ChM</em></td>
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<td>1:16 pm</td>
<td>I Really Like Ankle Replacements, but Sometimes the Patient Needs an Ankle Fusion</td>
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<td><em>Beat Hintermann, MD</em></td>
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<td>1:24 pm</td>
<td>My Ankle Replacement Looks Cool on X-ray, but It Still Hurts! What are You Going to Do About It?!</td>
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<td><em>Steven Haddad, MD</em></td>
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<td>1:32 pm</td>
<td>Discussion/C defence Case Presentations</td>
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2:00 pm – 2:45 pm  
**Paper Session 3 - Sports**  
**Moderators:** Rebecca Cerrato, MD, and MaCalus Hogan, MD

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<th>Time</th>
<th>Session</th>
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<tr>
<td>2:00 pm</td>
<td>Peroneal Sheath Volumes in Patients with Peroneal Tendon Injuries</td>
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<td><em>Christopher Miller, MD; Stacy Smith, MD; Eric Goodman, MD; Erica Fisk; Jeremy Smith, MD; Christopher Chiodo, MD; William Ciurylo, BS, MA; Hunter Dicarlo; Eric Bluman, MD, PhD</em></td>
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2:05 pm – 2:10 pm  
**Headless Compression Screw Fixation of Jones Fractures: A Clinical and Radiographic Comparison Study**  
*David Ruta, MD; Robert Ellis; Benjamin Grear, MD; Susan Ishikawa, MD; David Richardson, MD; G. Andrew Murphy, MD*

2:10 pm – 2:15 pm  
**Functional Outcomes and Return to Sports Rate After Modified Brostrom Repair for Lateral Ankle Instability with Absorbable Sutures and Immediate Postoperative Weightbearing**  
*Somen Agrawal, MBBS, DNB-Orth; Greg Keene, FRACS; James Clayton, BS, MBBS, FRACS*

2:15 pm – 2:20 pm  
**Professional Athletes' Return to Play and Performance after Achilles Tendon Ruptures**  
*Johnathan Miller, BA; Denzel Woode, BA; Eugene Jang, MD, MS; David Trofa, MD; Justin Greisberg, MD; J. Turner Vosseller, MD*

2:20 pm – 2:25 pm  
**Surgical Trends in the Treatment of Acute Achilles Ruptures: Analysis of the American Board of Orthopaedic Surgery Database**  
*Bryant Ho, MD; Sandeep Soin; Ashlee MacDonald; Judith Baumhauer, MD, MPH; John Ketz, MD*

2:25 pm – 2:45 pm  
**Discussion**

2:45 pm – 3:00 pm  
**Move to AOSSM Meeting**  

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**AOFAS/AOSSM Combined Session**

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<tr>
<th>Time</th>
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<tr>
<td>3:00 pm</td>
<td>Combined Session 1: Foot and Ankle Trauma in the Athlete – Getting Them Back in the Game <strong>Moderators:</strong> Annunziato Amendola, MD, and Kirk A. McCullough, MD</td>
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<td>3:00 pm</td>
<td>Current Trends in Ankle Fracture Management in the Athlete - Does Everyone Need Arthroscopy? What about the Deltoid?</td>
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<td><em>David A. Porter, MD</em></td>
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<td>3:08 pm</td>
<td>Syndesmosis Injuries – Algorithm for Treatment: Should We Intervene Early?</td>
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<td><em>Kenneth Hunt, MD</em></td>
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<td>3:16 pm</td>
<td>Current Trends in Ankle Instability: Is there anything wrong with a Simple Brostrom?</td>
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<td><em>J. Chris Coetzee, MD, MBChB</em></td>
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<td>3:24 pm</td>
<td>Problem Stress Fractures of the Foot and Ankle - More than Meets the Eye?</td>
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<td><em>Martin J. O’ Malley, MD</em></td>
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<td>3:32 pm</td>
<td>Turf Toe and Sesamoid Injuries – Know When to Say When...</td>
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<td><em>Thomas O. Clanton, MD</em></td>
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<td>3:40 pm – 3:50 pm</td>
<td>Question and Answer</td>
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| 3:50 pm – 4:10 pm | **Case Presentations**  
  *Annunziato Amendola, MD*  
  *Kirk A. McCullough, MD*  |
| 4:10 pm – 5:00 pm | **Combined Session 2: Chronic Injuries in the Athlete - HELP?!?!**    |
|               | **Moderators:** Gregory C. Berlet, MD and Charles L. Saltzman, MD    |
| 4:10 pm – 4:18 pm | MRI Shows a Peroneal Tendon Tear –  
  Does that Matter? What Should I do?  
  *Eric Giza, MD*          |
| 4:18 pm – 4:26 pm | Failed Micro-fracture for Talar OCD –  
  What to do Now?  
  *Richard D. Ferkel, MD*  |
| 4:26 pm – 4:34 pm | Should We be Adding Biologics to  
  Everything We Do?  
  *John G. Kennedy, MD, MCH, MMCs, FRCS* |
| 4:34 pm – 4:44 pm | Question and Answer                                                   |
| 4:44 pm – 5:00 pm | **Case Presentations**  
  *Gregory C. Berlet, MD*  
  *Charles L. Saltzman, MD*  |
| 5:00 pm       | Adjourn Meeting                                                       |